

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com

MIXED 5K Run

Place	Team	Age	Time
MALE: 40 - 49			
1	Matthew-Jon	Total Age: 41.	Total Time: 39:16.35
	J.Kelly 20 M 21:02.97 M.Reeve 21 M 18:13.38		

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com

MIXED 5K Run

Place	Team	Age	Time
FEMALE: 60 - 69			
1	Candace-Jamie	Total Age: 63.	Total Time: 1:08:04.22
	J.Wicklam 32 F 34:29.81 C.Pike 31 F 33:34.41		
2	Pam-Heather	Total Age: 64.	Total Time: 1:08:05.81
	H.Smid 34 F 28:58.25 P.Kloosterman 30 F 39:07.56		
FEMALE: 70 - 79			
1	Lani-Tracy	Total Age: 74.	Total Time: 55:28.12
	T.Bridgen 36 F 29:21.00 L.Fox 38 F 26:07.12		
2	Madison-Darla	Total Age: 75.	Total Time: 1:02:05.53
	D.Forbes 51 F 36:31.06 M.Oskamp 24 F 25:34.47		

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com**MIXED 5K Run**

Place	Team	Age	Time
COED: 1 - 29			
1	Chet-Kara	Total Age: 27.	Total Time: 40:52.84
	C.Moran 14 M 19:15.66 K.Fitzgerald 13 F 21:37.18		
2	Lily-Emmett	Total Age: 28.	Total Time: 41:17.80
	L.Chubaty 14 F 20:49.96 E.Brundage 14 M 20:27.84		
3	Che-Sophie	Total Age: 21.	Total Time: 48:46.25
	C.Breadner 12 M 21:19.34 S.Saunders-Lambert 9 F 27:26.91		
COED: 30 - 39			
1	Jacob-Brooke	Total Age: 38.	Total Time: 36:42.78
	J.Cameron 22 M 16:52.94 B.Lapierre 16 F 19:49.84		
2	Julie-Paul	Total Age: 36.	Total Time: 38:07.91
	J.Bates 20 F 20:32.50 P.Bates 16 M 17:35.41		
3	Sebastian-Adrienne	Total Age: 32.	Total Time: 41:51.50
	S.Scott 17 M 18:56.56 A.Scott 15 F 22:54.94		
4	Cole-Jasmine	Total Age: 38.	Total Time: 44:18.08
	C.Sheppard 20 M 19:41.46 J.Beamish 18 F 24:36.62		
COED: 40 - 49			
1	Julie-Anne-Kieran	Total Age: 40.	Total Time: 32:31.03
	J.Staehli 22 F 17:00.56 K.L'Abbe 18 M 15:30.47		
2	Rob-Brianna	Total Age: 43.	Total Time: 33:27.78
	R.Asselstine 23 M 15:42.25 B.Bradley 20 F 17:45.53		
3	Sophie-Clay	Total Age: 49.	Total Time: 35:03.00
	S.Bernard 22 F 19:10.38 C.Patterson 27 M 15:52.62		
4	Simonne-Matt	Total Age: 41.	Total Time: 35:46.74
	S.Tomasovic 23 F 19:43.02 M.Flood 18 M 16:03.72		
5	Jordan-Maria	Total Age: 48.	Total Time: 45:56.41
	J.Perrier 24 M 22:58.50 M.Marchese 24 F 22:57.91		
6	Megan-Chas	Total Age: 47.	Total Time: 46:19.22
	C.Murphy 25 M 23:11.47 M.Cook 22 F 23:07.75		
7	Melanie-Connor	Total Age: 46.	Total Time: 55:03.40
	C.McCormack 9 M 27:42.78 M.McCormack 37 F 27:20.62		
8	Cole-Meghan	Total Age: 46.	Total Time: 55:29.71
	C.Brunet 9 M 27:44.15 M.Brunet 37 F 27:45.56		
9	Catherine-Grant	Total Age: 46.	Total Time: 1:01:33.03
	G.Nuttall 23 M 32:58.15 C.Wright 23 F 28:34.88		

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com**MIXED 5K Run**

Place	Team	Age	Time
COED: 50 - 59			
1	Robert-Louise	Total Age: 50.	Total Time: 38:29.56
	L.de Lannoy 28 F 20:31.38 R.Talarico 22 M 17:58.18		
2	Lisa-Liam	Total Age: 56.	Total Time: 42:48.58
	L.Bootsma 42 F 23:06.15 L.Bootsma 14 M 19:42.43		
3	Ryan-Kathleen	Total Age: 58.	Total Time: 44:35.18
	R.Dorsey 29 M 20:06.75 K.Dorsey 29 F 24:28.43		
4	Kai-Nanae	Total Age: 56.	Total Time: 45:08.93
	N.Arai 46 F 21:50.59 K.Hughes 10 M 23:18.34		
5	Michelle-Ryan	Total Age: 58.	Total Time: 49:40.97
	M.Bisson 29 F 30:28.06 R.Christian 29 M 19:12.91		
6	Scott-Takala	Total Age: 56.	Total Time: 50:51.75
	S.Takala 30 M 18:03.84 B.Castleman 26 F 32:47.91		
7	Devon-Natalie	Total Age: 54.	Total Time: 53:04.56
	D.Boyne 24 M 20:19.44 N.MacDonald 30 F 32:45.12		
COED: 60 - 69			
1	Heather-Graeme	Total Age: 63.	Total Time: 39:26.09
	H.Ostic 47 F 19:45.59 G.Workman 16 M 19:40.50		
2	Shane-Heather	Total Age: 69.	Total Time: 39:41.03
	H.Giffin 36 F 20:35.31 S.Gale 33 M 19:05.72		
3	Jana-Mike	Total Age: 60.	Total Time: 45:36.56
	M.Mackett 24 M 19:18.31 J.Mareckova 36 F 26:18.25		
4	Andrew-Ria	Total Age: 68.	Total Time: 49:40.84
	R.Wilson 18 F 24:49.97 A.Wilson 50 M 24:50.87		

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com**MIXED 5K Run**

Place	Team	Age	Time
COED: 70 - 79			
1	John-Carolyn C.Coffin 38 F 19:39.44 J.Coffin 34 M 17:25.03	Total Age: 72.	Total Time: 37:04.47
2	Robert-Veronica V.Allan 25 F 18:44.97 R.Watering 46 M 18:50.38	Total Age: 71.	Total Time: 37:35.35
3	Mark-Suzanne M.Kerr 35 M 19:22.03 S.Kerr 40 F 19:11.37	Total Age: 75.	Total Time: 38:33.40
4	Todd-Jacquie J.Dewolfe 33 F 20:46.50 T.Biggerman 44 M 19:25.72	Total Age: 77.	Total Time: 40:12.22
5	Janet-Jeffrey J.Shepherd 24 M 18:15.59 J.Shepherd 52 F 24:45.00	Total Age: 76.	Total Time: 43:00.59
6	Roch-Danielle D.Carriere 27 F 21:49.38 R.Carriere 51 M 22:04.94	Total Age: 78.	Total Time: 43:54.32
7	Claire-Alwin C.Mckinney 49 F 26:39.75 A.Reid 29 M 21:01.44	Total Age: 78.	Total Time: 47:41.19
8	Rachel-Curtis R.Sheldon 42 F 26:08.31 C.Runions 37 M 22:41.81	Total Age: 79.	Total Time: 48:50.12
9	Steve-Julene J.Denstedt 34 F 27:05.88 S.Kinney 39 M 23:05.18	Total Age: 73.	Total Time: 50:11.06
10	Simon-Amy S.Baron 43 M 24:22.88 A.Kaufman 36 F 26:44.22	Total Age: 79.	Total Time: 51:07.10
11	Jacob-Monica M.LaBarge 40 F 25:45.66 J.Brower 36 M 25:46.81	Total Age: 76.	Total Time: 51:32.47
12	Talia-Duncan T.Pennachetti 34 F 31:57.50 D.McGregor 41 M 31:58.46	Total Age: 75.	Total Time: 1:03:55.96

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com**MIXED 5K Run**

Place	Team	Age	Time
COED: 80 - 89			
1	Cassandra-Kristian K.Bonn 41 M 18:30.44 C.Bonn 40 F 20:49.38	Total Age: 81.	Total Time: 39:19.82
2	Mike-Maya M.Milne 40 F 22:21.52 M.Kawam 48 M 19:35.38	Total Age: 88.	Total Time: 41:56.90
3	James-Annie A.Riel 41 F 25:02.03 J.Brown 42 M 19:48.00	Total Age: 83.	Total Time: 44:50.03
4	Luis-Pam P.Mundell 50 F 23:30.00 L.Paico-Avilez 32 M 21:33.59	Total Age: 82.	Total Time: 45:03.59
5	Jon-Stephanie S.Pharaoh 42 F 22:23.50 J.Pharaoh 45 M 23:08.68	Total Age: 87.	Total Time: 45:32.18
6	Alexandre-Stephanie S.Connidis 53 F 27:49.97 A.Voinot 28 M 19:14.02	Total Age: 81.	Total Time: 47:03.99
7	George-Andrea A.Carrie 45 F 23:27.84 G.Semple 44 M 24:23.75	Total Age: 89.	Total Time: 47:51.59
8	Casey-Ken C.Kidson 27 F 28:04.47 K.Hook 60 M 22:20.62	Total Age: 87.	Total Time: 50:25.09
9	Suzanne-Michael M.Delouche 41 M 29:56.52 S.Delouche 41 F 29:55.59	Total Age: 82.	Total Time: 59:52.11
10	Katie-Travis T.Cellini 42 M 30:20.84 K.Cellini 41 F 30:19.75	Total Age: 83.	Total Time: 1:00:40.590
11	John-Amanda A.Meekel 24 F 34:31.09 J.Meekel 59 M 27:48.31	Total Age: 83.	Total Time: 1:02:19.40
12	Richard-Courtney R.Sunderland 70 M 25:42.69 C.Sunderland 19 F 37:52.31	Total Age: 89.	Total Time: 1:03:35.00
13	Becky-Rich B.Cowan 40 F 32:21.66 R.Cowan 46 M 32:14.44	Total Age: 86.	Total Time: 1:04:36.10
COED: 90 - 99			
1	Robby-Lana L.Saunders 41 F 20:59.03 R.Breadner 49 M 19:33.09	Total Age: 90.	Total Time: 40:32.12
2	Brad-Karen K.Gagnon 54 F 24:53.18 B.Ethier 45 M 21:47.25	Total Age: 99.	Total Time: 46:40.43
3	Karen-Garry K.Walsh 39 F 23:50.84 G.Carl 60 M 24:31.81	Total Age: 99.	Total Time: 48:22.65
4	Richard-Deborah R.Prinsen 51 M 21:09.97 D.Dowker 47 F 27:40.78	Total Age: 98.	Total Time: 48:50.75
5	Wayne-Peggy W.Rice 53 M 19:03.06 P.Cuthbert 45 F 30:56.47	Total Age: 98.	Total Time: 49:59.53
6	Robert-Wanda W.Seitl 49 F 29:01.12 R.Seitl 50 M 29:02.02	Total Age: 99.	Total Time: 58:03.14

KRRA Two-Some 5km

5:31PM

Kingston, Ontario

09/02/2016

7/2/16 - 7/2/16

Results by www.runningbydesign.com**MIXED 5K Run**

Place	Team	Age	Time
COED: 100 - 109			
1	Shirley-Scott	Total Age: 100.	Total Time: 41:15.40
	S.Myers 63 F 23:36.78 S.Wilkes 37 M 17:38.62		
2	Rick-Karen	Total Age: 109.	Total Time: 42:44.72
	R.Royce 56 M 20:38.00 K.Millson 53 F 22:06.72		
3	Janet-Damon	Total Age: 100.	Total Time: 42:51.40
	J.Foran-Goneau 60 F 24:29.56 D.Allen 40 M 18:21.84		
4	Andrew-Diane	Total Age: 106.	Total Time: 44:08.18
	D.Kent 53 F 22:50.15 A.Forbes 53 M 21:18.03		
5	Nancy-Anthony	Total Age: 105.	Total Time: 49:56.87
	A.Ball 50 M 24:17.72 N.Tormey 55 F 25:39.15		
6	Clive-Leslie	Total Age: 108.	Total Time: 54:09.13
	C.Morgan 57 M 18:36.66 L.Inglis 51 F 35:32.47		
7	Tucker-Judy	Total Age: 104.	Total Time: 56:44.28
	J.May 47 F 34:05.97 T.Carrington 57 M 22:38.31		
8	Tim-Gina	Total Age: 109.	Total Time: 57:52.10
	T.Alexander 55 M 26:29.72 G.Alexander 54 F 31:22.38		
9	Christina-Grant	Total Age: 101.	Total Time: 58:44.34
	G.Currie 55 M 24:20.06 C.Decarie 46 F 34:24.28		
10	Al-Lisa	Total Age: 109.	Total Time: 1:00:36.280
	A.Cantlay 61 M 30:17.72 L.Wlock 48 F 30:18.56		
COED: 110 - 200			
1	Joyce-Lou	Total Age: 115.	Total Time: 47:13.46
	J.Stewart 58 F 24:30.68 L.Scanlan 57 M 22:42.78		
2	Ed-Stacey	Total Age: 115.	Total Time: 47:16.81
	S.Berdan 48 F 24:59.31 E.Brand 67 M 22:17.50		
3	Audethy-Ken	Total Age: 115.	Total Time: 50:47.06
	A.Tallack 55 F 23:29.00 K.Tallack 60 M 27:18.06		
4	Rob-Alison	Total Age: 112.	Total Time: 52:33.56
	R.Haggarty 56 M 25:40.31 A.Haggarty 56 F 26:53.25		
5	PJ-Donna	Total Age: 115.	Total Time: 57:58.30
	P.Marshall 73 M 27:15.15 D.Gillespie 42 F 30:43.15		
6	Dave-Kathy	Total Age: 142.	Total Time: 58:08.35
	K.Rice 70 F 27:19.47 D.Rice 72 M 30:48.88		
7	Geoff-Louise	Total Age: 123.	Total Time: 58:57.46
	G.Roulet 68 M 25:28.62 L.Conley 55 F 33:28.84		