

2017 KRRR Two-Some 5km

Kingston, Ontario

05/02/2017

5/2/17 - 5/2/17

Results by www.runningbydesign.com**Event # 1 MIXED x 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
FEMALE 1 - 19					
1	Anna Workman	537	F 14	Alex-Anna	20:19.94
2	Ria Wilson	413	F 19	Andrew-Ria	24:17.52
3	Sierra Trueman	529	F 11	Sierra-Garrett	25:23.91
4	Sophie Saunders-Lamt	515	F 10	Sophie-Clay	26:20.31
5	Kayla Lieff	490	F 10	Kayla-Cooper	27:11.75
6	Jordyn Sunderland	499	F 16	Richard-Jordyn	37:22.81
FEMALE 20 - 29					
1	Alanna Shearman	544	F 20	Alanna-Rob	20:31.69
2	Julie Bates	507	F 21	Paul-Julie	20:39.03
3	Louise de Lannoy	489	F 29	Robert-Louise	21:42.09
4	Evelyne Gauvin	429	F 22	Marco-Evelyne	21:56.94
5	Casey Kidson	442	F 28	Casey-Robby	25:31.91
6	Alanna Kader	416	F 26	Nicolas-Alanna	26:33.53
7	Rebecca Carrington	406	F 25	Tucker-Rebecca	27:35.03
8	Madison Oskamp	422	F 25	Madison-Andrew	28:58.31
9	Joanna Piernicka	547	F 25	Joanna-Scott	30:04.06
10	Rachel Barrette	468	F 26	Shannon-Rachel	32:16.62
11	Amanda Meekel	403	F 25	John-Amanda	32:28.53
12	Shannon Reeves	467	F 26	Shannon-Rachel	33:35.28
FEMALE 30 - 39					
1	Andrea Rochon	401	F 32	Andrea-Che	23:27.15
2	Lesley Rudy	485	F 36	Amann-Lesley	24:08.59
3	Sara Wellwood	487	F 35	Lani-Sara	24:53.97
4	Lani Fox	486	F 39	Lani-Sara	25:15.15
5	Jana Mareckova	425	F 37	Benoit-Jana	26:19.31
6	Becca McCormick	436	F 31	Becca-Jenny	26:35.94
7	Jenny Munroe	437	F 36	Becca-Jenny	27:31.97
8	Brandy Wilkes	517	F 37	Scott-Brandy	28:42.78
9	Margaret Chung	419	F 38	Lisa-Margaret	29:12.12
10	Michelle Charbonneau	513	F 35	Tim-Michelle	29:17.25
11	Melanie McCormack	502	F 38	Melanie-Connor	29:23.28
12	Kelly McIntosh	470	F 35	Zach-Kelly	29:28.06
13	Tracy Bridgen	472	F 37	Susan-Tracy	29:47.84
14	Lesley Hennessy	493	F 31	Shane-Lesley	35:09.72
15	Jamie Wicklam	448	F 33	Candace-Jamie	47:58.00
16	Candace Pike	447	F 32	Candace-Jamie	47:59.00
FEMALE 40 - 49					
1	Heather Ostic	535	F 48	Heather-Brent	20:01.00
2	Annie Riel	497	F 42	James-Annie	21:46.50
3	Lana Saunders	400	F 42	Paul-Lana	22:06.21
4	Lisa Bootsma	407	F 43	Lisa-Liam	22:40.94

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FEMALE 40 - 49					
5	Robin Witzke	510	F 42	Robin-Chuck	22:47.50
6	Tammy Pigion	409	F 43	Dan-Tammy	22:51.31
7	Cecile Wehrell	474	F 41	George-Cecile	23:01.84
8	Michelle Pothier	509	F 48	Kevin-Michelle	25:16.62
9	Rachel Sheldon	550	F 43	Rachel-Curtis	26:12.41
10	Ikuko Hall	421	F 48	Andrew-Ikuko	26:17.38
11	Stacey Berdan	415	F 48	Ed-Stacey	26:23.44
12	Deanna Miehl	465	F 43	Logan-Deanna	27:30.50
13	Faye Thompson	438	F 44	MaryJane-Faye	28:47.12
14	Jennifer Kellar	482	F 43	Brian-Jennifer	29:00.65
15	Brenda Burns	501	F 46	Richard-Brenda	29:24.40
16	Lisa Barton	418	F 48	Lisa-Margaret	29:30.09
17	Peggy Cuthbert	459	F 46	Wayne-Peggy	32:25.22
18	Vicki Prytulka	519	F 47	Scott-Vicki	36:24.22
19	Melanie Strickland	404	F 49	Ken-Melanie	40:44.00
20	Lori Hewson	446	F 46	Jennifer-Lori	49:50.00
21	Jennifer McLaren	445	F 47	Jennifer-Lori	49:51.00
FEMALE 50 - 59					
1	Cheryl La Force	433	F 57	Cheryl-Paul	23:54.12
2	Pam Mundell	428	F 51	Luis-Pam	24:16.38
3	Diane Kent	454	F 54	Diane-Boyd	24:22.06
4	Francoise Glibert	505	F 56	Philip-Francoise	25:07.81
5	Louise Hunter	500	F 56	Louise-PJ	27:19.25
6	Janet Shepherd	495	F 52	Janet-Jeff	27:47.28
7	Jodi Wheeler	527	F 52	Doug-Jodi	32:21.34
8	Wendy Mccoy	477	F 50	Wendy-Lloyd	33:09.47
9	Susan Leblanc	471	F 50	Susan-Tracy	34:20.59
FEMALE 60 - 69					
1	Brenda Melling	480	F 60	UN06	26:03.03
2	Janet Foran-goneau	455	F 61	Janet-Damon	26:59.81
3	Eithne Dunbar	551	F 68	Eithne-Tony	31:55.09
4	Mary Jane Phillips	463	F 63	MaryJane-Faye	38:28.06
FEMALE 70 - 99					
1	Liz Walker	545	F 70	Liz-Grant	33:29.47
MALE 1 - 19					
1	Paul Bates	506	M 17	Paul-Julie	18:39.15
2	Liam Walsh	541	M 14	Jeff-Liam	18:47.62
3	Liam Bootsma	408	M 15	Lisa-Liam	19:45.56
4	Ché Breadner	441	M 14	Andrea-Che	21:39.91
5	Cooper Barrie	491	M 10	Kayla-Cooper	23:10.28
6	Walter Bolduc	538	M 19	Walter-Joshua	23:43.56
7	Garret Hopkins	534	M 9	Sierra-Garrett	23:56.44

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MALE 1 - 19					
8	Basil Pinkerton	531	M 14	Basil-Tom	24:30.59
9	Joshua Matthews	539	M 19	Walter-Joshua	24:59.22
10	Connor McCormack	503	M 10	Melanie-Connor	28:37.56
11	Kjell Bayne	432	M 8	Mike-Kjell	29:18.18
12	Britain Markland-Kinn	484	M 9	Steve-Britain	30:43.09
MALE 20 - 29					
1	Robert Talarico	488	M 23	Robert-Louise	17:46.50
2	Mike Mackett	449	M 25	Mike-Jacob	18:42.69
3	Michael Grotsky	521	M 20	UN08	18:49.78
4	Alexandre Voinot	553	M 29	Alex-Anna	19:10.69
5	Scott Hitchcox	444	M 22	Laura-Scott	19:29.78
6	Jeff Shepherd	496	M 25	Janet-Jeff	19:36.31
7	Jacob Dayot	450	M 21	Mike-Jacob	19:37.12
8	Benjamin Amann	554	M 29	Amann-Lesley	19:47.15
9	Sean Kehoe	494	M 29	UN07	21:51.46
10	Nicolas Hili	462	M 28	Nicolas-Alanna	22:04.43
11	Zach Capener	469	M 26	Zach-Kelly	22:12.12
12	Scott Ertel	548	M 24	Joanna-Scott	30:05.21
MALE 30 - 39					
1	Scott Wilkes	516	M 37	Scott-Brandy	18:09.25
2	Tim Gillespie	512	M 39	Tim-Michelle	18:24.44
3	Shane Gale	492	M 34	Shane-Lesley	20:35.15
4	Luis Paico-Avilez	427	M 33	Luis-Pam	22:01.38
5	Curtis Runions	549	M 38	Rachel-Curtis	23:05.53
6	Mike Bayne	431	M 39	Mike-Kjell	29:19.43
MALE 40 - 49					
1	Damon Allen	456	M 42	Janet-Damon	19:24.62
2	Jeff Walsh	540	M 45	Jeff-Liam	19:48.62
3	James Brown	452	M 43	James-Annie	20:20.56
4	Neil Hopkins	533	M 45	Kallie-Neil	20:45.69
5	Jason Trueman	528	M 43	UN10	20:58.06
6	Scott Peirson	518	M 44	Scott-Vicki	22:02.50
7	George Semple	473	M 45	George-Cecile	23:07.41
8	Logan Davidson	464	M 49	Logan-Deanna	24:11.31
9	Cameron Green	411	M 47	UN01	28:32.25
10	Steve Kinney	483	M 40	Steve-Britain	30:42.06
MALE 50 - 59					
1	Wayne Rice	458	M 54	Wayne-Peggy	19:33.28
2	Robby Breadner	440	M 50	Casey-Robby	19:40.69
3	Dalton Cote	476	M 52	Suzanne-Dalton	19:51.15
4	Paul Cehan	520	M 52	Paul-Lana	21:03.69
5	Martin Guyon	523	M 50	UN09	21:12.41

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
MALE 50 - 59					
6	Rick Royce	460	M 57	Brianna-Rick	21:30.03
7	Richard Prinsen	435	M 52	Richard-Brenda	21:50.72
8	Andrew Hall	420	M 55	Andrew-Ikuko	21:53.47
9	Marco Gauvin	430	M 51	Marco-Evelyne	21:58.00
10	Danny Dwyer	426	M 51	Dan-Tammy	22:03.68
11	Chuck Douglas	511	M 51	Robin-Chuck	22:05.43
12	Andrew Forbes	423	M 54	Madison-Andrew	22:48.94
13	Benoit Seguin	514	M 53	Benoit-Jana	23:32.09
14	Andrew Wilson	412	M 51	Andrew-Ria	24:18.88
15	Tucker Carrington	405	M 58	Tucker-Rebecca	24:27.03
16	Tom Pinkerton	532	M 50	Basil-Tom	24:32.31
17	Lloyd McCoy	478	M 54	Wendy-Lloyd	25:02.56
18	Grant Currie	542	M 56	Liz-Grant	27:13.06
19	Philip Bates	504	M 53	Philip-Francoise	28:00.28
20	Brian Hart	481	M 52	Brian-Jennifer	28:59.46
21	Doug Marlow	526	M 57	Doug-Jodi	30:37.81
22	Paul La Force	434	M 59	Cheryl-Paul	36:22.47
MALE 60 - 69					
1	Boyd Whyte	453	M 61	Diane-Boyd	21:35.31
2	Ken Hook	457	M 61	Ken-Melanie	22:41.93
3	Ed Brand	414	M 67	Ed-Stacey	22:56.44
4	John Meekel	402	M 60	John-Amanda	28:41.22
5	Paul Thompson	424	M 67	UN03	30:57.72
MALE 70 - 99					
1	Tony Dunbar	552	M 72	Eithne-Tony	23:47.97
2	PJ Marshall	466	M 74	Louise-PJ	28:49.81
3	Richard Sunderland	498	M 71	Richard-Jordyn	29:29.06