

Falcon XC Invitational
Fort Henry Hill, Kingston, Ontario
Results by www.runningbydesign.ca

9/14/13 - 9/14/13

Event # 1 GIRLS Midget 5K Run				
1	Sarah Kinnev	Frontenac	93	24:44.0
Event # 2 BOYS Midget 5K Run				
1	Paul Bates	Regiopolis-Notre Dam	102	17:44.0
2	Nate St. Romaine	Nicholson Catholic	114	18:22.0
3	Mark Coates	Nicholson Catholic	113	18:30.0
4	Liam Cregg	Regiopolis-Notre Dam	104	21:29.0
5	Matt Jansen	Regiopolis-Notre Dam	103	21:50.0
6	James Vowles	Frontenac	100	22:01.0
7	Eric Leonard	Frontenac	99	22:51.0
Event # 3 GIRLS Junior 5K Run				
1	Branna MacDougall	Regiopolis-Notre Dam	105	19:05.0
Event # 4 BOYS Junior 5K Run				
1	Jake Ackerman	Nicholson Catholic	112	18:36.0
2	Anson Hunt	Regiopolis-Notre Dam	106	20:40.0
3	Zack Kellar	Frontenac	101	20:42.0
Event # 5 GIRLS Senior 5K Run				
1	Jane Dall	Nicholson Catholic	117	27:48.0
2	Alex Horeczv	Regiopolis-Notre Dam	107	31:49.0
Event # 6 BOYS Senior 5K Run				
1	Mitch Kirbv	Frontenac	87	16:52.0
2	Kevin Bates	Regiopolis-Notre Dam	110	17:18.0
3	Averv Ling	Nicholson Catholic	116	21:24.0
4	Dan Amaral	Regiopolis-Notre Dam	108	24:23.0
5	Rvan O'Brien	Regiopolis-Notre Dam	109	29:31.0

PLACE	TEAM	INITIALS	SCORE
1	FRONTENAC	Sarah Kinney	0