

## 2013 KRRA Limestone Mile

Kingston, Ontario

1/7/13 - 1/7/13

Results by [www.runningbydesign.ca](http://www.runningbydesign.ca)**Event # 1 MIXED J. MILE 1Mile Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	Stephen O'Meara	11 M JUN		325	6:07.60	9:51.59	6:07.6
2	Trov Legg	13 M JUN		235	6:08.70	9:53.37	6:08.7
3	Xavier Chabot	13 M JUN		244	6:11.90	9:58.52	6:11.9
4	Che Breadner	10 M JUN		258	6:14.40	10:02.54	6:14.4
5	Geoffrey Blackwell	12 M JUN		302	6:18.90	10:09.78	6:18.9
6	Christopher Kerstens	9 M JUN		295	6:19.30	10:10.42	6:19.3
7	Chet Moran	12 M JUN		319	6:36.50	10:38.10	6:36.5
8	Aidan Tulk	10 M JUN		282	6:39.40	10:42.77	6:39.4
9	Justin Walker	9 M JUN		289	6:43.70	10:49.69	6:43.7
10	Sam Ravner	9 M JUN		237	6:50.20	11:00.15	6:50.2
11	Mark Ballantvne	12 M JUN		313	6:56.40	11:10.13	6:56.4
12	Scott Legg	9 M JUN		234	7:10.70	11:33.14	7:10.7
13	Huw Davies-Phinnev	10 M JUN		267	7:12.40	11:35.88	7:12.4
14	Reid Hopkins	9 M JUN		307	7:14.60	11:39.42	7:14.6
15	Nicholas Langford	12 M JUN		326	7:20.30	11:48.59	7:20.3
16	Bill McIlrov	8 M JUN		320	7:24.20	11:54.87	7:24.2
17	Ann Lambert	11 F JUN		201	7:26.70	11:58.89	7:26.7
18	Lauren Walker	8 F JUN		328	7:28.30	12:01.47	7:28.3
19	Nicole Vallier	9 F JUN		241	7:29.30	12:03.08	7:29.3
20	Kieran McAllister	9 M JUN		223	7:31.00	12:05.81	7:31.0
21	Emilv Parsons	10 F JUN		269	7:36.60	12:14.83	7:36.6
22	Alora Peever	10 F JUN		301	7:37.60	12:16.44	7:37.6
23	Chloe Rook	9 F JUN		297	7:46.30	12:30.44	7:46.3
24	Evan Jov	8 M JUN		274	7:48.60	12:34.14	7:48.6
25	Blake Conod	7 M JUN		214	7:58.80	12:50.55	7:58.8
26	Kylie Mosgrove	10 F JUN		300	8:05.70	13:01.66	8:05.7
27	Charles Parsons	11 M JUN		270	8:07.80	13:05.04	8:07.8
28	Jack Sheppard	8 M JUN		211	8:08.90	13:06.81	8:08.9
29	Ella Koolen	7 F JUN		318	8:09.90	13:08.42	8:09.9
30	Caleb Rook	7 M JUN		298	8:10.90	13:10.03	8:10.9
31	Peia Middaugh	9 F JUN		294	8:12.40	13:12.44	8:12.4
32	Joshua Langford	7 M JUN		324	8:18.50	13:22.26	8:18.5
33	Miri Lambert	9 F JUN		202	8:38.10	13:53.80	8:38.1
34	Ashlev Langford	10 F JUN		323	8:39.00	13:55.25	8:39.0
35	Kenan Bent	10 M JUN		257	8:42.30	14:00.56	8:42.3
36	Annie McIlrov	11 F JUN		321	8:43.10	14:01.85	8:43.1
37	Elizabeth Chabot	10 F JUN		243	8:44.30	14:03.78	8:44.3
38	Andrew McIlrov	6 M JUN		322	8:44.60	14:04.26	8:44.6
39	Willow Breadner	6 F JUN		259	9:05.40	14:37.74	9:05.4
40	Brooke Saunders-Lambert	11 F JUN		263	9:12.50	14:49.16	9:12.5
41	Dylan Jov	5 M JUN		275	9:13.80	14:51.25	9:13.8
42	Haley Kombargi	9 F JUN		221	10:06.20	16:15.58	10:06.2
43	Abi Faucette	6 F JUN		227	10:09.50	16:20.90	10:09.5
44	Amelia Ravner	7 F JUN		238	10:10.70	16:22.83	10:10.7
45	Claire Meers	7 F JUN		329	10:27.10	16:49.22	10:27.1
46	Hunter Cosman	4 M JUN		225	10:28.60	16:51.63	10:28.6
47	Owen McDowell	9 M JUN		304	10:29.50	16:53.08	10:29.5
48	Dannan McDowell	5 M JUN		309	10:30.10	16:54.05	10:30.1
49	Blair Conod	5 F JUN		215	10:31.00	16:55.50	10:31.0
50	Isaac Saunders-Lambert	9 M JUN		265	10:41.40	17:12.23	10:41.4

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Bib</b>	<b>Avg per K</b>	<b>Avg per MI</b>	<b>Time</b>
51	William Kerr	3 M	JUN	311	11:14.90	18:06.15	11:14.9
52	Madeline Kerr	3 F	JUN	312	11:35.10	18:38.66	11:35.1
53	Stephanie Marchio	4 F	JUN	285	11:41.80	18:49.44	11:41.8
54	Chloe Cathcart	6 F	JUN	254	11:48.30	18:59.90	11:48.3
55	Emilv Meers	7 F	JUN	331	11:49.30	19:01.51	11:49.3
56	Emilv Kerckhoff	5 F	JUN	283	11:50.50	19:03.44	11:50.5
57	Ava MacKenzie	4 F	JUN	266	11:56.00	19:12.29	11:56.0
58	Anna Dinaolo	6 F	JUN	273	12:04.60	19:26.13	12:04.6
59	Evan Dinaolo	4 M	JUN	272	12:17.50	19:46.89	12:17.5
60	Ben Kooler	5 M	JUN	317	12:19.10	19:49.47	12:19.1
61	Claire Lupenette	4 F	JUN	239	12:24.90	19:58.80	12:24.9
62	Katie Kerr	2 F	JUN	310	12:27.70	20:03.31	12:27.7
63	Garrett Hopkins	5 M	JUN	306	13:15.50	21:20.23	13:15.5
64	Mason Cathcart	4 M	JUN	255	14:04.60	22:39.25	14:04.6
65	Simon Breadner	1 M	JUN	260	16:45.40	26:58.03	16:45.4
66	Raina Cosman	2 F	JUN	224	16:51.00	27:07.05	16:51.0
67	Sophie Saunders-Lambert	7 F	JUN	264	23:50.00	38:21.36	23:50.0