

2016 Hotel Dieu CDC 5km/10km Runs

10/04/2016

10/4/16 - 10/4/16

Results by www.runningbydesign.com**Event # 1 MIXED 5/10k Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
OVERALL							
1	Alexandre Voinot		2956	CDC RUN/WALK	3:42.5	5:58.1	18:32.81
2	Leo Burns Scully		2977	CDC RUN/WALK	4:03.5	6:31.9	20:17.69
3	Warren WhiteKnight		2960	CDC RUN/WALK	4:04.8	6:33.9	20:24.00
4	Jeremy dalcourt		2913	CDC RUN/WALK	4:22.5	7:02.4	21:52.62
5	Jakob Dringenberg		2917	CDC RUN/WALK	4:23.6	7:04.3	21:58.28
6	Michael Hickey		3106	CDC RUN/WALK	4:25.2	7:06.8	22:06.15
7	Joshua Brull		2904	CDC RUN/WALK	4:25.5	7:07.3	22:07.81
8	Jackson Sargeant		3037	CDC RUN/WALK	4:25.8	7:07.8	22:09.12
9	David Murphy		3116	CDC RUN/WALK	4:26.1	7:08.3	22:10.94
10	Caleb Lutz		3115	CDC RUN/WALK	4:26.6	7:09.0	22:13.00
11	Mairead Corrigan		2911	CDC RUN/WALK	4:27.1	7:09.8	22:15.50
12	Janice McLure		3121	CDC RUN/WALK	4:27.4	7:10.3	22:17.09
13	bob putzlocher		3034	CDC RUN/WALK	4:44.5	7:37.8	23:42.53
14	Shelley Simpson		2950	CDC RUN/WALK	4:48.0	7:43.6	24:00.34
15	Brad Edmunds		2991	CDC RUN/WALK	4:53.2	7:51.8	24:26.06
16	Jane Puxty		2944	CDC RUN/WALK	4:54.3	7:53.7	24:31.84
17	Matt Kussin		3016	CDC RUN/WALK	4:54.6	7:54.1	24:33.09
18	Peter Ramsay		3100	CDC RUN/WALK	4:55.8	7:56.0	24:39.06
19	Garrett Hopkins		3104	CDC RUN/WALK	4:56.2	7:56.7	24:41.22
20	Neil Hopkins		3105	CDC RUN/WALK	4:56.7	7:57.4	24:43.50
21	Tisha Rhooms		3035	CDC RUN/WALK	4:56.9	7:57.8	24:44.50
22	Luke Corcoran		2983	CDC RUN/WALK	4:57.6	7:58.9	24:48.09
23	David Patterson		2938	CDC RUN/WALK	5:00.4	8:03.4	25:02.15
24	Christina Edmunds		2990	CDC RUN/WALK	5:01.9	8:05.8	25:09.50
25	Jamie Patterson		2939	CDC RUN/WALK	5:06.9	8:14.0	25:34.88
26	Jade Watts		3049	CDC RUN/WALK	5:08.1	8:15.9	25:40.78
27	Casey Kidson		3012	CDC RUN/WALK	5:10.4	8:19.6	25:52.47
28	Steve Walker		3048	CDC RUN/WALK	5:11.6	8:21.5	25:58.22
29	Lori VanderHorden		3114	CDC RUN/WALK	5:12.1	8:22.4	26:00.94
30	Scott Simpson		3041	CDC RUN/WALK	5:14.8	8:26.6	26:14.22
31	Zachary Offord		2936	CDC RUN/WALK	5:15.2	8:27.3	26:16.31
32	Julia Riddick		2949	CDC RUN/WALK	5:17.6	8:31.1	26:28.22
33	Sarah Davey		2986	CDC RUN/WALK	5:19.9	8:34.9	26:39.75
34	Katelyn Martinko		3019	CDC RUN/WALK	5:24.1	8:41.7	27:00.88
35	Craig Cameron		2907	CDC RUN/WALK	5:25.5	8:43.9	27:07.97
36	Stephanie Connidis		2910	CDC RUN/WALK	5:28.2	8:48.3	27:21.41
37	Jennifer Nyentap		2935	CDC RUN/WALK	5:34.4	8:58.2	27:52.38
38	Chloe Houlton		3008	CDC RUN/WALK	5:35.0	8:59.2	27:55.31
39	Kevin Monk		3098	CDC RUN/WALK	5:36.7	9:01.9	28:03.69
40	Danielle Setlakwe		3040	CDC RUN/WALK	5:37.8	9:03.6	28:09.18
41	Amy Doherty		2915	CDC RUN/WALK	5:39.4	9:06.2	28:17.03
42	Carolyn Dunk		2989	CDC RUN/WALK	5:42.1	9:10.6	28:30.91
43	Audrey-Ann Wray		2962	CDC RUN/WALK	5:43.4	9:12.8	28:37.47
44	Sherrie Edmunds		2993	CDC RUN/WALK	5:46.9	9:18.4	28:54.97

2016 Hotel Dieu CDC 5km/10km Runs

10/04/2016

10/4/16 - 10/4/16

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
45	Taylor Yuzdepski		3053	CDC RUN/WALK	5:47.8	9:19.7	28:59.06
46	Molly Flindall-Hanna		2998	CDC RUN/WALK	5:47.9	9:20.0	28:59.84
47	Sarah McCallum		2930	CDC RUN/WALK	5:48.6	9:21.1	29:03.38
48	Cole Timlin		2954	CDC RUN/WALK	5:52.3	9:27.0	29:21.69
49	Jenna Noble		2933	CDC RUN/WALK	5:52.4	9:27.1	29:22.00
50	Christine Riddick		2947	CDC RUN/WALK	5:52.6	9:27.5	29:23.21
51	Eric Perry		3108	CDC RUN/WALK	6:01.4	9:41.7	30:07.44
52	Alex Greenis		3001	CDC RUN/WALK	6:01.6	9:41.9	30:08.00
53	Jonathan Drumm		2918	CDC RUN/WALK	6:05.4	9:48.1	30:27.25
54	Kathleen Vollebregt		2955	CDC RUN/WALK	6:06.1	9:49.2	30:30.78
55	Karen Scott		3117	CDC RUN/WALK	6:08.1	9:52.4	30:40.66
56	Stacy Check-Drumm		2909	CDC RUN/WALK	6:08.2	9:52.5	30:41.12
57	Catia Araujo		2966	CDC RUN/WALK	6:09.5	9:54.7	30:47.69
58	Mitchell Greenis		3002	CDC RUN/WALK	6:14.3	10:02.4	31:11.78
59	Shona Donovan		2916	CDC RUN/WALK	6:14.4	10:02.5	31:12.12
60	Emma Baker		2967	CDC RUN/WALK	6:15.8	10:04.8	31:19.31
61	Emma Ferguson		2997	CDC RUN/WALK	6:16.4	10:05.8	31:22.38
62	Emily Brennan		2974	CDC RUN/WALK	6:18.4	10:09.0	31:32.09
63	Cooper Fawcett		2996	CDC RUN/WALK	6:18.4	10:09.1	31:32.46
64	Tanya Mulville		3023	CDC RUN/WALK	6:18.7	10:09.4	31:33.52
65	Shelley Godfrey		3070	CDC RUN/WALK	6:18.7	10:09.5	31:33.78
66	Jennifer St.Onge		3120	CDC RUN/WALK	6:22.9	10:16.2	31:54.69
67	Jenny Bernicky		2971	CDC RUN/WALK	6:23.4	10:17.1	31:57.25
68	Charlotte Allen		2965	CDC RUN/WALK	6:26.2	10:21.6	32:11.38
69	Christos Kanellos		2923	CDC RUN/WALK	6:26.3	10:21.7	32:11.68
70	Michele Mahoney		2928	CDC RUN/WALK	6:33.0	10:32.5	32:45.25
71	Tracy Weatherdon		2958	CDC RUN/WALK	6:35.2	10:36.1	32:56.41
72	Kristina Beausoleil		2903	CDC RUN/WALK	6:35.9	10:37.2	32:59.69
73	Brooke Maschi		3020	CDC RUN/WALK	6:36.7	10:38.4	33:03.56
74	Cortney Brewer		2975	CDC RUN/WALK	6:43.7	10:49.7	33:38.72
75	Laura McAleer		2929	CDC RUN/WALK	6:46.6	10:54.4	33:53.22
76	Emma Coughlan		2985	CDC RUN/WALK	6:52.1	11:03.2	34:20.75
77	Dorothy Wemer		3050	CDC RUN/WALK	6:52.2	11:03.3	34:21.06
78	Susie Everding		3110	CDC RUN/WALK	6:53.9	11:06.1	34:29.50
79	Joanne Kanellos		2924	CDC RUN/WALK	6:54.4	11:07.0	34:32.31
80	Martine Queenan		3096	CDC RUN/WALK	6:54.6	11:07.2	34:33.02
81	Mary Young		2964	CDC RUN/WALK	6:54.6	11:07.3	34:33.34
82	John Young		2963	CDC RUN/WALK	6:54.7	11:07.4	34:33.65
83	Anja Leifso		3099	CDC RUN/WALK	6:57.0	11:11.1	34:45.09
84	Brenda Leifso		2927	CDC RUN/WALK	6:57.1	11:11.2	34:45.50
85	Bianca Jakisa		3010	CDC RUN/WALK	6:57.4	11:11.8	34:47.34
86	Casandra Boushey		2973	CDC RUN/WALK	6:57.5	11:11.9	34:47.68
87	Almas Sohrabi		3043	CDC RUN/WALK	6:57.6	11:12.1	34:48.40
88	Lisa Davidson		2987	CDC RUN/WALK	6:57.8	11:12.4	34:49.18
89	Sara Ubbens		3046	CDC RUN/WALK	6:57.8	11:12.5	34:49.43
90	Emily Gammon		3111	CDC RUN/WALK	6:58.9	11:14.1	34:54.56

2016 Hotel Dieu CDC 5km/10km Runs

10/04/2016

10/4/16 - 10/4/16

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
91	Steve Gammon		3112	CDC RUN/WALK	6:58.9	11:14.2	34:54.90
92	Meghan Wilmott		2961	CDC RUN/WALK	7:02.8	11:20.5	35:14.31
93	Anna Smith		3042	CDC RUN/WALK	7:06.3	11:26.1	35:31.78
94	Curt Thompson		3103	CDC RUN/WALK	7:06.4	11:26.2	35:32.18
95	Deb Nesbitt-Munroe		3109	CDC RUN/WALK	7:08.2	11:29.1	35:41.06
96	Caroline Dowling		3124	CDC RUN/WALK	7:08.2	11:29.2	35:41.43
97	Susan LeBlanc		2926	CDC RUN/WALK	7:16.3	11:42.2	36:21.69
98	Kaitlyn Baker		2968	CDC RUN/WALK	7:16.9	11:43.1	36:24.62
99	Elaine Riddick		2948	CDC RUN/WALK	7:26.4	11:58.5	37:12.47
100	Barbara Menor-Griffiths		2932	CDC RUN/WALK	7:42.5	12:24.3	38:32.50
101	Karen Burkett		2906	CDC RUN/WALK	7:44.3	12:27.3	38:41.94
102	Alessandra Hamilton		2919	CDC RUN/WALK	7:44.5	12:27.5	38:42.68
103	Sadie Knott		3013	CDC RUN/WALK	7:44.9	12:28.1	38:44.50
104	Valerie Aspin-Barrett		2901	CDC RUN/WALK	7:45.0	12:28.4	38:45.37
105	Laura Faris		2994	CDC RUN/WALK	7:45.1	12:28.5	38:45.71
106	Mackenzie Jackson		3009	CDC RUN/WALK	7:45.9	12:29.7	38:49.50
107	Jessamine Luck		3017	CDC RUN/WALK	7:46.3	12:30.5	38:51.97
108	Heather Hayhow		3122	CDC RUN/WALK	7:57.5	12:48.5	39:47.72
109	Will Featherstonhautl		3123	CDC RUN/WALK	7:57.6	12:48.6	39:48.12
110	Christine Lauritsen		2925	CDC RUN/WALK	7:58.6	12:50.2	39:53.09
111	Rashmi Rakheja		2946	CDC RUN/WALK	7:58.6	12:50.3	39:53.43
112	Fred Perel		2941	CDC RUN/WALK	8:00.9	12:53.9	40:04.50
113	Delores Semlitsch		3118	CDC RUN/WALK	8:04.5	12:59.7	40:22.69
114	John Puxty		2945	CDC RUN/WALK	8:16.1	13:18.4	41:20.59
115	Maria Haig		3006	CDC RUN/WALK	8:18.5	13:22.3	41:32.72
116	Kelly Canning		2978	CDC RUN/WALK	8:27.2	13:36.2	42:16.12
117	Madeleine Farrell		2995	CDC RUN/WALK	8:27.2	13:36.3	42:16.40
118	Jenna Childerhose		2980	CDC RUN/WALK	8:29.7	13:40.4	42:28.97
119	Alice Rideout		3097	CDC RUN/WALK	8:36.9	13:51.8	43:04.50
120	Reese Canning		2979	CDC RUN/WALK	8:46.9	14:08.1	43:54.94
121	Sandra Fragoso		2999	CDC RUN/WALK	8:47.0	14:08.1	43:55.21
122	Alyssa Nolan		2934	CDC RUN/WALK	8:49.1	14:11.5	44:05.69
123	Logan Robinson		3107	CDC RUN/WALK	8:49.1	14:11.6	44:05.90
124	Stephanie Jesshope		2922	CDC RUN/WALK	8:56.8	14:23.9	44:44.28
125	Krysty-Ann Bastable		3056	CDC RUN/WALK	9:02.3	14:32.7	45:11.50
126	Allison Delaney		3066	CDC RUN/WALK	9:02.3	14:32.8	45:11.84
127	Robert Begin		3057	CDC RUN/WALK	9:04.2	14:35.9	45:21.41
128	Cheryl Skinner		3087	CDC RUN/WALK	9:05.2	14:37.5	45:26.34
129	R.Gordon Skinner		3088	CDC RUN/WALK	9:05.3	14:37.6	45:26.87
130	Lindsay Pascoal		3028	CDC RUN/WALK	9:17.6	14:57.4	46:28.12
131	Stephanie Greenis		3004	CDC RUN/WALK	9:17.6	14:57.5	46:28.46
132	Tom Greenis		3005	CDC RUN/WALK	9:19.0	14:59.6	46:35.15
133	Anita Young		3052	CDC RUN/WALK	9:19.3	15:00.1	46:36.50
134	Sheryl Greenis		3003	CDC RUN/WALK	9:20.5	15:02.0	46:42.50
135	Kelli McRobert		2931	CDC RUN/WALK	9:27.3	15:12.9	47:16.53
136	Sandra Smith		3119	CDC RUN/WALK	9:27.7	15:13.7	47:18.97

2016 Hotel Dieu CDC 5km/10km Runs

10/04/2016

10/4/16 - 10/4/16

Results by www.runningbydesign.com

Name	Age	Bib	Team	Avg per K	Avg per MI	Time
137 Bobbie Henry		2920	CDC RUN/WALK	9:29.7	15:16.8	47:28.56
138 Erika Everding		3113	CDC RUN/WALK	9:48.8	15:47.7	49:04.44
139 Sheri Horner		3125	CDC RUN/WALK	9:49.0	15:47.9	49:05.02
140 Barry Niles		3024	CDC RUN/WALK	10:02.4	16:09.4	50:12.03
141 Laura Niles		3025	CDC RUN/WALK	10:03.2	16:10.9	50:16.47
142 Atallia Burke		2905	CDC RUN/WALK	10:22.6	16:42.1	51:53.44
143 Patricia Partridge		3082	CDC RUN/WALK	10:23.6	16:43.7	51:58.47
144 Jennifer Marques		3018	CDC RUN/WALK	10:25.8	16:47.1	52:09.00
145 DEBORAH MENOR-BUF		3079	CDC RUN/WALK	10:26.0	16:47.4	52:10.00
146 Tania Ouellette		3026	CDC RUN/WALK	10:26.0	16:47.5	52:10.34
147 Maddy Castro		3061	CDC RUN/WALK	10:26.2	16:47.8	52:11.21
148 Caitlin Purcell		3033	CDC RUN/WALK	10:26.4	16:48.0	52:12.00
149 Tina Castro		3062	CDC RUN/WALK	10:26.4	16:48.2	52:12.48
150 Laura Patterson		3029	CDC RUN/WALK	10:31.2	16:55.8	52:36.00
151 Andrea Murphy		3132	CDC RUN/WALK	10:31.4	16:56.2	52:37.22
152 natalie henderson		3007	CDC RUN/WALK	10:31.5	16:56.4	52:37.96
153 Brooks Patterson		3030	CDC RUN/WALK	10:32.3	16:57.6	52:41.62
154 Michelle McLachlin		3022	CDC RUN/WALK	10:32.4	16:57.7	52:42.00
155 Stephanie Corcoran		2984	CDC RUN/WALK	10:32.4	16:57.8	52:42.31
156 Elaine Steinfort		3044	CDC RUN/WALK	10:32.7	16:58.2	52:43.65
157 Jennifer Marvin		3101	CDC RUN/WALK	10:32.8	16:58.4	52:44.04
158 Tanya Kennedy		3076	CDC RUN/WALK	10:32.8	16:58.4	52:44.31
159 DANIELLE SERSON		3039	CDC RUN/WALK	10:51.4	17:28.3	54:17.06
160 Lucy Myers		3130	CDC RUN/WALK	10:53.1	17:31.0	54:25.56
161 emma hildebrant		3071	CDC RUN/WALK	11:03.6	17:48.0	55:18.28
162 Kristine Jones		3074	CDC RUN/WALK	11:03.7	17:48.1	55:18.56
163 Bridget Davie		3065	CDC RUN/WALK	11:05.3	17:50.7	55:26.66
164 Allison Davie		2914	CDC RUN/WALK	11:06.0	17:51.9	55:30.31
165 Andrea Davie		3064	CDC RUN/WALK	11:06.1	17:52.0	55:30.59
166 Chandra Buschold		3059	CDC RUN/WALK	11:06.5	17:52.6	55:32.56
167 Tanya Marie Lamarche Be		3077	CDC RUN/WALK	11:06.5	17:52.7	55:32.84
168 mihia Pacurar		3081	CDC RUN/WALK	11:18.8	18:12.4	56:34.09
169 ron mccallum		3078	CDC RUN/WALK	11:19.1	18:12.9	56:35.50
170 Brittany Chrisie		2981	CDC RUN/WALK	11:24.9	18:22.3	57:04.78
171 Lambros Tassakos		3045	CDC RUN/WALK	11:25.2	18:22.7	57:06.03
172 Christian Pacey		3027	CDC RUN/WALK	11:25.4	18:23.1	57:07.25
173 Wendy Phillips		3032	CDC RUN/WALK	11:25.7	18:23.5	57:08.62
174 Dave Beecher		2970	CDC RUN/WALK	11:25.9	18:24.0	57:09.97
175 Maegan Phillips		3031	CDC RUN/WALK	11:26.2	18:24.3	57:11.18
176 Meagan Rogers		3036	CDC RUN/WALK	11:26.4	18:24.7	57:12.41
177 Nkya-Lynn Partridge-Horn		3084	CDC RUN/WALK	11:31.9	18:33.5	57:39.50
178 Mckayla Partridge-Horner		3083	CDC RUN/WALK	11:32.1	18:33.8	57:40.50
179 Dezerai Juby		3075	CDC RUN/WALK	11:33.5	18:36.1	57:47.84
180 Bonnie Horner		3072	CDC RUN/WALK	11:37.1	18:42.0	58:05.97
181 Ashleigh Douglas		3133	CDC RUN/WALK	11:37.4	18:42.4	58:07.15
182 Taylor Horner		3129	CDC RUN/WALK	12:05.3	19:27.3	1:00:26.69

2016 Hotel Dieu CDC 5km/10km Runs

10/04/2016

10/4/16 - 10/4/16

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
183	Michael Smith		3089	CDC RUN/WALK	12:06.5	19:29.2	1:00:32.78
184	Kathleen Ryan		3086	CDC RUN/WALK	12:06.6	19:29.3	1:00:33.15
185	Lisa Wells		3092	CDC RUN/WALK	12:20.5	19:51.7	1:01:42.72
186	Anne Jacobsen		3073	CDC RUN/WALK	12:40.6	20:24.1	1:03:23.38
187	Anne Potter		3085	CDC RUN/WALK	12:40.7	20:24.3	1:03:23.87
188	Jennifer Nelson-Bennett		3080	CDC RUN/WALK	12:42.1	20:26.5	1:03:30.69
189	David Ariss		3054	CDC RUN/WALK	12:42.2	20:26.6	1:03:31.06
190	Peter Burrell		3058	CDC RUN/WALK	12:43.2	20:28.2	1:03:36.09
191	David Horner		3128	CDC RUN/WALK	12:43.2	20:28.3	1:03:36.40
192	Eva Horner		3131	CDC RUN/WALK	12:43.8	20:29.2	1:03:39.03
193	Carol Cartier		3060	CDC RUN/WALK	12:43.8	20:29.3	1:03:39.31
194	Susan Ariss		3055	CDC RUN/WALK	13:39.8	21:59.4	1:08:19.34
195	Braden Delaney		3095	CDC RUN/WALK	13:40.0	21:59.7	1:08:20.12
196	Kubrick Campsall		3102	CDC RUN/WALK	14:00.0	22:31.8	1:10:00.00