

2016 KRRR Anniversary Run

The Landings Golf Course

06/11/2016

6/11/16 - 6/11/16

Results by www.runningbydesign.com**Event # 2 MIXED 10K Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 1 - 19							
1	Zi Qing Yang	F 18	838	KINGSTON			46:07.50
2	Jessica Adams	F 17	827	TORONTO			53:54.56
3	Yuan Lin	F 18	927	KINGSTON			59:11.59
FEMALE 20 - 29							
1	Meredith Langley	F 28	826	OTTAWA			41:23.25
2	Julie Bates	F 20	835	INVERARY			41:56.72
3	Emily Klassen	F 27	851	KINGSTON			42:34.69
4	Lyndsey Telega	F 22	869	KINGSTON			43:26.94
5	Rachel Parks	F 23	801	KINGSTON			45:11.78
6	Reo Roland	F 22	822	BRANTFORD			45:50.81
7	Stephanie Place	F 28	813	KINGSTON			46:18.47
8	Ocean Johnson-Storey	F 21	852	THOROLD			47:57.47
9	Kasia Knap	F 24	844	KINGSTON			50:12.47
10	Morgan Koo	F 21	866	KINGSTON			53:49.53
11	Sierra Boudreau	F 23	802	KINGSTON			54:03.72
12	Casey Kidson	F 28	808	KINGSTON			54:04.78
13	Janelle Eeuwes	F 23	829	KINGSTON			54:14.97
14	Kathleen Dorsey	F 29	930	SEELEYS BAY			55:27.18
15	Caitlin Shaw	F 24	870	BATTERSEA			56:19.69
16	Lesley Parks	F 27	807	BELLEVILLE			59:13.56
17	Meredith Staveley-Watson	F 22	858	BELLEVILLE			59:55.66
18	Cassidy Pilutti	F 29	867	LANSDOWNE			1:03:30.09
19	Sarah Savage	F 23	803	KINSTON			1:06:32.12
20	Olivia Owsiany	F 26	804	BOLTON			1:06:32.56
21	Rachel Driscoll	F 26	809	GUELPH			1:08:06.00
FEMALE 30 - 39							
1	Lesley Rudy	F 35	873	KINGSTON			48:49.09
2	Melody Knott	F 39	889	KINGSTON			50:14.44
3	Maryanne Parkinson	F 31	805	KINGSTON			50:37.34
4	Nathalie Melzel	F 32	880	KINGSTON			52:36.72
5	Becca McCormick	F 30	818	YARKER			54:33.78
6	Laura McDade	F 30	875	KINGSTON			54:36.03
7	Sheri Serson	F 39	815	KINGSTON			55:49.06
8	Suzanne Lewis	F 36	833	KINGSTON			57:16.28
9	Jana Mareckova	F 36	893	KINGSTON			58:22.91
10	Melanie McCormack	F 37	847	KINGSTON			59:17.41
11	Laura Pascoe	F 31	810	KINGSTON			1:00:38.53
12	Melissa Forma	F 37	941	KINGSTON			1:01:36.78
13	Rosa Hession	F 38	922	GANANOQUE			1:02:22.44
14	Cara Chesney	F 35	937	KINGSTON			1:02:28.81
15	Melissa Dopking	F 34	882	KINGSTON			1:03:51.28
16	Jill Bonnell	F 39	819	KINGSTON			1:03:54.25
17	Margaret Chung	F 38	811	KINGSTON			1:04:05.02
18	Stephanie Curzon	F 31	850	ODESSA			1:11:46.00

2016 KRRR Anniversary Run

The Landings Golf Course

06/11/2016

6/11/16 - 6/11/16

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 40 - 49							
1	Annie Riel	F 42	856	KINGSTON			44:36.91
2	Kelly Packalen	F 40	894	KINGSTON			45:00.31
3	Lana Saunders	F 41	800	HOWE ISLAND			45:21.84
4	Jennifer Birkas	F 46	886	GANANOQUE			45:32.81
5	Lisa Bootsma	F 42	816	BELLEVILLE			46:29.72
6	Stacey Berdan	F 48	845	TWEED			51:29.25
7	Andrea Carrie	F 45	876	KINGSTON			53:10.78
8	Lisa Barton	F 48	812	KINGSTON			1:04:04.38
9	Melanie Strickland	F 49	843	KINGSTON			1:15:36.00
FEMALE 50 - 59							
1	Cheryl La Force	F 56	855	KINGSTON			48:48.18
2	Pam Mundell	F 50	942	KINGSTON			48:57.88
3	Francoise Glibert	F 55	836	INVERARY			49:09.66
4	Audethy Tallack	F 55	864	KINGSTON			49:38.59
5	Diane Kent	F 54	874	FRANKFROD			49:47.18
6	Nancy Tormey	F 55	814	KINGSTON			54:50.59
7	Monika Byrnes	F 52	840	KINGSTON			1:05:50.24
8	Colleen Gurnsey	F 58	860	PORTLAND			1:07:36.00
FEMALE 60 - 69							
1	Deborah Holtom	F 65	895	HOWE ISLAND			50:33.18
2	Eithne Dunbar	F 68	943	BROCKVILLE			1:02:55.22
FEMALE 70 - 99							
1	Liz Walker	F 70	862	KINGSTON			1:03:07.18
MALE 1 - 19							
1	Declan Colwell	M 19	918	KINGSTON			33:58.41
2	Miles Dignum	M 17	853	WEST VANCOUVER			34:23.38
3	Sebastian Scott	M 17	892	KINGSTON			40:04.00
4	Liam Bootsma	M 14	817	BELLEVILLE			41:13.97
5	Paul Bates	M 16	834	INVERARY			41:57.31
6	Ché Breadner	M 12	883	KINGSTON			44:08.12
7	Connor McCormack	M 9	848	KINGSTON			55:38.41
MALE 20 - 29							
1	Jeremy Billard	M 21	898	KINGSTON			36:36.22
2	Mike Mackett	M 24	846	ST. CATHARINES			36:56.00
3	Adam Doxtator	M 21	940	KINGSTON			38:27.18
4	Robert Cooper	M 23	865	KINGSTON			39:20.72
5	Alexandre Voinot	M 28	859	KINGSTON			39:25.03
6	Robert Talaricu	M 23	897	KINGSTON			39:32.66
7	Jeff Shepherd	M 24	939	MALLORYTOWN			39:48.69
8	Ryan Dorsey	M 29	931	SEELYS BAY			41:46.03
9	Sean Kehoe	M 28	896	KINGSTON			45:27.25
10	Xuefeng Yan	M 26	831	KINGSTON			49:39.02
11	Alexander Rey	M 23	879	BRANTFORD			54:15.37
MALE 30 - 39							
1	Hugh Langley	M 30	825	OTTAWA			33:48.28
2	Nick Cosman	M 35	933	KINGSTON			35:07.47

2016 KRRRA Anniversary Run**The Landings Golf Course**

06/11/2016

6/11/16 - 6/11/16

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
3	Kevin Beatty	M 39	919	FRANKFORD			35:14.66
4	Scott Wilkes	M 36	891	KINGSTON			36:32.41
5	Tim Gillespie	M 38	920	KINGSTON			38:53.34
6	Aaron Siller	M 31	877	KINGSTON			45:57.78
7	Luis Paico-Avilez	M 32	887	KANATA			48:58.72
8	Steve Kinney	M 39	938	PICTON			50:59.81
9	Darius Gorganzadeh	M 36	806	KINGSTON			51:40.25
10	Peter Gagolewicz	M 38	881	KINGSTON			52:37.09
11	Karl Hardy	M 37	824	KINGSTON			52:45.15
12	Marc Hollett	M 33	820	KINGSTON			1:00:41.47
13	Jason Stewart	M 35	890	KINGSTON			1:09:57.00
MALE 40 - 49							
1	Kevin Webster	M 48	863	KINGSTON			37:06.41
2	Robby Breadner	M 49	884	KINGSTON			40:35.15
3	George Semple	M 45	857	KINGSTON			53:11.24
MALE 50 - 59							
1	Wayne Rice	M 53	830	SYDENHAM			40:00.59
2	Paul Cehan	M 51	872	KINGSTON			43:05.62
3	Richard Prinsen	M 51	839	KINGSTON			44:11.81
4	Charlie Roland	M 52	821	BRANTFORD			45:51.18
5	Fred Topham	M 55	921	KINGSTON			49:03.38
6	Grant Currie	M 55	871	KINGSTON			53:17.91
7	Scott Adams	M 51	828	TORONTO			57:14.53
8	Paul Richardson	M 58	868	KINGSTON			1:01:33.50
9	Mark Ladan	M 57	832	KINGSTON			1:04:43.75
10	Marcel Neson	M 52	928	KINGSTON			1:05:49.34
MALE 60 - 69							
1	Geoffrey Roulet	M 68	823	KINGSTON			54:08.34
2	Paul Thompson	M 67	837	KINGSTON			1:04:36.53
MALE 70 - 99							
1	Richard Sunderland	M 70	849	KINGSTON			58:37.28