

## Sandbanks 5km/10km

## Sandbanks Provincial Park

9/19/15 - 9/19/15

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 1 MIXED 5/10 Run**

Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>FEMALE 1 - 14</b>						
1 LEAH OSTER	F 14	5301	NAPANEE			48:51.94
<b>FEMALE 20 - 29</b>						
1 LEANNE CAROLAN	F 28	5510	KINGSTON			43:54.66
2 AINSLIE MCBRIDE	F 24	5323	KINGSTON			44:58.31
3 LYNN-DORA JACKSON	F 21	5307	PICTON			52:43.96
<b>FEMALE 30 - 39</b>						
1 MARIA WEBER	F 36	5514	PICKERING			44:56.84
2 KAREN WALSH	F 39	5513	BELLEVILLE			50:17.69
3 TRACY DEMIANCHUK	F 36	5396	PICTON			53:18.06
4 CHRISTINA EDMUNDS	F 38	5405	KINGSTON			54:27.22
5 ALLISON DELALIS	F 36	5404	KINGSTON			54:47.84
6 ALICIA LAIN	F 32	5376	FRANKFORD			55:12.03
7 ANNE-LOUISE MARRIC	F 32	5377	BELLEVILLE			57:20.18
8 CHARLOTTE LEE	F 33	5379	BELLEVILLE			57:40.31
9 MICHELLE NELJAK	F 33	5381	KINGSTON			1:00:09.69
10 AMY BURTCH	F 36	5392	AMHERSTVIEW			1:01:26.34
11 JEN TAPSCOTT	F 30	5374	KINGSTON			1:03:15.81
12 JENNIFER HAYSTEAD	F 30	5375	AMHERSTVIEW			1:05:54.00
<b>FEMALE 40 - 49</b>						
1 TANYA EYBEL	F 41	5520	STIRLING			51:33.84
2 MORGAN WALBY	F 42	5523	PONTYPOOL			52:43.15
3 SHARALEE FOSTER	F 40	5411	BELLEVILLE			53:14.03
4 NATALIE GILLIS	F 40	5413	PETERBOROUGH			59:43.50
5 JENNIFER GRIFFITHS	F 45	5525	TORONTO			1:01:47.25
6 JENNIFER ABRAMS	F 45	5475	FRANKFORD			1:06:00.81
7 LYNN ROBERTS	F 41	5415	BATH			1:14:54.00
8 KATHERINE ALYEA	F 42	5441	TORONTO			1:20:45.00
9 CHERYL EDWARDS	F 48	5476	CODRINGTON			1:28:09.00
<b>FEMALE 50 - 59</b>						
1 JOYCE STEWART	F 57	5515	BELLEVILLE			50:22.44
2 ROSE THOMSON	F 59	5484	HAMILTON			54:40.47
3 DAWN BENWAY	F 52	5477	PICTON			55:57.06
4 LISA BORDMAN	F 53	5524	TORONTO			1:02:02.00
5 ANN COOPER	F 56	5481	PICTON			1:03:04.38
6 ELIZABETH MACDONA	F 52	5478	STIRLING			1:03:26.15
7 KAREN ALLORE	F 57	5482	BELLEVILLE			1:11:47.00
8 DEBBIE EGAN	F 59	5519	PICTON			1:13:34.00
9 SUSAN RICHARDSON	F 54	5480	KINGSTON			1:14:54.00
<b>FEMALE 60 - 69</b>						
1 MARY JAMES	F 60	5485	PLAINFIELD			54:40.81
2 EVELYN HARDING	F 63	5511	PERTH ROAD VILLAGE			1:04:50.12
<b>MALE 15 - 19</b>						
1 MARSHALL HERON	M 19	5487	AJAX			37:22.94
2 MICHAEL CELEJEWSKI	M 15	5486	TORONTO			48:27.56

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>MALE 30 - 39</b>							
1	KEVIN BEATTY	M 39	5492	FRANKFORD			35:34.75
2	ALEXANDER MICHEL	M 37	5512	GATINEAU			37:52.00
3	TODD BURRY	M 39	5490	MONTREAL			49:46.81
4	RICHARD DAVIES	M 36	5489	BELLEVILLE			52:24.12
5	STEVE KINNEY	M 39	5491	PICTON			52:25.53
<b>MALE 40 - 49</b>							
1	ROB CAMPBELL	M 45	5494	KINGSTON			36:21.75
2	JAY MOXNESS	M 43	5521	STIRLING			41:38.12
3	GARRY CAMERON	M 48	5497	PICKERING			43:59.09
4	TYLER RIDER	M 44	5493	KINGSTON			44:59.06
5	MIKE BRADLEY	M 42	5522	PONTYPOOL			45:08.72
6	GLEN OSTER	M 46	5496	NAPANEE			46:27.06
7	DAVID CANNONS	M 48	5516	KINGSTON			49:44.72
8	CHRIS LACROIX	M 49	5498	STIRLING			51:51.37
9	TODD TAYLOR	M 46	5495	PETERBOROUGH			1:04:31.44
<b>MALE 50 - 59</b>							
1	HAROLD KUSCHNIK	M 56	5502	COLBORNE			39:58.03
2	BOB VAN BLITTERSWY	M 50	5499	ELIZABETHTOWN			45:42.69
3	STEVE VAN VLACK	M 58	5503	PICTON			58:34.69
4	STEPHEN LOLLAR	M 52	5501	TORONTO			1:06:48.03
5	TOM EDWARDS	M 51	5500	CODRINGTON			1:28:09.00
<b>MALE 60 - 69</b>							
1	JIM ESTES	M 66	5518	KINGSTON			56:49.44
2	BOB HARDING	M 64	5507	PERTH ROAD VILLAGE			59:04.25
3	PATRICK MAZUREK	M 60	5526	TORONTO			59:50.94
4	ROGER JOHNSON	M 68	5508	BELLEVILLE			1:01:23.31
5	JOHN FRANKLIN	M 61	5505	BELLEVILLE			1:04:08.81