

Licensed to EOSSA Association Meet HY-TEK's Meet Manager 2018-04-27 09:47 PM
 Limestone Legacy Meet 2018 - 2018-04-27
 Invista Track, Kingston, Ontario
 2018-04-27
 Results

Girls High Jump Midget

Name	Year School	Finals
Finals		
1 WATSON, ALEXIS	GANANOQUE S.S.	1.48m
2 REYNOLDS, TEGAN	LA SALLE ISS	1.43m
3 SOUTHIN, SOPHIE	THOUSAND ISL	1.30m
4 COX, KEELY	GRANITE RIDGE	1.25m
4 NEILSON, DANIKA	SEAWAY D.H.S.	1.25m
6 WATKINS, SARAH	GRANITE RIDGE	1.20m

Girls Pole Vault Midget

Name	Year School	Finals
1 MARSHALL, SAM	THOUSAND ISL	1.75m
1 BIRNIE, GINGER	THOUSAND ISL	1.75m
1 LEPAGE, JAELYN	THOUSAND ISL	1.75m

Girls Long Jump Midget

Name	Year School	Finals
1 BRUNNER, JESSICA	NAPANEE DIST	4.59m
2 CLARK, KAYLEE	GANANOQUE S.S.	4.53m
3 PARSLow, EMMA	FRONTENAC S.S.	4.17m
4 GROTH, ASHLEY	NAPANEE DIST	4.12m
5 TRAN, LILY	E.S.C. MARIE	4.08m
6 TERPSTRA, MELISSA	HOLY CROSS	4.04m
7 SOUTHIN, SOPHIE	THOUSAND ISL	3.92m
8 RUSSELL, JESSICA	GANANOQUE S.S.	3.77m
9 NEILSON, DANIKA	SEAWAY D.H.S.	3.72m
10 LANDRY, ABBY	LA SALLE ISS	3.66m
11 SCOTT, LEILANI	KINGSTON CVI	3.61m
12 MURUGESU, HAPISHA	CORNWALL CVS	3.50m
13 KENNEY, GRACE	RIDEAU D.H.S.	3.44m
-- WALES, JESSIE	NAPANEE DIST	FOUL

Girls Triple Jump Midget

Name	Year School	Finals
1 WALLACE, TEIGHAN	THOUSAND ISL	10.34m
2 CLARK, KAYLEE	GANANOQUE S.S.	9.65m
3 BRUNNER, JESSICA	NAPANEE DIST	9.50m
4 LOUGHLIN, SERENA	KINGSTON CVI	9.40m
5 PARSLow, EMMA	FRONTENAC S.S.	9.14m
6 EGIDIO-CLUETT, YASMINE	REGI-NOTRE DHS	9.09m
7 GROTH, ASHLEY	NAPANEE DIST	8.74m
8 WATSON, ALEXIS	GANANOQUE S.S.	8.60m
9 TERPSTRA, MELISSA	HOLY CROSS	8.47m
10 HAWKINS, BRYANNA	REGI-NOTRE DHS	8.39m
11 NEILSON, DANIKA	SEAWAY D.H.S.	8.27m
12 SCOTT, LEILANI	KINGSTON CVI	7.99m
13 HIGGINS, ISABEL	REGI-NOTRE DHS	7.87m
14 WALES, JESSIE	NAPANEE DIST	7.77m
15 WATKINS, SARAH	GRANITE RIDGE	7.65m
16 KENNEY, GRACE	RIDEAU D.H.S.	7.63m
17 DONALDSON, ALI	RIDEAU D.H.S.	7.57m

Girls Shot Put Midget

Name	Year School	Finals
1 ORIECUA, ALEXA	REGI-NOTRE DHS	9.77m
2 SWAINE, EMILY	BAYRIDGE S.S.	9.06m
3 VANHUMBECK, MACKIE	REGI-NOTRE DHS	8.56m
4 GUIGUE, GRACE	GRANITE RIDGE	8.50m
5 FERGUSON, AUTUMN	RIDEAU D.H.S.	8.44m
6 WALLACE, KALEIGH	THOUSAND ISL	8.40m
7 SOULE, MACKENZIE	BROCKVILLE C.I.	8.27m
8 KENNY, EMMA	GANANOQUE S.S.	8.07m
9 AIRHART, EMILY	REGI-NOTRE DHS	7.89m
10 GIBBONS, ERIN	SEAWAY D.H.S.	7.70m
11 JACKSON, MAIRINA	GRANITE RIDGE	7.49m

12	BEATTIE, ABBY	GRANITE RIDGE	7.47m
13	TRTIK, NIKYLA	ALMONTE DIST	7.32m
14	PHIN, JERSEY	SYDENHAM H.S.	7.21m
15	BRAMMALL, KAITLYN	CORNWALL CVS	7.14m
16	QUESNEL, JESSI	KINGSTON CVI	6.50m
16	HARROP, AMBER	CORNWALL CVS	6.50m
18	RIDDELL, HEIDI	GRANITE RIDGE	6.23m
19	KARRAS, MARGO	RIDEAU D.H.S.	5.42m

Girls Discus Throw Midget

Name	Year	School	Finals
1	SWAINE, EMILY	BAYRIDGE S.S	21.49m
2	HUMBECK, MACKIE	KINGSTON CVI	20.88m
3	GUIGUE, GRACE	GRANITE RIDGE	19.14m
4	GIBBONS, ERIN	SEAWAY D.H.S.	18.70m
5	ORIECUA, ALEXA	REGI-NOTRE DHS	18.48m
6	AIRHART, EMILY	REGI-NOTRE DHS	18.31m
7	JACKSON, MAIRINA	GRANITE RIDGE	17.02m
8	DONNELLY, AALIYAH	REGI-NOTRE DHS	15.10m
9	PUTNAM, ANNIKA	GRANITE RIDGE	14.43m
10	COLLINS, AVERY	REGI-NOTRE DHS	14.38m
11	PHIN, JERSEY	SYDENHAM H.S.	14.22m
12	SOULE, MACKENZIE	BROCKVILLE C.I.	13.93m
13	HARROP, AMBER	CORNWALL CVS	13.82m
14	RIDDELL, HEIDI	GRANITE RIDGE	11.82m

Girls High Jump Junior

Name	Year	School	Finals
1	JONES, ABBY	THOUSAND ISL	1.50m
2	MORROW, MEGAN	NAPANEE DIST	1.40m

Girls Pole Vault Junior

Name	Year	School	Finals
1	MCKENNA, GRACE	BAYRIDGE S.S	2.20m
2	MCKENZIE, CAELYN	FRONTENAC S.S.	J2.20m
3	GILBERT, ANICA	KINGSTON CVI	1.90m
4	BLANCHER, LEAH	FRONTENAC S.S.	J1.90m
--	TAYLOR, ELLA	THOUSAND ISL	NH

Girls Long Jump Junior

Name	Year	School	Finals
1	HALE, JESSE	HOLY CROSS	4.46m
2	READ, ELAINA	CORNWALL CVS	4.41m
3	STONESS, HANNAH	KINGSTON CVI	4.37m
4	MCKENZIE, CAELYN	FRONTENAC S.S.	4.22m
5	BEY, LISA	CORNWALL CVS	4.20m
6	BLANCHER, LEAH	FRONTENAC S.S.	J4.20m
7	HUNTER, ANU	BROCKVILLE C.I.	4.18m
8	KITCHEN, SAGE	I.E. WELDON	4.15m
9	SWINTON, GRACE	SYDENHAM H.S.	4.14m
9	MORRISEY, MARILLA	FRONTENAC S.S.	4.14m
11	DWANE, ABBY	BAYRIDGE S.S	4.07m
12	LAVOIE, SARAH	KINGSTON CVI	3.74m
13	SWAIN, ERIN	I.E. WELDON	3.65m
14	LEIGHTON, ASHLEY	RIDEAU D.H.S.	3.42m
15	STEACY, PAYTON	RIDEAU D.H.S.	3.34m

Girls Triple Jump Junior

Name	Year	School	Finals
1	HALE, JESSE	HOLY CROSS	10.06m
2	JONES, ABBY	THOUSAND ISL	9.68m
3	READ, ELAINA	CORNWALL CVS	9.46m
4	MORRISEY, MARILLA	FRONTENAC S.S.	9.06m
5	SWINTON, GRACE	SYDENHAM H.S.	8.79m
6	STEACY, PAYTON	RIDEAU D.H.S.	8.28m

Girls Shot Put Junior

Name	Year	School	Finals
1	BURBRIDGE, CHELSEA	THOUSAND ISL	10.26m
2	STEACY, PAYTON	RIDEAU D.H.S.	8.85m
3	BENEDICT, TYRA	CORNWALL CVS	8.57m

4	KEELING, MARIAH	NAPANEE DIST	8.27m
5	KILLEEN, ABBY	ALMONTE DIST	8.07m
6	COX, TEAGAN	GRANITE RIDGE	7.88m
7	PERRIN, JESS	I.E. WELDON	7.45m
8	WELSH, AINSLEY	THOUSAND ISL	6.67m
9	DELANEY, HANNAH	GANANOQUE S.S.	6.41m
10	CHOUDHRY, AREEBA	CORNWALL CVS	5.61m

Girls Discus Throw Junior

Name	Year	School	Finals
1	PERRIN, JESS	I.E. WELDON	18.88m
2	COX, TEAGAN	GRANITE RIDGE	18.30m
3	KILLEEN, ABBY	ALMONTE DIST	17.71m
4	BURBRIDGE, CHELSEA	THOUSAND ISL	17.28m
5	WELSH, AINSLEY	THOUSAND ISL	16.58m

Girls High Jump Senior

Name	Year	School	Finals
1	CAMERON, EMILY	FRONTENAC S.S.	1.50m
2	MUIR, LEAH-ANNE	GRANITE RIDGE	1.45m

Girls Pole Vault Senior

Name	Year	School	Finals
1	FOREMAN-WILLMS, ANNA	KINGSTON CVI	2.35m
2	HOWES, MORGAN	GRANITE RIDGE	1.75m

Girls Long Jump Senior

Name	Year	School	Finals
1	LANGELIER, ASHLEY	CORNWALL CVS	5.26m
2	DUNDON, MEGAN	ERNESTOWN S.S.	5.02m
3	CAMERON, EMILY	FRONTENAC S.S.	4.65m
4	CLARKE, BRY	GANANOQUE S.S.	3.94m
5	SILVA, LISA	GRANITE RIDGE	3.82m
6	MASHAMBA, DEBORAH	REGI-NOTRE DHS	3.81m
7	BARNHARDT, JULENEA	SEAWAY D.H.S.	3.75m
8	HOLT, PHOENIX	ALMONTE DIST	3.61m
9	JEFFRIES, TAYLOR	LA SALLE ISS	3.41m
10	DUNHAM, MEGAN	GRANITE RIDGE	3.40m

Girls Triple Jump Senior

Name	Year	School	Finals
1	CAMPBELL, SYDNEY	KINGSTON CVI	10.57m
2	DUNDON, MEGAN	ERNESTOWN S.S.	10.42m
3	CAMERON, EMILY	FRONTENAC S.S.	10.02m
4	DUNHAM, MEGAN	GRANITE RIDGE	8.14m
5	CLARKE, BRY	GANANOQUE S.S.	8.05m
6	JEFFRIES, TAYLOR	LA SALLE ISS	7.92m

Girls Shot Put Senior

Name	Year	School	Finals
1	HIEMSTRA, CHELSEA	LA SALLE ISS	10.17m
2	SEBRANGO, GABBY	GANANOQUE S.S.	9.94m
3	FAWCETT, EMILY	HOLY CROSS	9.87m
4	BAKER, MARY	REGI-NOTRE DHS	9.41m
5	O'NEIL, BRIANNA	SEAWAY D.H.S.	8.56m
6	SCOTT, DESTINY	REGI-NOTRE DHS	8.47m
7	BEDARD, SOPHIE	BAYRIDGE S.S.	8.45m
8	WRAY, MACKENZIE	I.E. WELDON	7.84m
9	FROST, MARY	KINGSTON CVI	6.37m
10	MUNRO, OLIVIA	ALMONTE DIST	6.25m
11	HART, CHLOE	SEAWAY D.H.S.	6.08m
12	CLOW, BRIANNA	SYDENHAM H.S.	4.85m
13	SEARS, MARY	SYDENHAM H.S.	4.30m

Girls Discus Throw Senior

Name	Year	School	Finals
1	FAWCETT, EMILY	HOLY CROSS	31.31m
2	SEBRANGO, GABBY	GANANOQUE S.S.	28.09m
3	BAKER, MARY	REGI-NOTRE DHS	27.26m

4	HUMMEL, TRISTAN	SEAWAY D.H.S.	25.05m
5	SCOTT, DESTINY	REGI-NOTRE DHS	23.05m
6	WRAY, MACKENZIE	I.E. WELDON	22.78m
7	O'NEIL, BRIANNA	SEAWAY D.H.S.	22.21m
8	BEDARD, SOPHIE	BAYRIDGE S.S	20.81m
9	HART, CHLOE	SEAWAY D.H.S.	20.36m
10	HOWES, TANGIE	GRANITE RIDGE	18.95m
11	MUNRO, OLIVIA	ALMONTE DIST	18.22m
12	HIEMSTRA, CHELSEA	LA SALLE ISS	17.03m
13	ASSELSTINE, AMBER	GRANITE RIDGE	16.79m
14	SPRONK, ZOE	KINGSTON CVI	16.72m
15	HOLT, PHOENIX	ALMONTE DIST	15.59m
16	FROST, MARY	KINGSTON CVI	15.33m
17	FERGUSON, JESSIE MAE	GRANITE RIDGE	13.89m
18	BARTON, CAILYN	NAPANEE DIST	13.50m
19	HALE-GREGORY, TAYLOR	REGI-NOTRE DHS	13.00m

Boys High Jump Midget

Name	Year	School	Finals
1	HENRY, AIDAN	THOUSAND ISL	1.75m
2	WOOD, MORGAN	SYDENHAM H.S.	1.60m
3	RAYNER, DEVON	GANANOQUE S.S.	J1.60m
4	DUNHAM, BRAYDAN	GRANITE RIDGE	J1.60m
5	TIBBEN, ADAM	SEAWAY D.H.S.	1.55m
5	BOWERS, SKYLAR	KINGSTON CVI	1.55m
6	SEDGWICK, TOM	KINGSTON CVI	J1.55m
7	BLOHM, JOACHIM	E.S.C. MARIE	J1.45m
8	BARON, DEVYN	KINGSTON CVI	1.45m

Boys Pole Vault Midget

Name	Year	School	Finals
1	WHITE, EMMETT	CARLETON PLACE	1.90m

Boys Long Jump Midget

Name	Year	School	Finals
1	DEUGO, PARKER	ALMONTE DIST	5.39m
2	KNAPP, TOMMY	GANANOQUE S.S.	5.26m
3	RAYNER, DEVON	GANANOQUE S.S.	5.22m
4	FLEGAL, JACK	REGI-NOTRE DHS	5.18m
5	LOGAN, STUART	BAYRIDGE S.S	5.01m
6	TIBBEN, ADAM	SEAWAY D.H.S.	4.75m
6	TRAN, JORDAN	LOYALIST C.V	4.75m
8	MEI, TAKOE	LOYALIST C.V	4.72m
9	BUTCHART, JARED	REGI-NOTRE DHS	4.61m
10	REID, MICHAEL	BAYRIDGE S.S	4.59m
11	WOODHOUSE, ALEX	I.E. WELDON	4.57m
12	CHRISTIAN, JEFF	NORTH GRENVILLE	4.51m
13	SEITZ, BRODY	FRONTENAC S.S.	4.46m
14	BLANCHARD, DAKOTA	THOUSAND ISL	4.45m
15	STREIGHT, KEVIN	NORTH GRENVILLE	4.43m
16	OUELLET, LOU	E.S.C. MARIE	4.25m
17	BURNS, SILAS	RIDEAU D.H.S.	4.23m
18	SERSON, BROCK	GANANOQUE S.S.	4.14m
19	MOUNCEY, CARTER	SYDENHAM H.S.	4.09m
20	HALEY, VINCENT	NORTH GRENVILLE	3.97m
21	BANTING, CONNOR	BAYRIDGE S.S	3.89m
22	SMYTH, KIERNAN	NORTH GRENVILLE	3.78m
23	MACVICAR, CAULIN	REGI-NOTRE DHS	3.75m
24	SKEPPLE, ATLEY	ALMONTE DIST	3.66m

Boys Triple Jump Midget

Name	Year	School	Finals
1	RAYNER, DEVON	GANANOQUE S.S.	11.05m
2	MEI, TAKOE	LOYALIST C.V	10.83m
3	LOGAN, STUART	BAYRIDGE S.S	10.60m
4	BUTCHART, JARED	REGI-NOTRE DHS	10.42m
5	REID, MICHAEL	BAYRIDGE S.S	10.23m
6	TRAN, JORDAN	LOYALIST C.V	10.10m
7	BANKS, RYLAN	RIDEAU D.H.S.	9.97m
8	BANTING, CONNOR	BAYRIDGE S.S	9.64m
9	COATES, DINO	GANANOQUE S.S.	9.09m
10	SKEPPLE, ATLEY	ALMONTE DIST	8.54m
11	BURNS, SILAS	RIDEAU D.H.S.	8.47m
--	GARRAH, BRADLEY	GANANOQUE S.S.	FOUL

Boys Shot Put Midget

Name	Year	School	Finals
1 OSBOURNE, ZAC		SYDENHAM H.S.	12.45m
2 DELORME, JAYDEN		THOUSAND ISL	10.93m
3 BANKS, RYLAN		RIDEAU D.H.S.	10.84m
4 MAYHEW, COLIN		GANANOQUE S.S.	10.56m
5 DONCASTER, WILLIAM		BROCKVILLE C.I.	10.37m
6 LEROY, BRODIE		GANANOQUE S.S.	10.36m
7 KIZELL, WILLIAM		BROCKVILLE C.I.	9.60m
8 GRISWOLD, ALEX		BAYRIDGE S.S	8.77m
9 DAVEY, ANTHONY		GANANOQUE S.S.	8.46m
10 LYONS, JOSH		BAYRIDGE S.S	7.07m
11 BRIGHT, THOMAS		RIDEAU D.H.S.	6.42m
12 LATTONIO, MARCO		REGI-NOTRE DHS	6.25m

Boys Discus Throw Midget

Name	Year	School	Finals
1 OSBOURNE, ZAC		SYDENHAM H.S.	34.22m
2 ALTON, QUINTIN		SYDENHAM H.S.	33.48m
3 KIZELL, WILLIAM		BROCKVILLE C.I.	32.59m
4 SNIDER, BEN		SYDENHAM H.S.	32.27m
5 LEROY, BRODIE		GANANOQUE S.S.	25.53m
6 OTTEN, CARTER		QUINTE CHRISTIAN	18.97m
7 LATTONIO, MARCO		REGI-NOTRE DHS	18.28m
8 MAYHEW, COLIN		GANANOQUE S.S.	17.30m
9 DONCASTER, WILLIAM		BROCKVILLE C.I.	14.94m

Boys High Jump Junior

Name	Year	School	Finals
1 BIANCHET, ANTHONY		KINGSTON CVI	1.78m
2 MCGREGOR, MASON		GANANOQUE S.S.	1.60m
3 WHITE, DAXON		CARLETON PLACE	J1.60m
4 GATES, MARTIN		RIDEAU D.H.S.	1.55m
5 BOTTIGONI, ZACK		BROCKVILLE C.I.	1.50m
6 HAWLEY, ALEX		GRANITE RIDGE	1.45m

Boys Pole Vault Junior

Name	Year	School	Finals
1 KNAPP, WYATT		THOUSAND ISL	3.15m
2 BIANCHET, ANTHONY		KINGSTON CVI	3.05m
3 CHARMAN, JACKSON		THOUSAND ISL	2.65m
4 LOWE, CAMERON		CORNWALL CVS	2.35m

Boys Long Jump Junior

Name	Year	School	Finals
1 MARCHAND, MARC		I.E. WELDON	5.60m
2 CHARMAN, JACKSON		THOUSAND ISL	5.48m
3 MCGREGOR, MASON		GANANOQUE S.S.	5.38m
4 ROONEY, NOAH		NAPANEE DIST	5.12m
5 RUNDLE, ISAAC		KINGSTON CVI	5.09m
6 FERNANDES, TRISTAN		REGI-NOTRE DHS	5.07m
7 DUBE, JEREMY		REGI-NOTRE DHS	5.01m
8 DUVAL, KYLE		E.S.C. MARIE	J5.01m
9 WHITE, DAXON		CARLETON PLACE	4.92m
10 LELAND, KALEM		NORTH GRENVILLE	4.78m
11 ANGEL, TRAVIS		NAPANEE DIST	4.76m
12 HEYMAN, JESSIE		BAYRIDGE S.S	4.63m
13 RICKETTS, COLIN		KINGSTON CVI	4.49m
14 LUTZ, DYLAN		BROCKVILLE C.I.	4.11m
15 RENWICK, BEN		GANANOQUE S.S.	3.51m
16 WEST, DEVLYN		REGI-NOTRE DHS	2.90m
17 GWYNNE-TIMOTHY, JOHN		REGI-NOTRE DHS	2.74m

Boys Triple Jump Junior

Name	Year	School	Finals
1 MCGREGOR, MASON		GANANOQUE S.S.	11.67m
2 CHARMAN, JACKSON		THOUSAND ISL	11.32m
3 ROONEY, NOAH		NAPANEE DIST	11.01m

Boys Shot Put Junior

Name	Year	School	Finals
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Name	Year School	Finals
1 BOTTIGONI, ZACK	BROCKVILLE C.I.	11.58m
2 SERSON, JORDAN	THOUSAND ISL	11.14m
3 FREITAS, ANTHONY	REGI-NOTRE DHS	10.67m
4 ROADHART, AARON	BAYRIDGE S.S	10.63m
5 KIRKLAND, CAMERON	QUINTE CHRISTIAN	10.33m
6 HONSINGER, LIAM	GANANOQUE S.S.	9.59m
7 WISSINK, RILEY	ALMONTE DIST	9.41m
8 LEROY, SILAS	ALMONTE DIST	9.31m
9 GUTIERREZ, CARTER	THOUSAND ISL	8.63m
10 HABERER, JOSH	KINGSTON CVI	8.51m
11 CONWAY, DAVID	NORTH GRENVILLE	8.26m

Boys Discus Throw Junior

Name	Year School	Finals
1 KIRKLAND, CAMERON	QUINTE CHRISTIAN	34.34m
2 ROADHART, AARON	BAYRIDGE S.S	33.40m
3 THOMPSON, BLAYNE	GRANITE RIDGE	29.05m
4 SERSON, JORDAN	THOUSAND ISL	28.44m
5 GUTIERREZ, CARTER	THOUSAND ISL	27.62m
6 REID, BRONSON	ALMONTE DIST	27.34m
7 WISSINK, RILEY	ALMONTE DIST	26.76m
8 LEROY, SILAS	ALMONTE DIST	26.75m
9 RICHARDS, JAKE	SYDENHAM H.S.	23.42m
10 HABERER, JOSH	KINGSTON CVI	20.65m
11 KNEPPERT, LOICK	KINGSTON CVI	20.05m
12 HONSINGER, LIAM	GANANOQUE S.S.	15.20m

Boys High Jump Senior

Name	Year School	Finals
1 OLAK, BENNY	THOUSAND ISL	1.90m
2 HAWKINS, BRETT	RIDEAU D.H.S.	J1.90m
3 BRADY, JON	SMITHS FALLS	1.80m
4 CAIRD, MATT	SYDENHAM H.S.	1.75m
5 COLLIER, JADEN	SYDENHAM H.S.	J1.75m
5 EMMONS, JACKSON	GRANITE RIDGE	J1.55m
7 CURRIE, TIERNAN	CARLETON PLACE	J1.55m
8 PATERSON, KARSTEN	SYDENHAM H.S.	J1.55m
9 DOUCET, EVAN	GANANOQUE S.S.	1.50m

Boys Pole Vault Senior

Name	Year School	Finals
1 SEGUIN, BRENNAN	CHAR LAN	4.20m
2 STRENG, JOSH	CARLETON PLACE	3.60m
3 FORD, CASHMEN	CARLETON PLACE	3.45m
4 CHARTRAND, ANDREW	THOUSAND ISL	3.25m
5 FORD, WES	ALMONTE DIST	3.05m
6 VAN HOFWEGEN, ADAM	CARLETON PLACE	J3.05m
7 EMMONS, JACKSON	GRANITE RIDGE	J3.05m

Boys Long Jump Senior

Name	Year School	Finals
1 SNIDER, MAVRICK	BAYRIDGE S.S	6.38m
2 OLAK, BENNY	THOUSAND ISL	5.93m
3 NEWELL, BROCK	I.E. WELDON	5.90m
4 PAUL, CERWYN	KINGSTON CVI	5.72m
5 PETERS, DAMON	FRONTENAC S.S.	5.71m
6 PERO, AARON	SYDENHAM H.S.	5.54m
7 PATTERSON, KARSTEN	SYDENHAM H.S.	5.52m
8 FERGUSON, SCOTT	RIDEAU D.H.S.	5.45m
9 HASKINS, ISAAC	SMITHS FALLS	5.38m
10 ENGEN, ROWAN	KINGSTON CVI	5.31m
10 JACKSON, CURTIS	GANANOQUE S.S.	5.31m
12 MCLARRY, JORDAN	QUINTE CHRISTIAN	5.16m
13 GOLDVASSER, MISHEL	KINGSTON CVI	5.10m
13 AN, JOEY	KINGSTON CVI	5.10m
15 CHARTRAND, ANDREW	THOUSAND ISL	5.08m
16 COMMODORE, ZACK	GRANITE RIDGE	4.82m
17 COLLINS, JOHN	GRANITE RIDGE	4.78m
18 SPIES, ADAM	REGI-NOTRE DHS	4.72m
19 DALGLISH, LACHLANN	REGI-NOTRE DHS	4.68m
20 SERGEANT, JAYDEN	GRANITE RIDGE	4.66m
21 SARKODIE, ISHY	LOYALIST C.V	4.65m
22 LOWE, LIAM	ERNESTOWN S.S.	4.57m

23	ASSELSTINE, JONATHAN	SYDENHAM H.S.	4.46m
23	DOUCET, EVAN	GANANOQUE S.S.	4.46m
25	VOUT, DALLAS	BROCKVILLE C.I.	4.00m
26	PATRICK, ETHAN	CORNWALL CVS	3.74m
27	DIMOGLOU, MICHAEL	I.E. WELDON	3.48m
28	KEHOE-RUTTAN, J.P.	ERNESTOWN S.S.	2.81m
--	CREARY, PATRICK	I.E. WELDON	FOUL

Boys Triple Jump Senior

Name	Year	School	Finals
1	SNIDER, MAVRICK	BAYRIDGE S.S.	13.68m
2	OLAK, BEN	THOUSAND ISL	13.65m
3	BRADY, JON	SMITHS FALLS	12.76m
4	PETERS, DAMON	FRONTENAC S.S.	12.64m
5	PAUL, CERWYN	KINGSTON CVI	12.06m
6	DOE, MOO EH	LOYALIST C.V	11.72m
7	NEWELL, BROCK	I.E. WELDON	11.45m
8	JACKSON, CURTIS	GANANOQUE S.S.	11.07m
9	ENGEN, ROWAN	KINGSTON CVI	10.64m
10	SERGEANT, JAYDEN	GRANITE RIDGE	10.57m
11	COMMODORE, ZACK	GRANITE RIDGE	10.56m
12	AN, JOEY	KINGSTON CVI	10.40m
13	ZAIDI, ALI	KINGSTON CVI	9.96m
--	MCLARRY, JORDAN	QUINTE CHRISTIAN	FOUL
--	COLLINS, JOHN	GRANITE RIDGE	FOUL
--	WYLIE, BROCK	LOYALIST C.V	FOUL
--	FERGUSON, SCOTT	RIDEAU D.H.S.	FOUL
--	HASKINS, ISAAC	SMITHS FALLS	FOUL

Boys Shot Put Senior

Name	Year	School	Finals
1	VREUGDENHIL, FRANK	QUINTE CHRISTIAN	15.17m
2	DEIR, ZACH	LOYALIST C.V	14.97m
3	PELEHOS, ZACK	GANANOQUE S.S.	13.63m
4	DIMOGLOU, MICHAEL	I.E. WELDON	12.62m
5	CANTARUTTI, JOEY	HOLY CROSS	12.10m
6	DESARMIA, EVAN	FRONTENAC S.S.	11.56m
7	MCGRATH, DAWSON	ALMONTE DIST	11.01m
8	SNIDER, MAX	SYDENHAM H.S.	10.96m
9	MACEY, BRENNAN	GANANOQUE S.S.	10.41m
10	RICHARDS, SCOTTY	SYDENHAM H.S.	10.01m
11	PEDERSON, NOAH	SYDENHAM H.S.	9.98m
12	CHARBONNEAU, SAM	CORNWALL CVS	8.05m
13	CHOI, TED	BAYRIDGE S.S.	7.57m

Boys Discus Throw Senior

Name	Year	School	Finals
1	VREUGDENHIL, FRANK	QUINTE CHRISTIAN	43.94m
2	DEIR, ZACH	LOYALIST C.V	39.97m
3	SNIDER, MAX	SYDENHAM H.S.	33.80m
4	DESARMIA, EVAN	FRONTENAC S.S.	27.85m
5	RICHARDS, SCOTTY	SYDENHAM H.S.	27.36m
6	KASSERRA, MIKE	SYDENHAM H.S.	27.22m
7	MACEY, BRENNAN	GANANOQUE S.S.	25.97m
8	MCGRATH, DAWSON	ALMONTE DIST	22.61m
9	CHARBONNEAU, SAM	CORNWALL CVS	20.53m
10	CHOI, TED	BAYRIDGE S.S.	18.99m
11	PATRICK, ETHAN	CORNWALL CVS	17.96m