

**KASSAA XC CHAMPIONSHIPS 2017****Little Cataraqui  
Conservation Area**

2017-10-19 - 2017-10-19

**Event # 1 GIRLS Midget 4 km Run**

Midget Girls

| PLACE | TEAM         | SCORE | SCORERS | DISPLACERS | TOP 4<br>TOTAL | TOP 4<br>AVG/KM | TOP 4<br>AVG | TOP 4<br>SPLIT |
|-------|--------------|-------|---------|------------|----------------|-----------------|--------------|----------------|
| 1     | KINGSTON CVI | 24    | 4-5-6-9 | 16         | 1:12:47        | 4:32.95         | 18:11.82     | 1:33           |

| OVERALL<br>PLACE | SCORE<br>PLACE | BIB<br>NUM | NAME              | AGE | GRADE | TEAM                | PLACE ON<br>TEAM | AVG/KM  | TIME            |
|------------------|----------------|------------|-------------------|-----|-------|---------------------|------------------|---------|-----------------|
| 1                | 1              | 465        | Claire Sedgewick  |     |       | FRONTENAC           | 1                | 4:06.01 | <b>16:24.06</b> |
| 2                | 2              | 545        | Jayne Hackett     |     |       | LCVI                | 1                | 4:13.18 | <b>16:52.72</b> |
| 3                | 3              | 532        | Abby Howland      |     |       | LA SALLE S.S.       | 1                | 4:15.12 | <b>17:00.50</b> |
| 4                | 4              | 499        | Charlotte Spencer |     |       | KINGSTON CVI        | 1                | 4:23.98 | <b>17:35.94</b> |
| 5                | 5              | 492        | Clare Frymire     |     |       | KINGSTON CVI        | 2                | 4:26.62 | <b>17:46.50</b> |
| 6                | 6              | 487        | Ania Campbell     |     |       | KINGSTON CVI        | 3                | 4:33.95 | <b>18:15.81</b> |
| 7                | 7              | 564        | Juno Aiken        |     |       | MILLE ÎLES          | 1                | 4:40.69 | <b>18:42.75</b> |
| 8                | 8              | 567        | Emma Granger      |     |       | NAPANEE DISTRICT SS | 1                | 4:41.29 | <b>18:45.15</b> |
| 9                | 9              | 495        | Serena Loughlin   |     |       | KINGSTON CVI        | 4                | 4:47.26 | <b>19:09.03</b> |
| 10               | 10             | 530        | Bailey Fuchs      |     |       | LA SALLE S.S.       | 2                | 4:47.50 | <b>19:10.00</b> |
| 11               | 11             | 451        | Mackenzie Meyers  |     |       | BAYRIDGE            | 1                | 4:51.15 | <b>19:24.59</b> |
| 12               | 12             | 546        | Annie Ingo        |     |       | LCVI                | 2                | 4:55.24 | <b>19:40.97</b> |
| 13               | 13             | 450        | Emily Maracle     |     |       | BAYRIDGE            | 2                | 5:02.46 | <b>20:09.84</b> |
| 14               | 14             | 464        | Alora Peever      |     |       | FRONTENAC           | 2                | 5:02.53 | <b>20:10.12</b> |
| 15               | 15             | 566        | Madison Godard    |     |       | NAPANEE DISTRICT SS | 2                | 5:03.25 | <b>20:13.00</b> |
| 16               | 16             | 496        | Jazmin Millotte   |     |       | KINGSTON CVI        | 5                | 5:10.82 | <b>20:43.28</b> |
| 17               | 17             | 531        | Ashley Gifford    |     |       | LA SALLE S.S.       | 3                | 6:03.94 | <b>24:15.75</b> |
| 18               | 18             | 458        | jessie cook       |     |       | ERNESTOWN S.S.      | 1                | 6:06.43 | <b>24:25.72</b> |

## KASSAA XC CHAMPIONSHIPS 2017

Little Cataraqui  
Conservation Area

2017-10-19 - 2017-10-19

**Event # 2 BOYS Midget 4 km Run**

## Midget Boys

| PLACE | TEAM                 | SCORE | SCORERS     | DISPLACERS | TOP 4<br>TOTAL | TOP 4<br>AVG/KM | TOP 4<br>AVG | TOP 4<br>SPLIT |
|-------|----------------------|-------|-------------|------------|----------------|-----------------|--------------|----------------|
| 1     | KINGSTON CVI         | 32    | 3-8-10-11   | 15         | 1:01:03        | 4:32.95         | 15:15.81     | :57            |
| 2     | REGIOPOLIS-NOTRE DAM | 43    | 5-6-14-18   | 25         | 1:02:32        | 3:54.49         | 15:37.94     | 1:31           |
| 3     | BAYRIDGE             | 72    | 13-17-19-23 |            | 1:06:17        | 4:08.54         | 16:34.16     | 1:50           |

| OVERALL<br>PLACE | SCORE<br>PLACE | BIB<br>NUM | NAME                     | AGE | GRADE | TEAM                 | PLACE ON<br>TEAM | AVG/KM  | TIME     |
|------------------|----------------|------------|--------------------------|-----|-------|----------------------|------------------|---------|----------|
| 1                | 1              | 625        | David Pickard            |     |       | SYDENHAM             | 1                | 3:34.85 | 14:19.41 |
| 2                | 2              | 484        | Aiden Tulk               |     |       | HOLY CROSS           | 1                | 3:35.05 | 14:20.19 |
| 3                | 3              | 509        | Dan Coolican             |     |       | KINGSTON CVI         | 1                | 3:38.23 | 14:32.91 |
| 4                | 4              | 471        | Carson Fraser            |     |       | FRONTENAC            | 1                | 3:40.34 | 14:41.38 |
| 5                | 5              | 598        | Beckett Palmer-Stephen   |     |       | REGIOPOLIS-NOTRE DAM | 1                | 3:46.20 | 15:04.81 |
| 6                | 6              | 600        | Mark Rostek              |     |       | REGIOPOLIS-NOTRE DAM | 2                | 3:47.70 | 15:10.81 |
| 7                | 7              | 630        | Jackson Sargeant         |     |       | SYDENHAM             | 2                | 3:48.10 | 15:12.41 |
| 8                | 8              | 526        | Jude Wheeler-Dee         |     |       | KINGSTON CVI         | 2                | 3:52.39 | 15:29.56 |
| 9                | 9              | 561        | Bronis MacDougall        |     |       | MARIE-RIVIER         | 1                | 3:52.45 | 15:29.81 |
| 10               | 10             | 515        | Gavin Leonard            |     |       | KINGSTON CVI         | 3                | 3:52.54 | 15:30.18 |
| 11               | 11             | 503        | Caelan Baron             |     |       | KINGSTON CVI         | 4                | 3:52.65 | 15:30.59 |
| 12               | 12             | 542        | Aiden Williams           |     |       | LA SALLE S.S.        | 1                | 3:53.94 | 15:35.78 |
| 13               | 13             | 456        | Nick Koss                |     |       | BAYRIDGE             | 1                | 3:54.65 | 15:38.59 |
| 14               | 14             | 599        | Bucky Quanz              |     |       | REGIOPOLIS-NOTRE DAM | 3                | 3:54.92 | 15:39.68 |
| 15               | 15             | 514        | Jeffrey Johnson          |     |       | KINGSTON CVI         | 5                | 4:01.94 | 16:07.75 |
| 16               | 16             | 570        | Ben Caza                 |     |       | NAPANEE DISTRICT SS  | 1                | 4:05.99 | 16:23.97 |
| 17               | 17             | 452        | Ben Fink-Jensen          |     |       | BAYRIDGE             | 2                | 4:06.43 | 16:25.72 |
| 18               | 18             | 594        | Jack Mason               |     |       | REGIOPOLIS-NOTRE DAM | 4                | 4:09.12 | 16:36.47 |
| 19               | 19             | 453        | Jim Goobie               |     |       | BAYRIDGE             | 3                | 4:10.94 | 16:43.75 |
| 20               | 20             | 469        | Lewis Cirghton           |     |       | FRONTENAC            | 2                | 4:11.56 | 16:46.25 |
| 21               | 21             | 462        | sam kennedy              |     |       | ERNESTOWN S.S.       | 1                | 4:12.04 | 16:48.15 |
| 22               | 22             | 627        | Ryle Reynolds            |     |       | SYDENHAM             | 3                | 4:12.88 | 16:51.53 |
| 23               | 23             | 454        | Alex Griswold            |     |       | BAYRIDGE             | 4                | 4:22.15 | 17:28.59 |
| 24               | 24             | 539        | Greg Pedlar              |     |       | LA SALLE S.S.        | 2                | 4:27.97 | 17:51.88 |
| 25               | 25             | 588        | Jeremy Carroll           |     |       | REGIOPOLIS-NOTRE DAM | 5                | 4:33.19 | 18:12.75 |
| 26               | 26             | 559        | Pierre Ducharme-Gauthier |     |       | MARIE-RIVIER         | 2                | 4:49.47 | 19:17.88 |

**KASSAA XC CHAMPIONSHIPS 2017****Little Cataraqui  
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2017-10-19 - 2017-10-19

**Event # 3 GIRLS Junior 4.8km Run**

## Junior Girls

| PLACE | TEAM                 | SCORE | SCORERS   | DISPLACERS | TOP 4<br>TOTAL | TOP 4<br>AVG/KM | TOP 4<br>AVG | TOP 4<br>SPLIT |
|-------|----------------------|-------|-----------|------------|----------------|-----------------|--------------|----------------|
| 1     | KINGSTON CVI         | 12    | 1-2-4-5   |            | 1:21:09        | 4:32.95         | 20:17.33     | 1:21           |
| 2     | REGIOPOLIS-NOTRE DAM | 37    | 7-9-10-11 |            | 1:28:14        | 3:54.49         | 22:03.38     | :41            |

| OVERALL<br>PLACE | SCORE<br>PLACE | BIB<br>NUM | NAME               | AGE | GRADE | TEAM                 | PLACE ON<br>TEAM | AVG/KM  | TIME            |
|------------------|----------------|------------|--------------------|-----|-------|----------------------|------------------|---------|-----------------|
| 1                | 1              | 502        | Anna Workman       |     |       | KINGSTON CVI         | 1                | 4:06.80 | <b>19:44.66</b> |
| 2                | 2              | 488        | Mackenzie Campbell |     |       | KINGSTON CVI         | 2                | 4:06.89 | <b>19:45.09</b> |
| 3                | 3              | 556        | Kara Fitzgerald    |     |       | MARIE-RIVIER         | 1                | 4:08.98 | <b>19:55.09</b> |
| 4                | 4              | 500        | Jess Stephenson    |     |       | KINGSTON CVI         | 3                | 4:16.95 | <b>20:33.38</b> |
| 5                | 5              | 489        | Lily Chubaty       |     |       | KINGSTON CVI         | 4                | 4:23.79 | <b>21:06.18</b> |
| 6                | 6              | 479        | Catherine Irwin    |     |       | HOLY CROSS           | 1                | 4:25.31 | <b>21:13.47</b> |
| 7                | 7              | 585        | Julia Patterson    |     |       | REGIOPOLIS-NOTRE DAM | 1                | 4:30.03 | <b>21:36.15</b> |
| 8                | 8              | 459        | stephanie hickey   |     |       | ERNESTOWN S.S.       | 1                | 4:32.61 | <b>21:48.53</b> |
| 9                | 9              | 581        | Alexis James       |     |       | REGIOPOLIS-NOTRE DAM | 2                | 4:35.34 | <b>22:01.62</b> |
| 10               | 10             | 575        | Emilie Carson      |     |       | REGIOPOLIS-NOTRE DAM | 3                | 4:38.68 | <b>22:17.66</b> |
| 11               | 11             | 582        | Sydney Kallin      |     |       | REGIOPOLIS-NOTRE DAM | 4                | 4:38.77 | <b>22:18.09</b> |
| 12               | 12             | 563        | Hero Aiken         |     |       | MILLE ÎLES           | 1                | 4:40.59 | <b>22:26.81</b> |
| 13               | 13             | 568        | Hannah Gregory     |     |       | NAPANEE DISTRICT SS  | 1                | 4:41.36 | <b>22:30.53</b> |
| 14               | 14             | 461        | emmalyn lavallee   |     |       | ERNESTOWN S.S.       | 2                | 4:50.44 | <b>23:14.09</b> |
| 15               | 15             | 478        | Kennedy Costa      |     |       | HOLY CROSS           | 2                | 5:32.41 | <b>26:35.59</b> |

## KASSAA XC CHAMPIONSHIPS 2017

Little Cataraqui  
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2017-10-19 - 2017-10-19

**Event # 4 BOYS Junior 4.8km Run**

## Junior Boys

| PLACE | TEAM                 | SCORE | SCORERS   | DISPLACERS | TOP 4<br>TOTAL | TOP 4<br>AVG/KM | TOP 4<br>AVG | TOP 4<br>SPLIT |
|-------|----------------------|-------|-----------|------------|----------------|-----------------|--------------|----------------|
| 1     | FRONTENAC            | 34    | 2-5-10-17 |            | 1:17:22        | 4:01.75         | 19:20.42     | 3:14           |
| 2     | REGIOPOLIS-NOTRE DAM | 37    | 1-3-14-19 | 21         | 1:20:11        | 3:54.49         | 20:02.63     | 7:24           |
| 3     | KINGSTON CVI         | 55    | 8-9-16-22 |            | 1:36:10        | 4:32.95         | 24:02.51     | 17:32          |

| OVERALL<br>PLACE | SCORE<br>PLACE | BIB<br>NUM | NAME                | AGE | GRADE | TEAM                 | PLACE ON<br>TEAM | AVG/KM  | TIME            |
|------------------|----------------|------------|---------------------|-----|-------|----------------------|------------------|---------|-----------------|
| 1                | 1              | 597        | Stephen O'Meara     |     |       | REGIOPOLIS-NOTRE DAM | 1                | 3:34.37 | <b>17:08.97</b> |
| 2                | 2              | 470        | Anthony Couto       |     |       | FRONTENAC            | 1                | 3:47.80 | <b>18:13.44</b> |
| 3                | 3              | 604        | Joseph Tripp        |     |       | REGIOPOLIS-NOTRE DAM | 2                | 3:48.83 | <b>18:18.38</b> |
| 4                | 4              | 569        | Cole Beebe          |     |       | NAPANEE DISTRICT SS  | 1                | 3:50.74 | <b>18:27.56</b> |
| 5                | 5              | 467        | Che Breadner        |     |       | FRONTENAC            | 2                | 3:51.55 | <b>18:31.44</b> |
| 6                | 6              | 551        | Liam Minielly       |     |       | LCVI                 | 1                | 3:52.02 | <b>18:33.69</b> |
| 7                | 7              | 620        | River Lovelace      |     |       | SYDENHAM             | 1                | 3:56.05 | <b>18:53.06</b> |
| 8                | 8              | 512        | Josh Haberer        |     |       | KINGSTON CVI         | 1                | 3:58.35 | <b>19:04.09</b> |
| 9                | 9              | 524        | Ryota Udo           |     |       | KINGSTON CVI         | 2                | 3:58.51 | <b>19:04.87</b> |
| 10               | 10             | 474        | Jake Knutson        |     |       | FRONTENAC            | 3                | 3:59.25 | <b>19:08.41</b> |
| 11               | 11             | 541        | Jeremy Therrrien    |     |       | LA SALLE S.S.        | 1                | 4:03.27 | <b>19:27.69</b> |
| 12               | 12             | 485        | John Zhao           |     |       | HOLY CROSS           | 1                | 4:03.75 | <b>19:30.00</b> |
| 13               | 13             | 573        | Noah Rooney         |     |       | NAPANEE DISTRICT SS  | 2                | 4:11.63 | <b>20:07.84</b> |
| 14               | 14             | 603        | Sacha Saleh         |     |       | REGIOPOLIS-NOTRE DAM | 3                | 4:11.95 | <b>20:09.34</b> |
| 15               | 15             | 482        | William St. Goddard |     |       | HOLY CROSS           | 2                | 4:25.16 | <b>21:12.78</b> |
| 16               | 16             | 522        | Griffin Santyr      |     |       | KINGSTON CVI         | 3                | 4:27.56 | <b>21:24.28</b> |
| 17               | 17             | 472        | Aidan Jackson       |     |       | FRONTENAC            | 4                | 4:28.41 | <b>21:28.38</b> |
| 18               | 18             | 614        | Liam Beaver         |     |       | SYDENHAM             | 2                | 4:53.77 | <b>23:30.09</b> |
| 19               | 19             | 602        | Ben Sagriff         |     |       | REGIOPOLIS-NOTRE DAM | 4                | 5:07.05 | <b>24:33.84</b> |
| 20               | 20             | 622        | Mitchell Merritt    |     |       | SYDENHAM             | 3                | 5:16.54 | <b>25:19.38</b> |
| 21               | 21             | 589        | Davin Deptuck       |     |       | REGIOPOLIS-NOTRE DAM | 5                | 5:27.67 | <b>26:12.84</b> |
| 22               | 22             | 523        | Igor Serafini       |     |       | KINGSTON CVI         | 4                | 7:37.67 | <b>36:36.82</b> |

## KASSAA XC CHAMPIONSHIPS 2017

Little Cataraqui  
Conservation Area

2017-10-19 - 2017-10-19

**Event # 5 GIRLS Senior 6.1km Run**

## Senior Girls

| PLACE | TEAM                 | SCORE | SCORERS    | DISPLACERS      | TOP 4<br>TOTAL | TOP 4<br>AVG/KM | TOP 4<br>AVG | TOP 4<br>SPLIT |
|-------|----------------------|-------|------------|-----------------|----------------|-----------------|--------------|----------------|
| 1     | LA SALLE S.S.        | 24    | 4-5-7-8    |                 | 1:47:52        | 4:25.23         | 26:57.89     | 2:21           |
| 2     | KINGSTON CVI         | 30    | 1-6-11-12  | 17-18-26        | 1:49:51        | 4:32.95         | 27:27.82     | 4:49           |
| 3     | REGIOPOLIS-NOTRE DAM | 44    | 2-13-14-15 | 9-21-22-25-28-2 | 1:53:11        | 3:54.49         | 28:17.64     | 5:33           |
| 4     | SYDENHAM             | 69    | 9-10-23-27 |                 | 2:02:52        | 5:02.15         | 30:43.09     | 6:35           |

| OVERALL<br>PLACE | SCORE<br>PLACE | BIB<br>NUM | NAME                 | AGE | GRADE | TEAM                 | PLACE ON<br>TEAM | AVG/KM  | TIME     |
|------------------|----------------|------------|----------------------|-----|-------|----------------------|------------------|---------|----------|
| 1                | 1              | 497        | Adrienne Scott       |     |       | KINGSTON CVI         | 1                | 4:00.50 | 24:27.06 |
| 2                | 2              | 586        | Daniela Rojas        |     |       | REGIOPOLIS-NOTRE DAM | 1                | 4:00.69 | 24:28.22 |
| 3                | 3              | 544        | Katie Feng           |     |       | LCVI                 | 1                | 4:07.08 | 25:07.18 |
| 4                | 4              | 533        | Amelia McKinney      |     |       | LA SALLE S.S.        | 1                | 4:10.04 | 25:25.25 |
| 5                | 5              | 535        | Alexa Sawchuk        |     |       | LA SALLE S.S.        | 2                | 4:27.29 | 27:10.47 |
| 6                | 6              | 493        | Johanna Loock        |     |       | KINGSTON CVI         | 2                | 4:29.62 | 27:24.66 |
| 7                | 7              | 536        | Hazel Sutherland     |     |       | LA SALLE S.S.        | 3                | 4:30.34 | 27:29.09 |
| 8                | 8              | 534        | Bryn Reynolds        |     |       | LA SALLE S.S.        | 4                | 4:33.24 | 27:46.75 |
| 9                | 9              | 611        | Mackenzie O'Sullivan |     |       | SYDENHAM             | 1                | 4:33.61 | 27:49.00 |
| 10               | 10             | 612        | Vanessa Pearce       |     |       | SYDENHAM             | 2                | 4:35.92 | 28:03.09 |
| 11               | 11             | 494        | Naomi Loughlin       |     |       | KINGSTON CVI         | 3                | 4:42.42 | 28:42.75 |
| 12               | 12             | 486        | Hana Amari           |     |       | KINGSTON CVI         | 4                | 4:48.00 | 29:16.81 |
| 13               | 13             | 574        | Isabella Campbell    |     |       | REGIOPOLIS-NOTRE DAM | 2                | 4:48.10 | 29:17.43 |
| 14               | 14             | 576        | Michaela Dowling     |     |       | REGIOPOLIS-NOTRE DAM | 3                | 4:49.12 | 29:23.62 |
| 15               | 15             | 579        | Chloe Goss           |     |       | REGIOPOLIS-NOTRE DAM | 4                | 4:55.29 | 30:01.28 |
| 16               | 16             | 463        | Lucie Amson          |     |       | FRONTENAC            | 1                | 4:55.44 | 30:02.18 |
| 17               | 17             | 490        | Jocelyn Danby        |     |       | KINGSTON CVI         | 5                | 4:58.89 | 30:23.25 |
| 18               | 18             | 501        | Sophie Whitehead     |     |       | KINGSTON CVI         | 6                | 5:01.68 | 30:40.25 |
| 19               | 19             | 580        | Adrienne Graham      |     |       | REGIOPOLIS-NOTRE DAM | 5                | 5:02.30 | 30:44.00 |
| 20               | 20             | 460        | charlotte kennedy    |     |       | ERNESTOWN S.S.       | 1                | 5:05.46 | 31:03.31 |
| 21               | 21             | 583        | Ann Lambert          |     |       | REGIOPOLIS-NOTRE DAM | 6                | 5:08.66 | 31:22.84 |
| 22               | 22             | 578        | Acacia Gifford       |     |       | REGIOPOLIS-NOTRE DAM | 7                | 5:20.02 | 32:32.15 |
| 23               | 23             | 610        | Rebecca Hillis       |     |       | SYDENHAM             | 3                | 5:20.64 | 32:35.91 |
| 24               | 24             | 565        | Emelia Deguire       |     |       | NAPANEE DISTRICT SS  | 1                | 5:21.39 | 32:40.50 |
| 25               | 25             | 584        | Amanda Molto         |     |       | REGIOPOLIS-NOTRE DAM | 8                | 5:21.93 | 32:43.75 |
| 26               | 26             | 491        | Katie Drover         |     |       | KINGSTON CVI         | 7                | 5:22.98 | 32:50.18 |
| 27               | 27             | 608        | Kayla Battler        |     |       | SYDENHAM             | 4                | 5:38.42 | 34:24.38 |
| 28               | 28             | 577        | McKayla Freeman      |     |       | REGIOPOLIS-NOTRE DAM | 9                | 5:47.80 | 35:21.59 |
| 29               | 29             | 587        | Maria Zarin          |     |       | REGIOPOLIS-NOTRE DAM | 10               | 7:28.19 | 45:33.97 |

## KASSAA XC CHAMPIONSHIPS 2017

Little Cataraqui  
Conservation Area

2017-10-19 - 2017-10-19

**Event # 6 BOYS Senior 6.1km Run**

## Senior Boys

| PLACE | TEAM                 | SCORE | SCORERS     | DISPLACERS      | TOP 4<br>TOTAL | TOP 4<br>AVG/KM | TOP 4<br>AVG | TOP 4<br>SPLIT |
|-------|----------------------|-------|-------------|-----------------|----------------|-----------------|--------------|----------------|
| 1     | KINGSTON CVI         | 25    | 2-3-9-11    | 8-31-32-41-46-5 | 1:23:30        | 4:32.95         | 20:52.55     | 2:28           |
| 2     | FRONTENAC            | 47    | 4-10-12-21  | 23              | 1:26:49        | 4:01.75         | 21:42.17     | 2:43           |
| 3     | LCVI                 | 73    | 7-15-25-26  | 37-38-43        | 1:30:34        | 3:42.72         | 22:38.59     | 2:54           |
| 4     | REGIOPOLIS-NOTRE DAM | 98    | 16-22-27-33 | 34-36-39-54-56  | 1:34:13        | 3:54.49         | 23:33.15     | 2:12           |
| 5     | SYDENHAM             | 108   | 20-24-29-35 | 4-45-47-48-50-5 | 1:35:19        | 5:02.15         | 23:49.87     | 2:33           |

| OVERALL<br>PLACE | SCORE<br>PLACE | BIB<br>NUM | NAME               | AGE | GRADE | TEAM                 | PLACE ON<br>TEAM | AVG/KM  | TIME     |
|------------------|----------------|------------|--------------------|-----|-------|----------------------|------------------|---------|----------|
| 1                | 1              | 571        | Carter Free        |     |       | NAPANEE DISTRICT SS  | 1                | 3:12.99 | 19:37.22 |
| 2                | 2              | 505        | Miles Brackenbury  |     |       | KINGSTON CVI         | 1                | 3:13.16 | 19:38.25 |
| 3                | 3              | 511        | Noah Frymire       |     |       | KINGSTON CVI         | 2                | 3:16.47 | 19:58.44 |
| 4                | 4              | 476        | Jack Rowlatt       |     |       | FRONTENAC            | 1                | 3:17.02 | 20:01.84 |
| 5                | 5              | 483        | Max Taylor         |     |       | HOLY CROSS           | 1                | 3:18.73 | 20:12.28 |
| 6                | 6              | 457        | Konnor Weston      |     |       | BAYRIDGE             | 1                | 3:20.62 | 20:23.81 |
| 7                | 7              | 552        | Chet Moran         |     |       | LCVI                 | 1                | 3:24.85 | 20:49.59 |
| 8                | 8              | 540        | Will Smith         |     |       | LA SALLE S.S.        | 1                | 3:33.05 | 21:39.62 |
| 9                | 9              | 517        | Liam McIlroy       |     |       | KINGSTON CVI         | 3                | 3:34.25 | 21:46.91 |
| 10               | 10             | 468        | Cameron Bruce      |     |       | FRONTENAC            | 2                | 3:34.61 | 21:49.12 |
| 11               | 11             | 525        | Sebastian Valencia |     |       | KINGSTON CVI         | 4                | 3:37.47 | 22:06.59 |
| 12               | 12             | 473        | Brendan Kissick    |     |       | FRONTENAC            | 3                | 3:38.44 | 22:12.47 |
| 13               | 13             | 562        | Aaron Poirier      |     |       | MARIE-RIVIER         | 1                | 3:38.66 | 22:13.84 |
| 14               | 14             | 455        | Alex Hamelinck     |     |       | BAYRIDGE             | 2                | 3:39.10 | 22:16.53 |
| 15               | 15             | 554        | Dallas Steacy      |     |       | LCVI                 | 2                | 3:39.32 | 22:17.84 |
| 16               | 16             | 601        | Matt Rostek        |     |       | REGIOPOLIS-NOTRE DAM | 1                | 3:41.28 | 22:29.81 |
| 17               | 17             | 508        | Harry Clarke       |     |       | KINGSTON CVI         | 5                | 3:41.93 | 22:33.75 |
| 18               | 18             | 527        | Matthew Wilson     |     |       | KINGSTON CVI         | 6                | 3:43.04 | 22:40.56 |
| 19               | 19             | 572        | Jack Peck          |     |       | NAPANEE DISTRICT SS  | 2                | 3:43.15 | 22:41.21 |
| 20               | 20             | 621        | Ryan McLay         |     |       | SYDENHAM             | 1                | 3:43.71 | 22:44.66 |
| 21               | 21             | 475        | Brennan Laidman    |     |       | FRONTENAC            | 4                | 3:43.81 | 22:45.24 |
| 22               | 22             | 606        | Aiden Zabukovec    |     |       | REGIOPOLIS-NOTRE DAM | 2                | 3:47.99 | 23:10.75 |
| 23               | 23             | 466        | Jake Adair         |     |       | FRONTENAC            | 5                | 3:48.22 | 23:12.12 |
| 24               | 24             | 628        | Isaac Sanderson    |     |       | SYDENHAM             | 2                | 3:49.43 | 23:19.53 |
| 25               | 25             | 547        | Joel DeGroote      |     |       | LCVI                 | 3                | 3:53.28 | 23:43.03 |
| 26               | 26             | 548        | Cam Ingo           |     |       | LCVI                 | 4                | 3:53.43 | 23:43.90 |
| 27               | 27             | 591        | Dawson Frost       |     |       | REGIOPOLIS-NOTRE DAM | 3                | 3:54.35 | 23:49.56 |
| 28               | 28             | 481        | Robert Roques      |     |       | HOLY CROSS           | 2                | 3:55.01 | 23:53.56 |
| 29               | 29             | 632        | Rayden Shetler     |     |       | SYDENHAM             | 3                | 3:55.66 | 23:57.53 |
| 30               | 30             | 480        | Emmett Bravakis    |     |       | HOLY CROSS           | 3                | 3:55.83 | 23:58.59 |
| 31               | 31             | 528        | Youssef Zaza       |     |       | KINGSTON CVI         | 7                | 4:00.11 | 24:24.66 |
| 32               | 32             | 520        | Zach O'Grady       |     |       | KINGSTON CVI         | 8                | 4:02.54 | 24:39.50 |
| 33               | 33             | 595        | Matt McConkey      |     |       | REGIOPOLIS-NOTRE DAM | 4                | 4:03.03 | 24:42.47 |
| 34               | 34             | 590        | Nicholas Elliot    |     |       | REGIOPOLIS-NOTRE DAM | 5                | 4:04.74 | 24:52.94 |
| 35               | 35             | 619        | Colin Jones        |     |       | SYDENHAM             | 4                | 4:08.81 | 25:17.75 |
| 36               | 36             | 592        | Robert Lefebvre    |     |       | REGIOPOLIS-NOTRE DAM | 6                | 4:08.94 | 25:18.52 |
| 37               | 37             | 555        | Brock Wylie        |     |       | LCVI                 | 5                | 4:11.34 | 25:33.18 |

**KASSAA XC CHAMPIONSHIPS 2017****Little Cataraqui  
Conservation Area**

2017-10-19 - 2017-10-19

|    |    |     |                     |                      |    |         |                 |
|----|----|-----|---------------------|----------------------|----|---------|-----------------|
| 38 | 38 | 550 | Tim Lee             | LCVI                 | 6  | 4:14.42 | <b>25:51.97</b> |
| 39 | 39 | 593 | Patrick Maier       | REGIOPOLIS-NOTRE DAM | 7  | 4:15.77 | <b>26:00.18</b> |
| 40 | 40 | 616 | Ben Callender       | SYDENHAM             | 5  | 4:15.93 | <b>26:01.15</b> |
| 41 | 41 | 507 | Alex Chan           | KINGSTON CVI         | 9  | 4:18.02 | <b>26:13.91</b> |
| 42 | 42 | 560 | Nick Duguay         | MARIE-RIVIER         | 2  | 4:19.04 | <b>26:20.12</b> |
| 43 | 43 | 549 | Josh Jackson        | LCVI                 | 7  | 4:19.15 | <b>26:20.81</b> |
| 44 | 44 | 623 | Trevor Moore        | SYDENHAM             | 6  | 4:19.67 | <b>26:23.97</b> |
| 45 | 45 | 613 | Jonathan Asselstine | SYDENHAM             | 7  | 4:20.97 | <b>26:31.94</b> |
| 46 | 46 | 506 | Vinnie Brites       | KINGSTON CVI         | 10 | 4:21.19 | <b>26:33.28</b> |
| 47 | 47 | 631 | Dylan Scott         | SYDENHAM             | 8  | 4:22.81 | <b>26:43.15</b> |
| 48 | 48 | 626 | Jack Revell         | SYDENHAM             | 9  | 4:23.13 | <b>26:45.09</b> |
| 49 | 49 | 537 | Mario Gonzalez      | LA SALLE S.S.        | 2  | 4:25.61 | <b>27:00.22</b> |
| 50 | 50 | 624 | Brock Norman        | SYDENHAM             | 10 | 4:28.88 | <b>27:20.18</b> |
| 51 | 51 | 521 | Nathan Pilkey       | KINGSTON CVI         | 11 | 4:34.67 | <b>27:55.47</b> |
| 52 | 52 | 629 | Liam Sands          | SYDENHAM             | 11 | 4:41.51 | <b>28:37.22</b> |
| 53 | 53 | 618 | Jason Dowker        | SYDENHAM             | 12 | 4:42.56 | <b>28:43.62</b> |
| 54 | 54 | 596 | Nathan Nowak        | REGIOPOLIS-NOTRE DAM | 8  | 4:46.39 | <b>29:07.00</b> |
| 55 | 55 | 510 | Ravi Desai          | KINGSTON CVI         | 12 | 5:52.15 | <b>35:48.09</b> |
| 56 | 56 | 605 | Cody Wilson         | REGIOPOLIS-NOTRE DAM | 9  | 5:52.21 | <b>35:48.46</b> |
| 57 | 57 | 558 | Richard Barette     | MARIE-RIVIER         | 3  | 5:56.41 | <b>36:14.12</b> |