

## 2014 KRRA Anniversary Run

The Landings Golf Course

2/11/14 - 2/11/14

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 2 MIXED 10K Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>FEMALE 1 - 19</b>							
1	Ann Choi	19 F	10KM	844	5:02.03	8:06.08	50:20.34
2	Alyssa Carter	18 F	10KM	846	5:55.36	9:31.89	59:13.59
3	Crista Leung	19 F	10KM	845	6:15.04	10:03.57	1:02:30.38
4	Courtney Sunderland	18 F	10KM	847	7:58.40	12:49.91	1:19:44.00
<b>FEMALE 20 - 29</b>							
1	Myriam Boiley	20 F	10KM	838	4:48.08	7:43.62	48:00.81
2	Megan Cook	20 F	10KM	895	4:56.51	7:57.19	49:25.12
3	Kathleen Brown	27 F	10KM	909	4:56.71	7:57.51	49:27.09
4	Maxine Chan	29 F	10KM	906	4:57.10	7:58.13	49:30.97
5	Shannon Winterburn	26 F	10KM	916	5:00.57	8:03.72	50:05.72
6	Kerri Lee	20 F	10KM	840	5:12.56	8:23.01	52:05.56
7	Alanna Kader	24 F	10KM	834	5:29.16	8:49.73	54:51.62
8	Cassidy Pilutti	28 F	10KM	831	5:30.94	8:52.59	55:09.38
9	Grace Clouston	20 F	10KM	843	5:58.51	9:36.96	59:45.09
10	Shawna Girard	21 F	10KM	839	6:14.27	10:02.32	1:02:22.66
11	Stephanie Duguay	21 F	10KM	837	6:14.32	10:02.41	1:02:23.22
12	Erica Baker	22 F	10KM	836	6:26.96	10:22.75	1:04:29.62
13	Olivia Barwell	20 F	10KM	842	6:28.45	10:25.15	1:04:44.50
14	Candace Pike	29 F	10KM	897	6:40.62	10:44.73	1:06:46.18
15	Emilie Gauthier	24 F	10KM	833	7:14.80	11:39.75	1:12:28.03
16	Madison Andrews	27 F	10KM	832	7:36.52	12:14.69	1:16:05.15
<b>FEMALE 30 - 39</b>							
1	Elaine Saunders	31 F	10KM	828	4:41.60	7:33.19	46:55.97
2	Lexi Bulak	35 F	10KM	821	5:26.52	8:45.49	54:25.22
3	Jen Flake	37 F	10KM	918	5:33.74	8:57.10	55:37.38
4	Melanie McCormack	35 F	10KM	820	5:39.56	9:06.47	56:35.62
5	Anna Dickson	34 F	10KM	823	5:50.18	9:23.56	58:21.81
6	Nicoline van Kan	38 F	10KM	819	5:50.88	9:24.68	58:28.75
7	Lesley Haskin	34 F	10KM	824	5:57.50	9:35.35	59:35.03
8	April Turner	39 F	10KM	816	6:04.17	9:46.08	1:00:41.72
9	Nathalie Melzer	30 F	10KM	830	6:05.68	9:48.50	1:00:56.75
10	Marie-Louise Viero	39 F	10KM	817	6:09.49	9:54.63	1:01:34.88
11	Deanna Hindman	39 F	10KM	818	6:24.95	10:19.52	1:04:09.50
12	Lydia Scholle-Cotton	34 F	10KM	826	6:36.28	10:37.75	1:06:02.78
13	Tiffany Roy	31 F	10KM	827	6:43.32	10:49.07	1:07:13.15
14	Tania Pelletier	31 F	10KM	829	7:41.09	12:22.05	1:16:50.88
15	Tara McPhate	34 F	10KM	825	7:53.10	12:41.38	1:18:51.00
16	Deborah Cooper	35 F	10KM	822	7:58.30	12:49.75	1:19:43.00
<b>FEMALE 40 - 49</b>							
1	Bridget Murphy	44 F	10KM	809	4:45.80	7:39.95	47:38.00
2	Leanne Moran	49 F	10KM	902	5:06.16	8:12.72	51:01.59
3	Kira McNeely	48 F	10KM	898	5:12.11	8:22.29	52:01.06
4	Tanya Castellerin	40 F	10KM	813	5:18.27	8:32.21	53:02.72
5	Stacey Berdan	46 F	10KM	808	5:20.51	8:35.80	53:25.06
6	Meg Freer	49 F	10KM	912	5:35.41	8:59.79	55:54.12

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
7	Wanda Seidl	48 F	10KM	806	5:51.41	9:25.54	58:34.12
8	Arawn Therrien	40 F	10KM	814	5:55.48	9:32.09	59:14.81
9	Heidi Cramm	41 F	10KM	811	6:23.67	10:17.46	1:03:56.72
10	Beth Goldberg	40 F	10KM	812	6:53.63	11:05.67	1:08:56.28
11	Melanie Strickland	48 F	10KM	807	7:11.02	11:33.66	1:11:50.22
<b>FEMALE 50 - 59</b>							
1	Francoise Glibert	54 F	10KM	805	4:52.32	7:50.44	48:43.18
2	Audethy Tallack	54 F	10KM	804	4:56.37	7:56.96	49:23.69
3	Diane Lougheed	52 F	10KM	904	5:06.38	8:13.07	51:03.81
4	Kathleen Hart	55 F	10KM	803	5:23.60	8:40.79	53:56.03
5	Brenda Melling	57 F	10KM	802	5:23.69	8:40.92	53:56.87
6	Heather Barr	50 F	10KM	899	5:44.45	9:14.34	57:24.50
<b>FEMALE 60 - 69</b>							
1	Shirley Myers	62 F	10KM	801	4:52.17	7:50.21	48:41.72
2	Deborah Holtom	63 F	10KM	800	4:57.66	7:59.03	49:36.56
3	Eithne Dunbar	66 F	10KM	850	6:09.69	9:54.96	1:01:36.94
<b>MALE 1 - 19</b>							
1	Leonard Bonfils	19 M	10KM	894	4:27.52	7:10.53	44:35.22
2	Jeremie Jollivet	18 M	10KM	893	4:28.52	7:12.15	44:45.25
<b>MALE 20 - 29</b>							
1	Pierre-Alexandr Lacasse	20 M	10KM	892	3:44.87	6:01.89	37:28.66
2	Mike Mackett	23 M	10KM	888	3:48.63	6:07.95	38:06.34
3	Blair Mackenzie	22 M	10KM	889	3:58.87	6:24.43	39:48.72
4	Ryan Dorsey	27 M	10KM	908	4:04.58	6:33.61	40:45.75
5	Kyle Fraser	21 M	10KM	891	4:05.23	6:34.66	40:52.31
6	Joel Lefebvre	28 M	10KM	885	4:36.39	7:24.80	46:03.88
7	Andrew Aulthouse	21 M	10KM	890	5:29.93	8:50.97	54:59.28
<b>MALE 30 - 39</b>							
1	Alexander Wordley	34 M	10KM	879	3:41.12	5:55.85	36:51.18
2	Scott Wilkes	35 M	10KM	876	3:52.60	6:14.34	38:46.03
3	Tim Rosillo	30 M	10KM	905	4:13.29	6:47.63	42:12.88
4	Sebastien Ival	36 M	10KM	874	4:22.35	7:02.21	43:43.47
5	Adam Andrecyk	32 M	10KM	882	4:29.24	7:13.31	44:52.44
6	Guy Dumoulin	35 M	10KM	877	4:36.61	7:25.16	46:06.09
7	Curtis Runions	36 M	10KM	910	4:37.19	7:26.10	46:11.94
8	Geoffrey Stephen	32 M	10KM	881	4:37.58	7:26.72	46:15.78
9	Arnaud Raymond	36 M	10KM	917	5:16.59	8:29.51	52:45.94
10	Micheal Dickson	35 M	10KM	875	5:49.91	9:23.12	58:19.06
11	Peter Gagolewicz	36 M	10KM	873	6:05.57	9:48.33	1:00:55.69
12	Darius Gorganzadeh	35 M	10KM	878	6:24.71	10:19.13	1:04:07.09
13	Stephen Andrews	30 M	10KM	883	7:36.45	12:14.58	1:16:04.47
<b>MALE 40 - 49</b>							
1	Robert Watering	44 M	10KM	913	3:54.02	6:16.63	39:00.25
2	Todd Biggerman	43 M	10KM	870	4:03.24	6:31.45	40:32.38
3	David Murakami-Wood	42 M	10KM	903	4:07.94	6:39.03	41:19.44
4	Robby Breadner	48 M	10KM	865	4:16.68	6:53.08	42:46.75
5	Mark Chabot	43 M	10KM	871	4:18.65	6:56.26	43:06.53
6	Greg Phelan	49 M	10KM	864	4:50.50	7:47.51	48:25.00

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Bib</b>	<b>Avg per K</b>	<b>Avg per MI</b>	<b>Time</b>
7	Peter Stamas	40 M	10KM	872	5:15.58	8:27.87	52:35.75
8	Matt Dubblestein	42 M	10KM	869	5:38.64	9:04.99	56:26.41
9	Ken Bangma	48 M	10KM	866	6:04.23	9:46.18	1:00:42.34
10	Robert Seidl	49 M	10KM	863	6:54.69	11:07.38	1:09:06.88
<b>MALE 50 - 59</b>							
1	Pierre Ballester	50 M	10KM	915	4:00.33	6:26.78	40:03.31
2	Wayne Rice	52 M	10KM	860	4:06.64	6:36.94	41:06.44
3	Rick Royce	55 M	10KM	858	4:08.95	6:40.64	41:29.47
4	Peter James	58 M	10KM	911	4:12.20	6:45.88	42:02.03
5	Paul Cehan	50 M	10KM	861	4:16.80	6:53.28	42:48.00
6	Al Cantlay	59 M	10KM	896	4:22.62	7:02.65	43:46.22
7	Richard Prinsen	50 M	10KM	862	4:24.63	7:05.88	44:06.31
8	Ken Hook	59 M	10KM	854	4:55.68	7:55.86	49:16.84
9	John Meekel	58 M	10KM	855	5:38.15	9:04.19	56:21.47
10	Doug Marlow	55 M	10KM	857	5:43.88	9:13.43	57:18.84
<b>MALE 60 - 69</b>							
1	Ed Brand	66 M	10KM	851	4:39.85	7:30.38	46:38.53
2	Brian MacDonald	66 M	10KM	852	4:58.94	8:01.09	49:49.38
3	Richard Sunderland	68 M	10KM	849	5:24.74	8:42.62	54:07.44
4	Paul Thompson	65 M	10KM	853	5:50.29	9:23.74	58:22.90
<b>MALE 70 - 99</b>							
1	PJ Marshall	72 M	10KM	848	5:26.20	8:44.97	54:22.03