

2011 Reddendale Ramble

Physikult Kingston

06/18/2011 - 06/18/2011

Results by www.runningbydesign.ca**Event # 2 MIXED 5K Run**

Name	Age	Team	Bib	Avg per K	Avg per MI	Time
FEMALE 1 - 19						
1 BRADLEY, BRIANNA	16 F	5KM	28	3:59.22	6:24.99	19:56.1
2 MORGAN, ADRIENNE	16 F	5KM	1	4:02.22	6:29.82	20:11.1
3 ASCOUGH, HANNAH	16 F	5KM	27	4:17.64	6:54.63	21:28.2
FEMALE 20 - 29						
1 DAW, MANDY	26 F	5KM	10	4:57.84	7:59.33	24:49.2
2 BRITNELL, GINA	21 F	5KM	45	4:59.88	8:02.61	24:59.4
3 HOPKINS, KATIE	28 F	5KM	2	7:17.02	11:43.32	36:25.1
FEMALE 30 - 39						
1 CODERRE, COLLEEN	32 F	5KM	42	4:16.10	6:52.15	21:20.5
2 JOY, SUE	38 F	5KM	36	4:17.46	6:54.34	21:27.3
3 FISHER, AMY	35 F	5KM	46	5:38.40	9:04.60	28:12.0
FEMALE 40 - 49						
1 SVIAJINA, MARGARITA	41 F	5KM	5	4:03.70	6:32.20	20:18.5
2 MURPHY, ELIZA	46 F	5KM	30	4:33.76	7:20.57	22:48.8
3 GILLIS, ANNE	45 F	5KM	37	5:24.60	8:42.39	27:03.0
4 CAMERON, CINDY	44 F	5KM	23	6:07.80	9:51.92	30:39.0
FEMALE 50 - 59						
1 MACDONALD, MYRA	51 F	5KM	19	4:02.88	6:30.88	20:14.4
2 ATKINS, FLO	57 F	5KM	16	5:40.62	9:08.17	28:23.1
3 KELLY, MARY	52 F	5KM	14	7:46.00	12:29.95	38:50.0
MALE 1 - 19						
1 MORGAN, BLAIR	18 M	5KM	3	3:16.50	5:16.24	16:22.5
2 LEVAC, CAMERON	17 M	5KM	40	3:18.44	5:19.36	16:32.2
3 BUFFET, JEAN-VALENTIN	19 M	5KM	32	3:21.32	5:23.99	16:46.6
MALE 20 - 29						
1 STACHEL, BRANT	20 M	5KM	13	3:25.56	5:30.82	17:07.8
2 MOUNTJOY, JEFFREY	21 M	5KM	18	3:38.32	5:51.35	18:11.6
3 STEPHEN, GEOFFREY	29 M	5KM	8	4:28.26	7:11.72	22:21.3
MALE 30 - 39						
1 BLACKWELL, TIM	38 M	5KM	22	3:22.70	5:26.21	16:53.5
2 LAPIERRE, JEFF	39 M	5KM	33	3:34.04	5:44.46	17:50.2
3 CLOWATER, DON	34 M	5KM	49	3:42.12	5:57.47	18:30.6
4 WILKES, SCOTT	32 M	5KM	9	3:50.60	6:11.11	19:13.0
5 TACHE, RENE	35 M	5KM	29	4:02.70	6:30.59	20:13.5
6 BAIRD, WILL	39 M	5KM	41	4:19.90	6:58.27	21:39.5
7 MARTINEK, TOMAS	37 M	5KM	47	4:49.10	7:45.26	24:05.5
8 EARLE, MIKE	36 M	5KM	44	5:18.70	8:32.90	26:33.5
MALE 40 - 49						
1 MCDERMOTT, PAT	48 M	5KM	34	3:19.78	5:21.51	16:38.9
2 HOPKINS, NEIL	40 M	5KM	48	3:42.52	5:58.11	18:32.6
MALE 50 - 59						
1 RAAFLAUB, RICHARD	52 M	5KM	15	3:35.50	5:46.81	17:57.5
2 BLOSTEIN, STEVEN	50 M	5KM	12	3:44.86	6:01.88	18:44.3
3 BAX, EMILE	59 M	5KM	43	3:53.58	6:15.91	19:27.9
4 ROYCE, RICK	52 M	5KM	17	4:00.84	6:27.59	20:04.2
5 BOULIANNE, MARIO	56 M	5KM	26	4:24.56	7:05.77	22:02.8
MALE 60 - 99						
1 HART, NORM	66 M	5KM	6	5:45.62	9:16.22	28:48.1