

## 2017 Limestone Mile

KRRR

01/07/2017

1/7/17 - 1/7/17

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 3 MENS 1Mile Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	Mitchell Kirby	M 20	381	MEN	2:47.6	4:29.8	4:29.88
2	Rob Asselstine	M 25	1211	MEN	2:49.7	4:33.1	4:33.18
3	Eric Wynands	M 22	1212	MEN	2:52.0	4:36.9	4:36.94
4	Miles Brackenbury	M 16	1299	MEN	2:54.6	4:41.0	4:41.06
5	Konner Weston	M 17	385	MEN	2:54.8	4:41.3	4:41.34
6	Billy Bostad	M 27	1219	MEN	3:00.2	4:50.0	4:50.09
7	Scott Wilkes	M 38	1373	MEN	3:02.1	4:53.0	4:53.09
8	Robert Talarico	M 23	383	MEN	3:02.5	4:53.7	4:53.78
9	Jeff Mountjoy	M 27	1367	MEN	3:03.0	4:54.6	4:54.65
10	Chris Hague	M 28	1394	MEN	3:04.9	4:57.5	4:57.59
11	Jason Lloyd	M 42	1216	MEN	3:06.4	5:00.1	5:00.12
12	Brant Stachel	M 26	231	MEN	3:06.7	5:00.5	5:00.50
13	Kevin Dunbar	M 42	365	MEN	3:07.7	5:02.1	5:02.18
14	Alexander Wordley	M 37	1385	MEN	3:08.4	5:03.2	5:03.24
15	Tim Gillespie	M 39	1304	MEN	3:12.2	5:09.4	5:09.44
16	Cameron Bruce	M 16	1257	MEN	3:13.0	5:10.6	5:10.69
17	Tim Blackwell	M 44	236	MEN	3:13.2	5:10.9	5:10.96
18	Ian Shelton	M 37	1209	MEN	3:13.7	5:11.8	5:11.89
19	Reid Hopkins	M 13	228	MEN	3:15.4	5:14.4	5:14.47
20	Kevin Webster	M 49	1265	MEN	3:16.0	5:15.5	5:15.52
21	Mike Mackett	M 26	1396	MEN	3:18.0	5:18.7	5:18.78
22	Ryan Dorsey	M 30	1366	MEN	3:18.7	5:19.9	5:19.90
23	Lucas Tulk	M 17	1300	MEN	3:19.4	5:21.0	5:21.00
24	Alexandre Voinot	M 30	1371	MEN	3:20.0	5:22.0	5:22.00
25	Wayne Rice	M 54	1384	MEN	3:20.7	5:23.0	5:23.09
26	Allan Roberts	M 40	1390	MEN	3:21.7	5:24.6	5:24.69
27	Mark Kerr	M 36	1260	MEN	3:22.3	5:25.5	5:25.59
28	Jeff Sheppard	M 25	384	MEN	3:28.3	5:35.2	5:35.25
29	Jude Thusiar	M 21	1266	MEN	3:28.4	5:35.5	5:35.50
30	Che Breadner	M 14	1364	MEN	3:29.2	5:36.7	5:36.72
31	Kevin Armstrong	M 54	1214	MEN	3:29.4	5:37.1	5:37.12
32	Tyler Rider	M 46	234	MEN	3:29.8	5:37.6	5:37.65
33	Dalton Cote	M 52	1210	MEN	3:30.0	5:38.0	5:38.09
34	Neil Hopkins	M 46	229	MEN	3:30.3	5:38.6	5:38.60
35	Mike Parkes	M 42	1258	MEN	3:31.3	5:40.1	5:40.15
36	Paul Cehan	M 53	1378	MEN	3:32.5	5:42.0	5:42.02
37	Jakob Tulk	M 15	1301	MEN	3:33.7	5:44.0	5:44.07
38	Aaron Siller	M 32	1296	MEN	3:34.4	5:45.1	5:45.17
39	Luis Paico-Avilez	M 33	1368	MEN	3:36.5	5:48.5	5:48.50
40	Donald Bedard	M 43	1218	MEN	3:36.7	5:48.9	5:48.90
41	Robert Roques	M 34	1263	MEN	3:39.7	5:53.6	5:53.66
42	Julian Powell	M 41	1267	MEN	3:39.9	5:53.9	5:53.93
43	Wade Basson	M 43	1303	MEN	3:52.4	6:14.1	6:14.15
44	Kommy Farahani	M 56	1262	MEN	3:53.3	6:15.4	6:15.47

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	<b>Name</b>	<b>Age</b>	<b>Bib</b>	<b>Team</b>	<b>Avg per K</b>	<b>Avg per MI</b>	<b>Time</b>
45	Eric Mountjoy	M 25	1256	MEN	3:58.1	6:23.2	6:23.28
46	Kevin Tulk	M 45	1297	MEN	4:01.1	6:28.0	6:28.09
47	Benjamin Reese	M 27	1217	MEN	4:04.3	6:33.1	6:33.18
48	Brian Mahoney	M 43	386	MEN	4:07.4	6:38.2	6:38.22
49	Dale Engen	M 49	1255	MEN	4:20.0	6:58.5	6:58.50
50	Steve McConnell	M 36	1264	MEN	4:20.1	6:58.7	6:58.72
51	Zackary Lavoie-Boudreaul	M 14	1253	MEN	4:23.7	7:04.5	7:04.53
52	Frederick Lavoie	M 42	1254	MEN	4:33.4	7:20.1	7:20.12
53	Ed Brand	M 69	1213	MEN	4:34.0	7:21.0	7:21.02
54	Len Matiowsky	M 53	1261	MEN	4:38.5	7:28.2	7:28.22
55	Geoffrey Roulet	M 69	1392	MEN	4:46.0	7:40.2	7:40.28
56	Elam Barnes	M 61	1215	MEN	4:57.3	7:58.5	7:58.53
57	Steve Mackett	M 26	1395	MEN	4:59.5	8:02.1	8:02.12
58	James Moore	M 52	222	MEN	5:03.9	8:09.1	8:09.18
59	Peter Coughlin	M 62	1259	MEN	5:16.7	8:29.8	8:29.84
60	PJ Marshall	M 75	380	MEN	5:56.0	9:33.0	9:33.00