

## 2017 Wolfe Island Classic

Wolfe Island, ON

04/07/2017

2/7/17 - 2/7/17

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 1 MIXED 5K Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>FEMALE 1 - 12</b>							
1	Sophie Saunders-Lambert	F 11	503	HOWE ISLAND	4:40.3	7:31.1	23:21.75
2	Lauren McKay	F 11	471	MITCHELL	4:48.8	7:44.8	24:04.31
3	Katherine Campbell	F 11	422	BETHESDA	5:19.8	8:34.6	26:39.00
4	Claire Campbell	F 11	421	BETHESDA	5:32.8	8:55.6	27:44.12
5	Emerson King	F 9	557		6:49.8	10:59.5	34:09.28
6	Payton Pitts	F 8	526	WOLFE ISLAND	7:01.5	11:18.4	35:07.88
7	Alayna McKay	F 8	470	MITCHELL	7:44.7	12:27.9	38:43.72
8	Annie Moody	F 12	475	PROSPER	8:23.1	13:29.7	41:55.87
9	Madeline ter Haar	F 9	512	KINGSTON	10:03.5	16:11.3	50:17.94
10	Audrey Grier	F 9	440	HAIKU	12:34.3	20:13.9	1:02:51.66
11	Caroline Connell	F 10	562	WOLFE ISLAND	12:34.5	20:14.3	1:02:52.72
12	Rowan Connell	F 7	561	WOLFE ISLAND	12:34.7	20:14.6	1:02:53.81
<b>FEMALE 13 - 15</b>							
1	Juno Aiken	F 13	534	HARROWSMITH	4:48.3	7:44.0	24:01.72
2	Gwenyth McKay	F 13	472	MITCHELL	5:08.7	8:16.8	25:43.78
3	Hero Aiken	F 15	532	HARROWSMITH	5:13.9	8:25.2	26:09.72
4	Sophie Whitehead	F 15	547	KINGSTON	5:21.1	8:36.8	26:45.78
5	Chloe Pyke	F 14	486	WOLFE ISLAND	5:40.2	9:07.6	28:21.34
6	Caroline Whitehead	F 15	546	KINGSTON	5:40.4	9:07.8	28:22.09
7	Maggie JaneBrown	F 13	558	WOLFE ISLAND	6:26.8	10:22.5	32:14.15
8	Jana Menard	F 13	473	WOLFE ISLAND	6:56.2	11:09.9	34:41.41
<b>FEMALE 16 - 19</b>							
1	Mairead Corrigan	F 19	428	WOLFE ISLAND	4:30.9	7:15.9	22:34.53
2	Hayley Grennell	F 18	545	TORONTO	5:24.5	8:42.2	27:02.56
3	Emma Brophy	F 16	418	MANCHESTER	7:21.9	11:51.3	36:49.91
<b>FEMALE 20 - 29</b>							
1	Megan Kiley	F 24	572	KINGSTON	4:09.4	6:41.4	20:47.28
2	Kristina Walker	F 21	553	WOLFE ISLAND	4:12.1	6:45.7	21:00.68
3	Natalie Doan	F 22	431	MISSISSAUGA	5:03.2	8:07.9	25:16.09
4	Amy Brunette	F 26	419	KINGSTON	5:07.8	8:15.3	25:39.06
5	Casey Kidson	F 29	451	KINGSTON	5:20.0	8:35.0	26:40.06
6	Mary Reynolds	F 25	492	KINGSTON	5:21.8	8:38.0	26:49.44
7	Alanna Kader	F 26	448	KINGSTON	5:25.8	8:44.3	27:09.22
8	Anna Quigley	F 25	488	KINGSTON	5:26.3	8:45.1	27:11.62
9	Courtney Larocque	F 26	456	INVERARY	6:01.6	9:41.9	30:08.18
10	Felicia Sauve	F 20	504	KINGSTON	6:32.8	10:32.2	32:44.44
11	Valerie Eysers	F 26	433	KINGSTON	7:22.1	11:51.5	36:50.81
12	Sonja Farnell	F 26	568	KINGSTON	7:28.5	12:01.9	37:22.91
<b>FEMALE 30 - 39</b>							
1	Kathleen Dorsey	F 31	524	KINGSTON	4:38.3	7:27.9	23:11.72
2	Danielle Pickard	F 31	482	TEQUESTA	4:39.8	7:30.3	23:19.21
3	Andrea Rochon	F 32	496	AMHERSTVIEW	4:45.9	7:40.2	23:49.84
4	Lesley Rudy	F 37	500	KINGSTON	4:46.7	7:41.5	23:53.84
5	Jacque DeWolfe	F 35	430	KINGSTON	4:53.0	7:51.6	24:25.38

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
6	Jana Mareckova	F 37	463	KINGSTON	5:05.7	8:11.9	25:28.56
7	Cassidy Pilutti	F 31	528	KINGSTON	5:07.0	8:14.1	25:35.38
8	Lindsay Grier	F 36	439	HAIKU	5:23.0	8:39.9	26:55.38
9	Michelle Quinsey	F 30	489	KINGSTON	6:00.4	9:40.0	30:02.25
10	Shannon Osbourne	F 32	552	OTTAWA	6:07.1	9:50.9	30:35.91
11	Chrystal Quinsey	F 30	490	KINGSTON	6:24.2	10:18.3	32:01.22
12	Katie Corr	F 35	578	HUDSON	6:42.4	10:47.6	33:32.03
13	April Bowe	F 38	415	WINCHESTER	6:53.6	11:05.6	34:28.22
14	Jill Rudy	F 34	498	TORONTO	7:08.0	11:28.8	35:40.12
15	Lisa Besch	F 37	411	PROSPER	8:23.0	13:29.6	41:55.43
<b>FEMALE 40 - 49</b>							
1	Lana Saunders	F 42	502	HOWE ISLAND	4:28.6	7:12.3	22:23.28
2	Tammy Pigion	F 44	483	KINGSTON	4:32.4	7:18.5	22:42.44
3	Cecile Wehrell	F 41	520	KINGSTON	4:35.1	7:22.8	22:55.81
4	Stacey Berdan	F 49	410	TWEED	5:10.2	8:19.2	25:51.22
5	Tara Burrgraf	F 49	539	KINGTON	5:17.3	8:30.6	26:26.50
6	Susie Hulton	F 40	446	WOLFE ISLAND	5:25.9	8:44.5	27:09.68
7	Mona Glange	F 47	554	DENMARK	5:26.0	8:44.7	27:10.42
8	Kathleen Campbell	F 46	424	BETHESDA	5:34.8	8:58.8	27:54.22
9	Natalie Gauthier	F 49	565	BLAINVILLE	5:53.7	9:29.3	29:28.88
10	Michelle Strassburger	F 41	573	KINGSTON	6:46.5	10:54.2	33:52.66
11	Alyssa King	F 41	556	KINGSTON	6:51.4	11:02.1	34:17.22
12	Alice Stagner	F 40	507	WOLFE ISLAND	8:23.2	13:29.9	41:56.46
13	Linda McKay	F 42	469	MITCHELL	8:56.9	14:24.1	44:44.72
14	Christina Pyke	F 43	485	WOLFE ISLAND	10:01.0	16:07.2	50:05.00
<b>FEMALE 50 - 59</b>							
1	Cheryl LaForce	F 57	455	KINGSTON	4:32.1	7:17.9	22:40.75
2	Karen Millson	F 54	529	KINGSTON	4:39.2	7:29.4	23:16.31
3	Cindy Vineberg	F 53	517	OTTAWA	4:50.3	7:47.2	24:11.56
4	Wanda Barnes	F 55	408	NAPANEE	5:20.2	8:35.3	26:41.15
5	Kathleen Hart	F 58	442	OTTAWA	5:28.1	8:48.1	27:20.81
6	Shari Shaw	F 53	542	KINGSTON	5:36.6	9:01.7	28:03.00
7	Nancy Ball	F 56	406	KINGSTON	5:38.3	9:04.4	28:11.66
8	Diane Crawford	F 56	575	KINGSTON	5:54.5	9:30.5	29:32.53
9	Cindy Abeles	F 59	401	KINGSTON	5:54.8	9:31.0	29:34.18
10	Karen Willstead	F 55	541	NAPANEE	6:16.5	10:06.0	31:22.78
11	Linda Kaplan	F 56	449	MANCHESTER	6:23.2	10:16.7	31:56.25
12	Jane McDougall	F 59	467	TORONTO	6:36.1	10:37.5	33:00.81
13	Shelley Sheridan	F 55	559	ELORA	6:51.9	11:02.9	34:19.72
14	Mary Gay Scanlon	F 57	505	SWARTHMORE	10:01.1	16:07.5	50:05.96
<b>FEMALE 60 - 69</b>							
1	Deborah Holtom	F 66	444	HOWE ISLAND	4:42.4	7:34.6	23:32.41
2	Shirley Myers	F 64	477	KINGSTON	4:55.7	7:55.9	24:38.56
3	Gillian Kelly	F 69	531	KINGSTON	7:07.6	11:28.2	35:38.44
4	Mary Jane Phillips	F 64	550	KINGSTON	7:44.3	12:27.2	38:41.56
<b>FEMALE 70 - 99</b>							
1	Liz Walker	F 71	519	KINGSTON	6:41.8	10:46.7	33:29.34

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
2	Diane Kelly	F 74	450	KINGSTON	6:42.1	10:47.1	33:30.69
<b>MALE 1 - 12</b>							
1	Cooper Barrie	M 11	409	ODESSA	4:19.8	6:58.1	21:39.15
2	Alex Elliott	M 10	537	KINGSTON	4:44.8	7:38.3	23:44.18
3	Max Vanh-Doyle	M 11	551	FREDERICKTON	4:50.8	7:48.0	24:14.25
4	West Piercy	M 12	566	KINGSTON	5:03.0	8:07.6	25:15.03
5	Brayden Leeman	M 12	458	WOLFE ISLAND	5:25.2	8:43.4	27:06.18
6	Dylan Strassburger	M 8	574	KINGSTON	5:36.3	9:01.2	28:01.72
7	Glen Piercy	M 9	581	KINGSTON	10:24.3	16:44.7	52:01.72
<b>MALE 13 - 15</b>							
1	Sebastian Cino	M 14	522	OTTAWA/WOLFE ISLAND	3:50.6	6:11.1	19:13.06
2	David Cote	M 15	564	BLAINVILLE	4:20.1	6:58.7	21:40.88
3	Ian Campbell	M 13	423	BETHESDA	5:13.1	8:23.9	26:05.84
<b>MALE 16 - 19</b>							
1	Liam Bootsma	M 16	413	BELLEVILLE	3:46.1	6:03.9	18:50.66
2	Emile Laflandre	M 18	563	BLAINVILLE	3:54.9	6:18.1	19:34.97
<b>MALE 20 - 29</b>							
1	Mackett Mike	M 26	462	ST. CATHARINES	3:43.5	5:59.7	18:37.56
2	Ryan VanDyl	M 26	543	KINGSTON	3:46.4	6:04.3	18:52.06
3	Dylan Leclair-Cooke	M 20	457	TORONTO	3:52.3	6:13.8	19:21.50
4	Jude Thusiar	M 21	515	KINGSTON	4:17.0	6:53.6	21:25.15
5	Evan Stucke	M 20	510	WOLFE ISLAND	4:30.6	7:15.5	22:33.18
6	Jason McCabe	M 28	579	PENNELLVILLE	4:56.4	7:57.0	24:42.12
7	Joshua Quesnelle	M 24	487	KINGSTON	5:05.9	8:12.3	25:29.56
8	Scott Allen	M 29	405	KINGSTON	5:07.2	8:14.3	25:36.02
9	Peter Labor	M 26	454	GANANOQUE	5:28.8	8:49.2	27:24.34
<b>MALE 30 - 39</b>							
1	Scott Wilkes	M 38	576	KINGSTON	3:36.0	5:47.7	18:00.38
2	Alexandre Voinot	M 30	518	KINGSTON	3:47.8	6:06.7	18:59.41
3	Ryan Dorsey	M 30	523	KINGSTON	3:59.0	6:24.7	19:55.44
4	Shane Gale	M 34	435	TRENTON	4:02.5	6:30.3	20:12.84
5	Kerry Rollins	M 38	548	KINGSTON	4:05.9	6:35.8	20:29.78
6	Alex Smith	M 31	567	TORONTO	4:08.5	6:39.9	20:42.53
7	Adam Cheney	M 34	426	BELGRADE	4:09.9	6:42.2	20:49.66
8	Alain Bosse	M 34	414	KINGSTON	4:18.3	6:55.7	21:31.75
9	Charles Pickard	M 31	481	TEQUESTA	4:34.9	7:22.4	22:54.62
10	Matthew Corr	M 38	427	WINCHESTER	6:48.7	10:57.7	34:03.59
<b>MALE 40 - 49</b>							
1	Kevin Dunbar	M 42	538	KINGSTON	3:42.8	5:58.6	18:34.22
2	Jude Aiken	M 42	533	HARROWSMITH	3:56.5	6:20.7	19:42.94
3	David Murakami Wood	M 45	476	WOLFE ISLAND	4:11.9	6:45.4	20:59.81
4	Wade Basson	M 43	527	KINGSTON	4:28.4	7:11.9	22:22.06
5	Mike Campbell	M 48	420	BETHESDA	4:52.6	7:51.0	24:23.38
6	Steve Kinney	M 40	452	PICTON	4:55.8	7:56.1	24:39.31
7	Marc Compeau	M 43	521	BATTERSEA	5:00.6	8:03.9	25:03.41
8	Jesse Rudy	M 41	499	TORONTO	5:19.1	8:33.6	26:35.97
9	Alan Lomax	M 42	461	KINGSTON	5:32.1	8:54.4	27:40.59

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
10	Matthew Richardson	M 44	494	BELLEVILLE	6:06.0	9:49.1	30:30.28
11	Mike King	M 43	555	KINGSTON	6:49.9	10:59.7	34:09.90
12	Mark Pitts	M 41	525	WOLFE ISLAND	7:01.6	11:18.5	35:08.31
13	David Stagner	M 41	508	WOLFE ISLAND	8:23.0	13:29.5	41:55.00
14	Jim Besch	M 44	412	PROSPER	8:23.3	13:30.1	41:56.90
15	Dax Chambers	M 45	425	KINGSTON	10:03.9	16:11.8	50:19.50
16	Eric Connell	M 41	560	WOLFE ISLAND	12:35.6	20:16.0	1:02:58.06
<b>MALE 50 - 59</b>							
1	Wayne Rice	M 54	493	RAILTON	3:53.1	6:15.1	19:25.59
2	Paul Cehan	M 53	530	KINGSTON	4:10.5	6:43.1	20:52.62
3	Martin Guyon	M 50	441	KINGSTON	4:13.2	6:47.5	21:06.18
4	Rick Royce	M 58	571	KINGSTON	4:14.9	6:50.3	21:14.91
5	Richard Prinsen	M 53	577	KINGSTON	4:18.9	6:56.7	21:34.75
6	Bernhard Reck	M 57	491	WOLFE ISLAND	5:08.3	8:16.1	25:41.56
7	Bill Dobson	M 52	432	KINGSTON	5:16.8	8:29.8	26:24.15
8	Paul Grennell	M 52	544	TORONTO	5:24.5	8:42.3	27:02.90
9	Don Brophy	M 53	417	MANCHESTER	5:44.2	9:13.9	28:41.06
10	Blake Toplis	M 55	516	OTTAWA	5:50.6	9:24.2	29:13.12
11	Len Matiowsky	M 53	466	KINGSTON	5:52.6	9:27.5	29:23.18
12	Doug Marlow	M 58	464	VERONA	6:28.9	10:26.0	32:24.91
<b>MALE 60 - 69</b>							
1	Ken Hook	M 61	445	CLOYNE	4:27.9	7:11.1	22:19.59
2	Al Cantlay	M 62	535	KINGSTON	4:39.6	7:30.0	23:18.18
3	Geoffrey Roulet	M 69	497	KINGSTON	5:21.6	8:37.6	26:48.15
4	Steve Willstead	M 62	540	NAPANEE	6:05.0	9:47.5	30:25.41
5	Wayne Mccabe	M 60	580	IJMO	6:24.8	10:19.3	32:04.18
6	Paul Thompson	M 67	514	KINGSTON	6:27.3	10:23.3	32:16.66
7	Wayne Greenway	M 61	438	GUELPH	10:40.8	17:11.2	53:24.00
<b>MALE 70 - 99</b>							
1	Richard Sunderland	M 71	511	KINGSTON	5:37.4	9:03.0	28:07.09
2	John Inglis	M 71	447	OMPAH	5:59.1	9:37.9	29:55.72
3	Norman Hart	M 72	443	SYDENHAM	6:35.5	10:36.6	32:57.91
4	PJ Marshall	M 75	465	KINGSTON	6:40.5	10:44.6	33:22.75
5	Malcolm Griffin	M 78	536	KINGSTON	8:03.7	12:58.5	40:18.88
6	Bob Little	M 77	460	KINGSTON	8:38.8	13:54.9	43:14.06