

## Kingston Road Runners – 2013 Twosome 5km Age Graded Results

Please report any errors or corrections to [runcanada@gmail.com](mailto:runcanada@gmail.com)

Overall	bib#	Name	Overall Time	Age	Age Grade Time	Age %
4	169	Ben Workman	17:29	15	16:12	77.88
50	109	Shirley Myers	24:37	60	18:31	77.84
15	622	Heather Jaros	19:33	15	18:40	77.19
3	610	Felix Lafontant	17:07	17	16:21	77.18
22	170	Heather Ostic	20:35	44	19:05	75.52
1	175	Clay Patterson	16:44	24	16:44	75.40
10	143	Prufer Lauren	19:10	22	19:10	75.19
6	623	Christopher Kimmerer	18:09	15	16:49	75.02
8	121	Kevin Webster	18:31	45	16:51	74.88
2	142	Nick Mcgraw	16:57	22	16:57	74.46
32	187	Karen Millson	22:27	50	19:22	74.44
11	635	Dalton Cote	19:13	48	17:05	73.87
17	626	Rebecca Goodfellow	19:37	19	19:32	73.75
9	601	Jonathan Besselink	18:46	15	17:23	72.55
5	630	Trevor Wamsley	17:37	24	17:37	71.62
18	156	Graham Ross	20:16	50	17:44	71.17
20	178	Meghan Tait	20:29	20	20:29	70.38
21	100	Wayne Rice	20:32	50	17:58	70.25
19	611	Paul Bates	20:29	13	18:13	69.25
7	621	Nick Cosman	18:24	31	18:19	68.90
29	154	Jim Elyot	22:00	55	18:28	68.31
25	186	Rick Royce	21:40	53	18:30	68.22
60	108	Sharon Voteary	25:32	53	21:10	68.07
14	172	Craig Faucette	19:32	37	18:52	66.85
30	609	Julie Bates	22:04	17	21:36	66.71
31	155	Lana Saunders	22:12	38	21:37	66.67
24	632	Theresa Fritz-Endres	21:39	21	21:39	66.57
13	120	Ian Ip	19:22	19	18:58	66.54
38	136	Bridget Murphy	23:15	43	21:46	66.19
43	110	Chris Boer	23:46	60	19:07	66.00
27	629	Simonne Tomasovic	21:53	20	21:52	65.88
48	606	Peter Sims	24:28	63	19:10	65.84
28	620	Meredith Langley	21:54	25	21:54	65.81
12	631	Patrick Schwarzl	19:20	24	19:20	65.26
26	173	Chuck Douglas	21:50	47	19:33	64.51
16	152	Ryan Christian	19:36	26	19:36	64.37
37	102	Tucker Carrington	23:14	54	19:40	64.15
73	604	Allan Savage	27:22	71	19:47	63.77
44	602	Emmett Brundage	23:46	11	20:03	62.94
33	135	Greg Phelan	22:30	47	20:09	62.60
63	174	Leanne Moran	25:58	47	23:15	61.99

41	179	Paul Tait	23:37	51	20:29	61.58
84	130	PJ Marshall	28:05	70	20:33	61.38
62	160	Stacey Berdan	25:56	45	23:47	60.60
34	191	Nick Gardner	22:36	43	20:53	60.42
78	181	Richard Sunderland	27:44	67	20:56	60.26
97	627	Leslie Myles	28:52	53	23:56	60.21
99	625	Wynando Moore	28:52	53	23:56	60.21
45	158	Tim Mcmichael	24:01	50	21:00	60.06
23	195	Geoff Stephen	21:12	31	21:06	59.80
85	607	Mary J Dickenson	28:07	50	24:15	59.44
72	603	Lily Chubaty	27:19	11	24:18	59.32
46	107	Jody Thomson	24:22	29	24:22	59.14
56	94	Peter Morris	25:01	53	21:21	59.08
52	105	Monica LaBarge	24:56	37	24:25	59.02
128	164	Dave Wilson	36:42	82	21:23	59.02
35	616	Mitch Sharp	22:44	16	21:25	58.92
61	157	Jennifer Ross	25:54	42	24:29	58.87
49	111	Shauna Slobodian	24:34	28	24:34	58.66
113	183	Margaret Coughlin	31:48	58	24:37	58.54
39	189	Jeff Walker	23:20	43	21:34	58.52
36	96	Kevin Tulk	22:53	40	21:38	58.34
86	115	Chris Povell	28:11	65	21:41	58.21
98	628	Jane Charanduk	28:52	50	24:54	57.90
64	624	Christina Papadakis	26:05	15	24:55	57.85
53	123	Chrissy Grin	24:56	30	24:56	57.82
91	605	Cathy Bourgon	28:35	49	24:58	57.73
71	97	Shari Tulk	27:08	44	25:09	57.29
65	148	Chet Moran	26:09	11	22:03	57.21
83	127	Claire Mckinney	28:02	46	25:24	56.72
40	194	Peter McClatchey	23:35	39	22:22	56.19
66	613	Francois Glibert	26:14	52	22:35	55.88
108	637	Karen Boese	31:08	53	25:49	55.82
69	165	Brianne Stewart	26:58	16	26:05	55.27
103	608	Andrea Blackwell	30:17	50	26:07	55.19
76	113	John Meekel	27:31	56	22:54	55.08
81	614	Brett Lockerbie	27:58	57	23:05	54.66
88	184	Peter Coughlin	28:15	58	23:07	54.57
68	117	Joclynn Amaral	26:27	23	26:27	54.49
100	190	Deborah Walker	29:01	45	26:36	54.16
42	104	Jacob Brower	23:39	33	23:23	53.97
114	103	Anke Carrington	31:51	52	26:46	53.85
123	615	Laurie Lockerbie	33:19	55	26:54	53.59
79	146	Shannon McKinney	27:49	16	26:54	53.58
70	119	Chantal Badger	27:02	19	26:56	53.52
51	166	callum anderson	24:51	17	23:44	53.16
75	131	Ann Valikoski	27:28	35	27:09	53.09

58	619	Michael Tapp	25:23	41	23:49	52.99
57	140	Shaun Cahill	25:23	40	23:59	52.59
77	633	Natalie MacDonald	27:31	27	27:31	52.37
124	185	Liam C Cullen	33:27	71	24:11	52.17
80	153	Michelle Bisson	27:53	26	27:53	51.68
87	196	Elisha Lee	28:13	35	27:53	51.68
59	106	Steven Fry	25:28	38	24:26	51.65
47	118	Jared Macdonald	24:27	27	24:27	51.60
55	139	Lloyd Marks	24:59	35	24:27	51.59
82	116	Saralyn Dillard	27:59	24	27:59	51.50
89	137	Margie Rickard	28:26	35	28:06	51.28
54	124	Terry Edwards	24:56	33	24:39	51.19
94	192	CARINA GARDNER	28:45	37	28:09	51.19
67	132	Eric Jacques	26:19	41	24:41	51.11
90	95	Maura Christie	28:32	21	28:32	50.51
96	150	Melanie McCormack	28:49	34	28:35	50.42
93	134	Suzanne Lewis	28:43	32	28:38	50.33
106	101	Peggy Cuthbert	30:32	42	28:52	49.94
109	636	Frank Gillespi	31:08	58	25:29	49.52
110	149	Jodi Moran	31:20	42	29:37	48.66
102	147	Anna Charbonneau	30:03	34	29:48	48.35
107	133	Mark Ladan	30:37	53	26:08	48.28
105	128	Mark Mclaughlin	30:31	51	26:29	47.65
111	193	Anne Vincent	31:32	40	30:18	47.57
122	159	Jennifer Pryal	32:56	44	30:32	47.20
118	617	Aimee Blain	32:22	15	30:55	46.62
121	199	Solveig Swinamer	32:54	56	27:23	46.07
74	634	Marc Gallant	27:27	27	27:27	45.96
92	182	Tyler Sunderland	28:39	18	27:42	45.54
116	125	Caroline Cardoso	32:09	35	31:46	45.36
112	129	Riley McLaughlin	31:43	13	28:1	44.73
119	114	Amanda Meekel	32:30	21	32:30	44.34
126	93	Melanie Strickland	35:59	46	32:37	44.19
95	197	Edwin Vergara	28:48	32	28:35	44.15
101	112	Dave Slobodian	29:14	27	29:14	43.16
104	151	Matt McCormack	30:27	36	29:37	42.59
117	126	Chris Emmons	32:10	40	30:24	41.50
125	612	Philip Bates	34:42	49	30:36	41.24
120	162	Tom Bush	32:54	41	30:52	40.88
127	618	John Blain	36:13	51	31:25	40.15
115	144	Sean Stadnisky	31:54	25	31:54	39.55
130	171	Leanne Waddell	37:23	35	36:57	39.01
129	180	Jordyn Sunderland	36:50	13	32:46	38.51
131	138	Kristine Marks	41:10	33	40:57	35.19