

5 Peaks Eastern Ontario

Camp Fortune

08/16/2012 - 08/16/2012

Results by www.runningbydesign.ca**Event # 2 MIXED SPORT 6.9k Run**

Name	Age	Team	Bib	Avg per K	Avg per MI	Time
FEMALE 1 - 14						
1 ALISON POWW	13 F	OTTAWA	1213	5:49.71	9:22.80	40:13.0
2 SOPHIE PEREIRA	13 F	COURTENAY	107	5:49.78	9:22.92	40:13.5
3 HANNA SMITH	14 F	OTTAWA	1214	5:52.48	9:27.26	40:32.1
4 SHELBY HOWARD	13 F	KANATA	1212	5:53.64	9:29.12	40:40.1
5 BRONWYN WILLIAMS	12 F	CANTLEY	90	5:55.97	9:32.88	40:56.2
6 STEPHANIE GAO	11 F	KANATA	1211	6:20.86	10:12.93	43:47.9
FEMALE 15 - 19						
1 ZOE WILLIAMS	15 F	CANTLEY	88	5:07.25	8:14.47	35:20.0
2 BIANCA PAIEMENT	19 F	SEE RESULTS STAFF	94	6:57.10	11:11.26	47:58.0
FEMALE 20 - 29						
1 MARIE-FRANCE HARVEY	28 F	GATINEAU	111	5:27.20	8:46.58	37:37.7
2 GRACE HARJU	29 F	OTTAWA	1228	5:39.42	9:06.24	39:02.0
3 NATHALIE LONG	28 F	GATINEAU	1226	5:42.46	9:11.14	39:23.0
4 SABRINA DOYLE	23 F	CHELSEA	97	5:47.74	9:19.63	39:59.4
5 KAITLYN MCMAHON	22 F	CHELSEA	99	6:04.04	9:45.87	41:51.9
6 JACYNTHÉ LAFRENIÈRE	23 F	GATINEAU	1216	6:17.59	10:07.68	43:25.4
7 CORINNE DESGAGNE	21 F	GATINEAU	92	6:21.87	10:14.56	43:54.9
8 EMMANUELLE HUPE	24 F	GATINEAU	1217	6:43.97	10:50.13	46:27.4
9 HEIDI VALLINGA	25 F	OTTAWA	1218	6:47.67	10:56.08	46:52.9
10 JESSICA MCDONOUGH	22 F	KANATA	1215	6:59.36	11:14.90	48:13.6
11 REBECCA HICKMAN	28 F	STITTSVILLE	1223	7:03.38	11:21.36	48:41.3
12 ASHLEE BARBER	27 F	OTTAWA	1222	7:30.67	12:05.28	51:49.6
13 BRITTANY NAKAMARU	27 F	OTTAWA	1220	7:39.46	12:19.44	52:50.3
14 SOPHIE BESSETTE	27 F	ORLEANS	1221	7:41.78	12:23.17	53:06.3
15 CAITLIN CLIFFE	25 F	OTTAWA	1219	8:00.88	12:53.91	55:18.1
16 RENEE VENNE	28 F	GATINEAU	1224	9:18.59	14:58.97	1:04:14.3
17 MIREILLE CARRIERE	29 F	OTTAWA	1227	9:19.26	15:00.04	1:04:18.9
FEMALE 30 - 39						
1 TANIA MCCLEMENTS	35 F	OTTAWA	1242	6:04.25	9:46.20	41:53.3
2 SARAH DORE	39 F	ALCOVE	98	6:08.09	9:52.38	42:19.8
3 LYNNE ROSENTHAL	31 F	OTTAWA	1232	6:13.13	10:00.50	42:54.6
4 SUE PECK	39 F	KANATA	3	6:39.14	10:42.36	45:54.1
5 JENNIFER MORIN	30 F	CANTLEY	1230	6:40.10	10:43.90	46:00.7
6 MARGARET FERGUSON	37 F	OTTAWA	1244	6:46.32	10:53.91	46:43.6
7 VALERIE MORIN	33 F	GATINEAU	1240	7:01.23	11:17.91	48:26.5
8 RACHEL SOHN	31 F	OTTAWA	1233	7:02.54	11:20.01	48:35.5
9 K LEBLANC	33 F	GATINEAU	112	7:09.46	11:31.15	49:23.3
10 ERIN BAYDAK	37 F	OTTAWA	1243	7:14.96	11:39.99	50:01.2
11 SANDRA WILLIAMS	35 F	KANATA	1241	7:39.35	12:19.25	52:49.5
12 VICKY VEILLEUX	33 F	MESSINES	1237	7:49.46	12:35.53	53:59.3
13 XIAOHUA ZONG	38 F	KANATA	1249	7:52.64	12:40.64	54:21.2
14 ROBIN NORRIS	38 F	OTTAWA	1247	7:53.45	12:41.94	54:26.8
15 JENNIFER CIOFLI	32 F	DELTA	93	8:02.94	12:57.22	55:32.3
16 HELENE VAN DYKE	38 F	GATINEAU	1248	8:05.75	13:01.74	55:51.7
17 TARA HAMILTON	30 F	WAKEFIELD	1231	8:12.59	13:12.75	56:38.9
18 CHRISTINE WATSON	37 F	OTTAWA	1245	8:28.28	13:37.99	58:27.1
19 KATIE BLAKLEY	32 F	OTTAWA	1235	8:36.25	13:50.82	59:22.1
FEMALE 40 - 49						
1 LIISA STEVENS	42 F	CHELSEA	104	5:23.58	8:40.75	37:12.7

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
2	ANDREA BRAUNER	40 F	OTTAWA	29	6:24.80	10:19.27	44:15.1
3	KIRSTEN DAWSON	42 F	OTTAWA	76	6:46.42	10:54.07	46:44.3
4	CHANTAL GAGNE	48 F	BOISBRILLAND	82	6:46.80	10:54.68	46:46.9
5	BRENDA THOMSON	49 F	OTTAWA	83	7:09.25	11:30.81	49:21.8
6	JENNIFER BECKER	40 F	OTTAWA	113	7:29.17	12:02.88	51:39.3
7	SANDRA CHARLES	42 F	GATINEAU	77	7:40.96	12:21.84	53:00.6
8	DANIELA BRUNO	43 F	BROSSARD	78	8:01.32	12:54.61	55:21.1
9	MELANIE CARKNER	42 F	OTTAWA	75	8:13.36	13:13.99	56:44.2
10	MAGGIE MARTIN	41 F	OTTAWA	96	8:21.41	13:26.93	57:39.7
11	MARY MCDONOUGH	49 F	KANATA	84	8:34.81	13:48.51	59:12.2
12	SHARI GOODFELLOW	45 F	OTTAWA	80	8:40.65	13:57.91	59:52.5
13	CRISTINA MACHADO	41 F	EDWARDS	32	9:25.81	15:10.59	1:05:04.1
FEMALE 50 - 59							
1	SANDY WOOLEY	51 F	STITTSVILLE	86	6:55.16	11:08.13	47:44.6
2	SUSIE SIMARD	51 F	GATINEAU	85	7:45.16	12:28.60	53:29.6
MALE 1 - 14							
1	EAMON KELLY	12 M	OTTAWA	1101	6:04.19	9:46.10	41:52.9
MALE 15 - 19							
1	BRENDON HOWARD	16 M	KANATA	1105	3:57.81	6:22.72	27:20.9
2	JORDAN MCTAGGART	17 M	OTTAWA	1113	4:00.96	6:27.78	27:42.6
3	DUNCAN MCTAGGART	18 M	OTTAWA	1128	4:07.22	6:37.86	28:25.8
4	CARRINGTON POMEROY	18 M	CHELSEA	1117	4:10.41	6:42.99	28:47.8
5	PATRICK VAN WALRAVE	18 M	OTTAWA	91	4:37.03	7:25.83	31:51.5
6	CARLOS VERVLOET	15 M	OTTAWA	1103	4:56.72	7:57.53	34:07.4
7	JESSE WILLIAMS	17 M	CANTLEY	89	5:06.28	8:12.90	35:13.3
MALE 20 - 29							
1	ERIC LAVIGNE	28 M	GATINEAU	1172	4:28.42	7:11.98	30:52.1
2	LIAM OHUIGINN	26 M	OTTAWA	1137	4:42.99	7:35.42	32:32.6
3	KEVIN STACKPOLE	25 M	GREELY	1136	4:43.59	7:36.40	32:36.8
4	DANIEL MEW	26 M	OTTAWA	1138	4:57.72	7:59.14	34:14.3
5	SHAWN MCGILLIVRAY	21 M	KANATA	1133	5:15.77	8:28.18	36:18.8
6	ALEX GOODERHAM	27 M	OTTAWA	110	5:20.35	8:35.55	36:50.4
7	GUILLAUME LAMBERT	28 M	GATINEAU	1173	5:27.64	8:47.28	37:40.7
8	SEAN THIBODEAU	27 M	KANATA	1169	5:50.48	9:24.04	40:18.3
9	SCOTT WEIR	29 M	KANATA	1174	5:58.17	9:36.43	41:11.4
10	MICHAEL OLSZEWSKI	27 M	KANATA	1146	6:57.29	11:11.56	47:59.3
MALE 30 - 39							
1	NATHAN ALIGIZAKIS	37 M	OTTAWA	114	4:18.75	6:56.42	29:45.4
2	NICOLAS PEDNEAULT	36 M	GATINEAU	1185	4:25.07	7:06.59	30:29.0
3	JASON LOBB	33 M	OTTAWA	1178	4:30.29	7:14.99	31:05.0
4	JUSTIN RAYCRAFT	33 M	KINGSTON	1179	4:41.42	7:32.90	32:21.8
5	MARTIN MCKAY	37 M	OTTAWA	109	5:15.58	8:27.88	36:17.5
6	PETER SCHWARTZENTRU	38 M	OTTAWA	1188	5:19.51	8:34.20	36:44.6
7	MARC PÉRUSSE	35 M	GATINEAU	1182	5:56.39	9:33.56	40:59.1
8	JOE STERRITT	30 M	VANIER	1175	5:57.17	9:34.82	41:04.5
9	PATRICK FILLION	35 M	GATINEAU	1184	5:58.52	9:36.98	41:13.8
10	GILLES-PHILIPPE PRONOV	38 M	GATINEAU	1187	5:58.84	9:37.50	41:16.0
11	JUDE WELCH	34 M	OTTAWA	1181	6:13.36	10:00.87	42:56.2
12	CHRISTOPHE RENE	39 M	GATINEAU	1191	6:17.41	10:07.38	43:24.1
13	SETH BRYGMAN	30 M	OTTAWA	1177	6:21.03	10:13.21	43:49.1
14	PATRICK GAUTHIER	36 M	GATINEAU	1186	6:25.71	10:20.74	44:21.4
15	HOANG TRAN	38 M	OTTAWA	1189	6:45.39	10:52.41	46:37.2

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16	FRANCOIS CARON	39 M	GATINEAU	1190	7:03.17	11:21.03	48:39.9
MALE 40 - 49							
1	ERIC EDORA	41 M	OTTAWA	1194	5:02.04	8:06.09	34:44.1
2	EDWARD LIVINGSTONE	46 M	OTTAWA	87	5:03.42	8:08.31	34:53.6
3	DANNY JEANNOT	40 M	GATINEAU	1192	5:38.55	9:04.84	38:56.0
4	JOE KRESOVIC	47 M	OTTAWA	102	5:51.64	9:25.91	40:26.3
5	ROBERT RANIERI	47 M	OTTAWA	1200	6:19.22	10:10.29	43:36.6
6	JOHN SUMMERBELL	45 M	OTTAWA	1198	6:19.45	10:10.66	43:38.2
7	MIKE DE ABREAU	48 M	ARNPRIOR	103	6:20.46	10:12.30	43:45.2
8	LLOYD SCRUBB	49 M	RICHMOND	1203	6:26.86	10:22.58	44:29.3
9	WILLIAM SKORUPINSKI	43 M	CARP	1197	6:44.25	10:50.57	46:29.3
10	YINGKAI GAO	40 M	KANATA	1193	6:49.36	10:58.80	47:04.6
11	BRUCE WICK	49 M	TORONTO	1202	7:39.61	12:19.67	52:51.3
12	ROB MULROONEY	48 M	OTTAWA	1201	7:39.80	12:19.97	52:52.6
13	ERIC CHABOT	42 M	MONTREAL	1196	7:45.36	12:28.93	53:31.0
14	MARC GOSSELIN	41 M	GATINEAU	1195	8:05.00	13:00.53	55:46.5
MALE 50 - 59							
1	LIVAIN MICHAUD	54 M	GATINEAU	101	5:10.88	8:20.32	35:45.1
2	CHRIS PELLA	53 M	OTTAWA	1206	5:29.33	8:50.01	37:52.4
3	CAREY JONES	54 M	OTTAWA	1207	5:57.78	9:35.80	41:08.7
4	DANIEL PEREIRA	52 M	COURTENAY	106	6:31.14	10:29.49	44:58.9
5	SHAWN THOMSON	50 M	OTTAWA	1204	6:39.20	10:42.45	45:54.5
6	STEPHEN BAIRD	55 M	OTTAWA	105	6:40.88	10:45.16	46:06.1
7	BILL DARE	56 M	GATINEAU	1208	7:06.03	11:25.63	48:59.6
8	PHILIPPE S-TREMBLEY	53 M	ANCASTER	108	7:17.04	11:43.35	50:15.6
9	REAL PAIEMENT	52 M	NEPEAN	95	7:34.54	12:11.51	52:16.3
10	NIGEL HARRISON	52 M	OTTAWA	1205	9:11.41	14:47.40	1:03:24.7
MALE 60 - 69							
1	RUDY WIEBE	61 M	ABBOTSFORD	1209	6:54.62	11:07.27	47:40.9
2	STUART PURSEY	61 M	OTTAWA	1210	7:52.03	12:39.66	54:17.0