

Sandbanks 5/10km Races**Sandbanks Provincial Park**

18/09/2016

9/18/16 - 9/18/16

Results by www.runningbydesign.com**Event # 1 MIXED 5/10k Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
OVERALL							
1	Matthew Lozano	M 18	5537	AJAX			36:07.31
2	Dawson Rowntree	M 18	5538	BELLEVILLE			39:41.81
3	Hayden West	M 16	5536	STIRLING			40:53.41
4	Dawson Closs	M 16	5566	PLAINFIELD			41:51.75
5	Harold Kuschnik	M 57	5557	COLBORNE			41:54.22
6	Lorne Singer	M 50	5551	BELLEVILLE			42:19.53
7	Shane Gale	M 33	5567	TRETON			42:44.22
8	Mike Kawam	M 49	5550	BELLEVILLE			43:06.56
9	Gary Boyd	M 50	5553	WELLINGTON			43:11.62
10	Alex Hoftyzer	M 21	5539	BELLEVILLE			43:39.44
11	Jay Moxness	M 44	5546	STIRLING			44:04.47
12	Monika Castanheiro	F 44	5524	WHITBY			45:16.81
13	Noah Middaugh	M 21	5540	BELLEVILLE			46:18.72
14	Cora Yin	F 41	5520	WHITBY			46:37.72
15	Amy Simmons	F 41	5516	WHITBY			46:57.47
16	Neil Ibey	M 51	5571	SMITHFIELD			48:01.50
17	Chelsea Barnes	F 27	5443	KINGSTON			48:21.18
18	Raye McAvoy	F 25	5389	NAPANEE			48:53.62
19	Bob Van Blitterswyk	M 51	5554	ELIZABETHTOWN			49:27.25
20	Glen Oster	M 47	5562	NAPANEE			49:39.81
21	Gordon Hunter	M 61	5558	COBOURG			50:24.97
22	Steve Kinney	M 40	5543	PICTON			50:30.38
23	Diane Kent	F 54	5529	FRANKFORD			50:52.28
24	David Cannons	M 49	5549	KINGSTON			51:43.78
25	Amy Quilty	F 42	5522	BELLEVILLE			51:54.06
26	Eric Forget	M 45	5548	TORONTO			52:38.41
27	Melissa Mcnichols	F 27	5434	NAPANEE			53:22.18
28	Pierre Mihok	M 62	5559	MARKHAM			53:34.06
29	David Birchard	M 56	5568	BELLEVILLE			53:54.06
30	Mark Saville	M 49	5544	BELLEVILLE			54:34.75
31	Katy Chopee	F 29	5502	CANNINGTON			54:52.97
32	SharaLee Foster	F 41	5515	BELLEVILLE			55:39.06
33	Chris LaCroix	M 50	5552	STIRLING			56:38.81
34	Michele Miron	F 49	5517	BELLEVILLE			57:02.12
35	Tracy Thomson	F 23	5382	TORONTO			57:02.96
36	Autumn Randell	F 41	5570	BELLEVILLE			57:05.06
37	Joe Mortimore	M 38	5542	BELLEVILLE			57:56.06
38	Rose Thomson	F 60	5532	HAMILTON			58:04.41
39	Jim Mortimore	M 44	5547	BELLEVILLE			58:10.97
40	Mary James	F 61	5533	PLAINFIELD			58:13.41
41	Scott Simmons	M 42	5569	WHIYBY			58:59.00
42	John Bonn	M 48	5563	BELLEVILLE			59:10.75
43	Christa Brough	F 36	5508	AMELIASBURG			59:37.47
44	Jim Estes	M 67	5560	KINGSTON			59:59.00

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
45	Brandy williams	F 35	5507	BELLEVILLE			1:00:08.25
46	Megan Hamilton	F 20	5564	ELGINBURG			1:00:08.87
47	Aaron Naphan	M 33	5565	KINGSTON			1:00:09.52
48	Alexandra Mills	F 27	5409	CARRYING PLACE			1:00:34.03
49	Robin McAvoy	F 51	5527	NAPANEE			1:01:12.50
50	Roger Johnson	M 69	5561	BELLEVILLE			1:02:02.84
51	Sherri Hubble	F 41	5519	SEELEYS BAY			1:02:44.09
52	Sandra Deleon	F 41	5518	PICKERING			1:02:44.75
53	Christian Jaehn-Kreibaum	M 56	5556	CARRYING PLACE			1:02:57.44
54	Avita Baskin	F 64	5535	BELLEVILLE			1:04:53.66
55	Sebastien Vincent	M 32	5541	GANANOQUE			1:05:09.44
56	Erin Falconer	F 31	5504	BELLEVILLE			1:06:26.47
57	Audrey Wright	F 55	5530	SCARBOROUGH			1:06:34.25
58	Claire McKinney	F 50	5525	NAPANEE			1:06:52.81
59	Beth Grahan	F 38	5512	PICTON			1:07:06.72
60	Kate McKennirey	F 28	5483	PICTON			1:07:07.34
61	Mira Gallaway	F 31	5505	BRIGHTON			1:07:31.09
62	Debbie Armstrong	F 59	5531	TRENTON			1:07:31.68
63	Shona Donovan	F 37	5509	KINGSTON			1:10:58.69
64	Jacqueline Volterman	F 62	5534	HAMILTON			1:11:02.69
65	Ashley Beimers	F 29	5501	PICTON			1:11:05.84
66	Laura Sheridan	F 28	5488	BELLEVILLE			1:11:20.25
67	Kimberly Marcotte	F 37	5510	BELLEVILLE			1:12:46.22
68	Sara Scheid	F 38	5513	BELLEVILLE			1:13:31.00
69	Val Mulya	F 51	5526	PICKERING			1:22:50.00
70	Angelo Mulya	M 51	5555	PICKERING			1:22:51.00
71	Debbie Egan	F 60	772	PICTON			1:23:46.00