

KRRA Two-Some 5km

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
FEMALE 1 - 19					
1	Brooke Lapierre	924	F 16	Jacob-Brooke	19:49.84
2	Lily Chubaty	968	F 14	Lily-Emmett	20:49.96
3	Kara Fitzgerald	935	F 13	Chet-Kara	21:37.18
4	Adrienne Scott	911	F 15	Sebastian-Adrienne	22:54.94
5	Jasmine Beamish	801	F 18	Cole-Jasmine	24:36.62
6	Ria Wilson	849	F 18	Andrew-Ria	24:49.97
7	Sophie Saunders-Lamt	893	F 9	Che-Sophie	27:26.91
8	Courtney Sunderland	881	F 19	Richard-Courtney	37:52.31
FEMALE 20 - 29					
1	Julie-Anne Staehli	966	F 22	Julie-Anne-Kieran	17:00.56
2	Brianna Bradley	915	F 20	Rob-Brianna	17:45.53
3	Veronica Allan	930	F 25	Robert-Veronica	18:44.97
4	Sophie Bernard	948	F 22	Sophie-Clay	19:10.38
5	Simonne Tomasovic	908	F 23	Simonne-Matt	19:43.02
6	Louise de Lannoy	868	F 28	Robert-Louise	20:31.38
7	Julie Bates	858	F 20	Julie-Paul	20:32.50
8	Danielle Carriere	840	F 27	Roch-Danielle	21:49.38
9	Maria Marchese	950	F 24	Jordan-Maria	22:57.91
10	Megan Cook	917	F 22	Megan-Chas	23:07.75
11	Kathleen Dorsey	977	F 29	Ryan-Kathleen	24:28.43
12	Madison Oskamp	921	F 24	Madison-Darla	25:34.47
13	Anne Perry	980	F 28	UN18	26:04.22
14	Casey Kidson	843	F 27	Casey-Ken	28:04.47
15	Catherine Wright	802	F 23	Catherine-Grant	28:34.88
16	Michelle Bisson	981	F 29	Michelle-Ryan	30:28.06
17	Britney Castleman	962	F 26	Scott-Takala	32:47.91
18	Amanda Meekel	807	F 24	John-Amanda	34:31.09
19	Danielle Pacaud	938	F 24	UN10	37:53.40
FEMALE 30 - 39					
1	Carolyn Coffin	854	F 38	John-Carolyn	19:39.44
2	Heather Giffin	842	F 36	Shane-Heather	20:35.31
3	Jacque Dewolf	931	F 33	Todd-Jacque	20:46.50
4	Lyna Veillette	808	F 34	UN03	23:10.03
5	Karen Walsh	846	F 39	Karen-Garry	23:50.84
6	Lesley Rudy	884	F 35	UN06	24:05.50
7	Lani Fox	932	F 38	Lani-Tracy	26:07.12
8	Jana Mareckova	809	F 36	Jana-Mike	26:18.25
9	Amy Kaufman	831	F 36	Simon-Amy	26:44.22
10	Julene Denstedt	896	F 34	Steve-Julene	27:05.88
11	Melanie McCormack	952	F 37	Melanie-Connor	27:20.62
12	Meghan Brunet	979	F 37	Cole-Meghan	27:45.56
13	Jenn Goodwin	971	F 36	UN14	28:00.56
14	Stacey Ridi	983	F 38	UN17	28:01.81

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
FEMALE 30 - 39					
15	Heather Smid	863	F 34	Pam-Heather	28:58.25
16	Tracy Bridgen	933	F 36	Lani-Tracy	29:21.00
17	Talia Pennachetti	964	F 34	Talia-Duncan	31:57.50
18	Natalie MacDonald	951	F 30	Devon-Natalie	32:45.12
19	Candace Pike	925	F 31	Candace-Jamie	33:34.41
20	Jamie Wicklam	926	F 32	Candace-Jamie	34:29.81
21	Pam Kloosterman	862	F 30	Pam-Heather	39:07.56
FEMALE 40 - 49					
1	Suzanne Kerr	886	F 40	Mark-Suzanne	19:11.37
2	Heather Ostic	903	F 47	Heather-Graeme	19:45.59
3	Cassandra Bonn	894	F 40	Cassandra-Kristian	20:49.38
4	Lana Saunders	892	F 41	Robby-Lana	20:59.03
5	Nanae Arai	956	F 46	Kai-Nanae	21:50.59
6	Maya Milne	836	F 40	Mike-Maya	22:21.52
7	Stephanie Pharoah	824	F 42	Jon-Stephanie	22:23.50
8	Lisa Bootsma	919	F 42	Lisa-Liam	23:06.15
9	Andrea Carrie	902	F 45	George-Andrea	23:27.84
10	Stacey Berdan	813	F 48	Ed-Stacey	24:59.31
11	Annie Riel	897	F 41	James-Annie	25:02.03
12	Monica LaBarge	973	F 40	Jacob-Monica	25:45.66
13	Tara Burggraf	954	F 47	UN12	25:51.31
14	Rachel Sheldon	944	F 42	Rachel-Curtis	26:08.31
15	Shelley Lebrun	975	F 41	UN16	26:22.15
16	Claire Mckinney	855	F 49	Claire-Alwin	26:39.75
17	Deborah Dowker	913	F 47	Richard-Deborah	27:40.78
18	Wanda Seidl	947	F 49	Robert-Wanda	29:01.12
19	Suzanne Delouche	837	F 41	Suzanne-Michael	29:55.59
20	Lisa Wlock	959	F 48	Al-Lisa	30:18.56
21	Katie Cellini	941	F 41	Katie-Travis	30:19.75
22	Donna Gillespie	899	F 42	PJ-Donna	30:43.15
23	Peggy Cuthbert	816	F 45	Wayne-Peggy	30:56.47
24	Becky Cowan	960	F 40	Becky-Rich	32:21.66
25	Judy May	822	F 47	Tucker-Judy	34:05.97
26	Christina Decarie	927	F 46	Christina-Grant	34:24.28
27	Melanie Strickland	805	F 49	UN02	35:50.09
28	Susan Leblanc	974	F 49	UN15	37:43.56
FEMALE 50 - 59					
1	Karen Millson	936	F 53	Rick-Karen	22:06.72
2	Diane Kent	872	F 53	Andrew-Diane	22:50.15
3	Audethy Tallack	905	F 55	Audethy-Ken	23:29.00
4	Pam Mundell	827	F 50	Luis-Pam	23:30.00
5	Francoise Glibert	860	F 55	Francoise-Philip	24:27.50
6	Joyce Stewart	869	F 58	Joyce-Lou	24:30.68
7	Janet Shepherd	828	F 52	Janet-Jeffrey	24:45.00
8	Karen Gagnon	845	F 54	Brad-Karen	24:53.18
9	Brenda Melling	832	F 59	UN04	25:38.12

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FEMALE 50 - 59					
10	Nancy Tormey	810	F 55	Nancy-Anthony	25:39.15
11	Alison Haggarty	834	F 56	Rob-Alison	26:53.25
12	Stephanie Connidis	907	F 53	Alexandre-Stephanie	27:49.97
13	Gina Alexander	889	F 54	Tim-Gina	31:22.38
14	Louise Conley	916	F 55	Geoff-Louise	33:28.84
15	Leslie Inglis	890	F 51	Clive-Leslie	35:32.47
16	Darla Forbes	922	F 51	Madison-Darla	36:31.06
FEMALE 60 - 69					
1	Shirley Myers	876	F 63	Shirley-Scott	23:36.78
2	Janet Foran-Goneau	819	F 60	Janet-Damon	24:29.56
3	Elizabeth Cowan	851	F 69	Tom-Elizabeth	32:16.72
4	Margaret Coughlin	900	F 61	UN08	35:20.56
FEMALE 70 - 79					
1	Kathy Rice	940	F 70	Dave-Kathy	27:19.47
MALE 1 - 19					
1	Kieran L'Abbe	967	M 18	Julie-Anne-Kieran	15:30.47
2	Matt Flood	909	M 18	Simonne-Matt	16:03.72
3	Paul Bates	859	M 16	Julie-Paul	17:35.41
4	Sebatian Scott	910	M 17	Sebastian-Adrienne	18:56.56
5	Chet Moran	934	M 14	Chet-Kara	19:15.66
6	Graeme Workman	904	M 16	Heather-Graeme	19:40.50
7	Liam Bootsma	920	M 14	Lisa-Liam	19:42.43
8	Emmett Brundage	969	M 14	Lily-Emmett	20:27.84
9	Che Breadner	875	M 12	Che-Sophie	21:19.34
10	Kai Hughes	957	M 10	Kai-Nanae	23:18.34
11	Connor McCormack	953	M 9	Melanie-Connor	27:42.78
12	Cole Brunet	978	M 9	Cole-Meghan	27:44.15
MALE 20 - 29					
1	Rob Asselstine	985	M 23	Rob-Brianna	15:42.25
2	Clay Patterson	963	M 27	Sophie-Clay	15:52.62
3	Jacob Cameron	923	M 22	Jacob-Brooke	16:52.94
4	Robert Talarico	867	M 22	Robert-Louise	17:58.18
5	Matthew Reeve	817	M 21	Matthew-Jon	18:13.38
6	Jeffery Shepherd	829	M 24	Janet-Jeffrey	18:15.59
7	Ryan Christian	982	M 29	Michelle-Ryan	19:12.91
8	Alexandre Voinot	866	M 28	Alexandre-Stephanie	19:14.02
9	Mike Mackett	814	M 24	Jana-Mike	19:18.31
10	Cole Sheppard	800	M 20	Cole-Jasmine	19:41.46
11	Ryan Dorsey	976	M 29	Ryan-Kathleen	20:06.75
12	Devon Boyne	937	M 24	Devon-Natalie	20:19.44
13	Alwin Reid	856	M 29	Claire-Alwin	21:01.44
14	Jon Kelly	818	M 20	Matthew-Jon	21:02.97

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
MALE 20 - 29					
15	Jordan Perrier	949	M 24	Jordan-Maria	22:58.50
16	Chas Murphy	918	M 25	Megan-Chas	23:11.47
17	Grant Nuttall	803	M 23	Catherine-Grant	32:58.15
MALE 30 - 39					
1	Nick Cosman	943	M 34	UN11	17:02.12
2	John Coffin	853	M 34	John-Carolyn	17:25.03
3	Scott Wilkes	878	M 37	Shirley-Scott	17:38.62
4	Scott Takala	955	M 30	Scott-Takala	18:03.84
5	Shane Gale	841	M 33	Shane-Heather	19:05.72
6	Mark Kerr	885	M 35	Mark-Suzanne	19:22.03
7	Luis Paico-Aviles	826	M 32	Luis-Pam	21:33.59
8	Curtis Runions	945	M 37	Rachel-Curtis	22:41.81
9	Steve Kinney	852	M 39	Steve-Julene	23:05.18
10	Jacob Brower	972	M 36	Jacob-Monica	25:46.81
11	Tyler McCord	984	M 38	UN19	33:16.91
MALE 40 - 49					
1	Damon Allen	820	M 40	Janet-Damon	18:21.84
2	Kristian Bonn	895	M 41	Cassandra-Kristian	18:30.44
3	Robert Watering	929	M 46	Robert-Veronica	18:50.38
4	Todd Biggerman	898	M 44	Todd-Jacquie	19:25.72
5	Robby Breadner	874	M 49	Robby-Lana	19:33.09
6	Mike Kawam	835	M 48	Mike-Maya	19:35.38
7	James Brown	825	M 42	James-Annie	19:48.00
8	Jeff Lapierre	970	M 43	UN13	19:50.43
9	Brad Ethier	844	M 45	Brad-Karen	21:47.25
10	Jon Pharoah	823	M 45	Jon-Stephanie	23:08.68
11	Simon Baron	830	M 43	Simon-Amy	24:22.88
12	George Semple	901	M 44	George-Andrea	24:23.75
13	Michael Delouche	838	M 41	Suzanne-Michael	29:56.52
14	Travis Cellini	942	M 42	Katie-Travis	30:20.84
15	Duncan McGregor	965	M 41	Talia-Duncan	31:58.46
16	Rich Cowan	961	M 46	Becky-Rich	32:14.44
MALE 50 - 59					
1	Clive Morgan	887	M 57	Clive-Leslie	18:36.66
2	Wayne Rice	815	M 53	Wayne-Peggy	19:03.06
3	Rick Royce	873	M 56	Rick-Karen	20:38.00
4	Richard Prinsen	857	M 51	Richard-Deborah	21:09.97
5	Andrew Forbes	871	M 53	Andrew-Diane	21:18.03
6	Roch Carriere	839	M 51	Roch-Danielle	22:04.94
7	Tucker Carrington	821	M 57	Tucker-Judy	22:38.31
8	Lou Scanlan	870	M 57	Joyce-Lou	22:42.78
9	Anthony Ball	811	M 50	Nancy-Anthony	24:17.72
10	Grant Currie	928	M 55	Christina-Grant	24:20.06
11	Andrew Wilson	848	M 50	Andrew-Ria	24:50.87

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MALE 50 - 59					
12	Rob Haggarty	833	M 56	Rob-Alison	25:40.31
13	Tim Alexander	888	M 55	Tim-Gina	26:29.72
14	John Meekel	806	M 59	John-Amanda	27:48.31
15	Robert Seidl	946	M 50	Robert-Wanda	29:02.02
MALE 60 - 69					
1	Ed Brand	812	M 67	Ed-Stacey	22:17.50
2	Ken Hook	864	M 60	Casey-Ken	22:20.62
3	Garry Carl	847	M 60	Karen-Garry	24:31.81
4	Geoffrey Roulet	877	M 68	Geoff-Louise	25:28.62
5	Ken Tallack	906	M 60	Audethy-Ken	27:18.06
6	Paul Thompson	865	M 66	UN05	28:05.69
7	Al Cantlay	958	M 61	Al-Lisa	30:17.72
MALE 70 - 79					
1	Richard Sunderland	880	M 70	Richard-Courtney	25:42.69
2	PJ Marshall	879	M 73	PJ-Donna	27:15.15
3	Dave Rice	939	M 72	Dave-Kathy	30:48.88