

2015 Reddendale Ramble 1.5km/5km Hosted by Physikult

St. Andrew's By The Lake United Church

6/20/15 - 6/20/15

Results by www.runningbydesign.com

Event # 2 MIXED 5K Run

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
OVERALL							
1	Kevin Coffey	M 28	3641	KINGSTON	3:01.03	4:51.34	15:05.15
2	Kieran L'Abbe	M 17	3657	KINGSTON	3:03.63	4:55.52	15:18.15
3	Jeff Costen	M 23	3627	TORONTO	3:06.456	5:00.07	15:32.28
4	Kevin Azocar	M 22	3655	KINGSTON	3:07.912	5:02.42	15:39.56
5	Clay Patterson	M 26	3661	KINGSTON	3:08.582	5:03.49	15:42.91
6	Larry Abbott	M 26	3620	HAMILTON	3:11.75	5:08.59	15:58.75
7	Jacob Wanuch	M 22	3643	KINGSTON	3:13.40	5:11.25	16:07.00
8	Eric Wynands	M 20	3673	LYN	3:14.40	5:12.86	16:12.00
9	Nick Mosey	M 37	3625	KINGSTON	3:17.20	5:17.36	16:26.00
10	Billy Bostad	M 25	3644	INVERARY	3:19.60	5:21.23	16:38.00
11	Steve Boyd	M 51	3656	KINGSTON	3:24.80	5:29.59	17:04.00
12	Julie-Anne Staehli	F 21	3646	KINGSTON	3:25.20	5:30.24	17:06.00
13	Alexander Wordley	M 35	3640	KINGSTON	3:31.80	5:40.86	17:39.00
14	Matt Eliot	M 20	3663	KINGSTON	3:32.20	5:41.50	17:41.00
15	Yves Filion	M 41	3617	KINGSTON	3:35.40	5:46.65	17:57.00
16	Steven Blostein	M 54	3622	HARROWSMITH	3:37.80	5:50.52	18:09.00
17	Jeff Mountjoy	M 25	3662	KINGSTON	3:39.094	5:52.60	18:15.47
18	Tim Gillespie	M 32	3665	KINGSTON	3:39.40	5:53.09	18:17.00
19	Scott Wilkes	M 36	3672	KINGSTON	3:46.80	6:05.00	18:54.00
20	Gregory Lemoine	M 38	3628	KINGSTON	3:49.00	6:08.54	19:05.00
21	Kevin Dunbar	M 40	3678	KINGSTON	3:50.20	6:10.47	19:11.00
22	Hannah Ascough	F 20	3624	KINGSTON	3:55.20	6:18.52	19:36.00
23	Richard Ascough	M 52	3623	KINGSTON	3:57.00	6:21.41	19:45.00
24	Neil Hopkins	M 44	3653	KINGSTON	3:59.40	6:25.28	19:57.00
25	Chet Moran	M 14	3666	AMHERSTVIEW	4:01.80	6:29.14	20:09.00
26	Kyle Fraser	M 22	3664	AMHERSTVIEW	4:06.00	6:35.90	20:30.00
27	Lana Saunders	F 40	3645	HOWE ISLAND	4:08.40	6:39.76	20:42.00
28	Ed Kooistra	M 54	3681	BELLEVILLE	4:09.80	6:42.01	20:49.00
29	Gavin Cosgrove	M 33	3635	KINGSTON	4:10.80	6:43.62	20:54.00
30	Geoff Stephen	M 33	3683	KINGSTON	4:11.80	6:45.23	20:59.00
31	Paul Cehan	M 51	3636	KINGSTON	4:13.40	6:47.81	21:07.00
32	Tim Coates	M 54	3682	BELLEVILLE	4:13.60	6:48.13	21:08.00
33	Michael Eaton	M 47	3668	KINGSTON	4:13.62	6:48.16	21:08.10
34	Curtis Runions	M 36	3651	KINGSTON	4:17.80	6:54.89	21:29.00
35	Jeff Neasmith	M 45	3618	KINGSTON	4:22.60	7:02.61	21:53.00
36	Jim Biagi	M 54	3639	KINGSTON	4:27.60	7:10.66	22:18.00
37	Megan Cook	F 22	3611	KINGSTON	4:38.60	7:28.36	23:13.00
38	Jennifer Pellow	F 40	3632	AMHERSTVIEW	4:40.60	7:31.58	23:23.00
39	Runner Runner 2	M 41	3615	KINGSTON	4:44.00	7:37.05	23:40.00
40	Deborah Holtom	F 64	3612	HOWE ISLAND	4:45.00	7:38.66	23:45.00
41	Mike Earle	M 40	3671	KINGSTON	4:50.80	7:48.00	24:14.00
42	Derek Ryan	M 42	3634	KINGSTON	4:51.60	7:49.28	24:18.00
43	Audethy Tallack	F 54	3677	KINGSTON	4:54.00	7:53.15	24:30.00
44	Cassidy Pilutti	F 29	3667	LANSDOWNE	4:56.40	7:57.01	24:42.00

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
45	Paul Vardaro	M 54	3684	WOODBIDGE	4:57.60	7:58.94	24:48.00
46	Valerie Andrecyk	F 31	3680	KINGSTON	4:59.00	8:01.19	24:55.00
47	David Cannons	M 48	3670	KINGSTON	5:01.20	8:04.73	25:06.00
48	Mallory Pellow	F 15	3633	AMHERSTVIEW	5:22.00	8:38.21	26:50.00
49	Charlotte Ryder	F 21	3648	KINGSTON	5:22.60	8:39.17	26:53.00
50	Dorothy Wemer	F 45	3650	KINGSTON	5:27.60	8:47.22	27:18.00
51	Jim Estes	M 66	3669	KINGSTON	5:28.20	8:48.19	27:21.00
52	Gracie Knapp-Hermer	F 14	3679	AMHERSTVIEW	5:28.40	8:48.51	27:22.00
53	Meredith Dendy	F 20	3652	BATH	5:32.80	8:55.59	27:44.00
54	Whitney Cosgrove	F 27	3647	KINGSTON	5:35.60	9:00.10	27:58.00
55	Sue Delouche	F 41	3675	KINGSTON	5:39.00	9:05.57	28:15.00
56	Caroline Cardoso	F 37	3658	KINGSTON	5:42.00	9:10.40	28:30.00
57	Melissa Weber	F 39	3649	KINGSTON	5:46.80	9:18.12	28:54.00
58	Sophie Felleiter	F 22	3674	KINGSTON	5:50.60	9:24.24	29:13.00
59	Delores Tozer	F 53	3637	YARKER	5:58.40	9:36.79	29:52.00
60	Runner Runner	F 39	3614	KINGSTON	6:16.80	10:06.40	31:24.00
61	Kate Rowbotham	F 40	3610	KINGSTON	6:37.00	10:38.91	33:05.00
62	Candace Pike	F 31	3642	KINGSTON	6:53.60	11:05.62	34:28.00
63	Barb Hulme	F 49	3629	KINGSTON	6:55.20	11:08.20	34:36.00
64	Patricia Ambrose	F 57	3638	KINGSTON	6:55.40	11:08.52	34:37.00
65	Cindy Pettis	F 39	3676	KINGSTON	7:25.00	11:56.16	37:05.00
66	Deanna Hanes	F 39	3609	KINGSTON	7:25.02	11:56.19	37:05.10
67	Steve Hoffard	M 49	3613	KINGSTON	7:29.40	12:03.24	37:27.00
68	Joanne Free	F 54	3607	OSHAWA	7:34.80	12:11.93	37:54.00
69	Dawn Free	F 27	3608	KINGSTON	7:34.82	12:11.96	37:54.10
70	Jill Dupuis	F 44	3621	KINGSTON	7:47.60	12:32.53	38:58.00
71	Jaime Swaine	F 39	3630	KINGSTON	7:47.62	12:32.56	38:58.10
72	Annette McCaffrey	F 52	3631	KINGSTON	8:04.00	12:58.92	40:20.00
73	Ben Roberts	M 12	3605	BATH	8:15.00	13:16.63	41:15.00
74	Eric Brown	M 12	3603	KINGSTON	8:16.00	13:18.23	41:20.00
75	Tiina Liinamaa	F 44	3602	KINGSTON	8:21.60	13:27.25	41:48.00
76	Lynn Roberts	F 41	3604	BATH	8:21.80	13:27.57	41:49.00
77	Athena Cellini	F 9	3660	KINGSTON	8:52.60	14:17.14	44:23.00
78	Katie Cellini	F 40	3659	KINGSTON	8:52.62	14:17.17	44:23.10
79	Lisa Johnson	F 35	3626	KINGSTON	9:05.80	14:38.38	45:29.00
80	Marian Raynard	F 52	3616	KINGSTON	11:28.00	18:27.23	57:20.00