

## 2017 Limestone Mile

KRRRA

01/07/2017

1/7/17 - 1/7/17

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 2 WOMENS 1Mile Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	Brogan MacDougall	F 16	1370	WOMEN	3:08.0	5:02.6	5:02.69
2	Shannon Murray	F 23	370	WOMEN	3:22.6	5:26.1	5:26.18
3	Suzanne Kerr	F 42	1221	WOMEN	3:33.0	5:42.9	5:42.91
4	Lyndsay Glazier	F 29	1379	WOMEN	3:40.1	5:54.2	5:54.25
5	Emma Plater	F 26	1277	WOMEN	3:44.8	6:01.9	6:01.91
6	Heather Giffin	F 38	1386	WOMEN	3:46.6	6:04.7	6:04.72
7	Joanne Armstrong	F 52	1275	WOMEN	3:53.1	6:15.2	6:15.22
8	Emily Cowie	F 21	1227	WOMEN	3:53.8	6:16.2	6:16.28
9	Lana Saunders	F 42	1398	WOMEN	3:56.9	6:21.3	6:21.38
10	Anik Lefebvre	F 42	1278	WOMEN	3:59.7	6:25.7	6:25.78
11	Katie Webb	F 39	1270	WOMEN	4:01.0	6:27.9	6:27.94
12	Tammy Pigion	F 44	1292	WOMEN	4:01.8	6:29.2	6:29.25
13	Kathleen Dorsey	F 31	1294	WOMEN	4:03.0	6:31.1	6:31.12
14	Sophie Saunders-Lambert	F 11	1399	WOMEN	4:03.9	6:32.5	6:32.53
15	Sarique Moore	F 15	221	WOMEN	4:07.9	6:38.9	6:38.97
16	Julie Schneider	F 37	382	WOMEN	4:10.2	6:42.7	6:42.78
17	Heather Jaros	F 19	1273	WOMEN	4:12.7	6:46.8	6:46.84
18	Karen Millson	F 54	1391	WOMEN	4:17.0	6:53.7	6:53.75
19	Andrea Rochon	F 32	1223	WOMEN	4:17.7	6:54.7	6:54.75
20	Cassidy Pilutti	F 31	371	WOMEN	4:19.8	6:58.1	6:58.18
21	Casey Kidson	F 29	1387	WOMEN	4:21.6	7:01.0	7:01.06
22	Rachel Sheldon	F 43	362	WOMEN	4:24.6	7:05.8	7:05.84
23	Alora Peever	F 14	1224	WOMEN	4:25.4	7:07.1	7:07.12
24	Katie Stringham	F 23	1372	WOMEN	4:26.9	7:09.6	7:09.62
25	Karine Bedard	F 41	1272	WOMEN	4:27.0	7:09.8	7:09.84
26	Grace MacArthur	F 16	1365	WOMEN	4:28.9	7:12.8	7:12.84
27	Deborah Holtom	F 66	1374	WOMEN	4:29.7	7:14.1	7:14.18
28	Shirley Myers	F 64	1393	WOMEN	4:30.4	7:15.3	7:15.31
29	Rebecca Smith	F 49	1383	WOMEN	4:31.7	7:17.3	7:17.38
30	Angelique Moore	F 17	220	WOMEN	4:35.2	7:22.9	7:22.97
31	Jacquie DeWolfe	F 35	1375	WOMEN	4:37.7	7:27.0	7:27.06
32	Stacey Berdan	F 49	1376	WOMEN	4:42.2	7:34.2	7:34.28
33	Janet Shepherd	F 53	1380	WOMEN	4:48.7	7:44.7	7:44.72
34	Courtney Larocque	F 26	1276	WOMEN	4:48.9	7:44.9	7:44.96
35	Laura McDowell	F 44	1226	WOMEN	4:51.5	7:49.1	7:49.18
36	Shari Tulk	F 48	1293	WOMEN	4:56.8	7:57.7	7:57.72
37	Wanda Barnes	F 55	1382	WOMEN	5:01.3	8:05.0	8:05.00
38	Fay Cooper	F 41	1268	WOMEN	5:04.6	8:10.2	8:10.22
39	Kelly McConnell	F 39	1274	WOMEN	5:08.8	8:16.9	8:16.97
40	Emilie McIntosh	F 26	1225	WOMEN	5:14.1	8:25.6	8:25.62
41	Deborah Durbin	F 29	359	WOMEN	5:21.5	8:37.5	8:37.50
42	Krista Stechyson	F 31	1269	WOMEN	5:26.9	8:46.2	8:46.22
43	Liz Walker	F 71	1397	WOMEN	5:29.0	8:49.5	8:49.53
44	Katie Elia	F 33	1271	WOMEN	6:09.5	9:54.6	9:54.66

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	<b>Name</b>	<b>Age</b>	<b>Bib</b>	<b>Team</b>	<b>Avg per K</b>	<b>Avg per MI</b>	<b>Time</b>
45	Margaret Coughlin	F 62	1220	WOMEN	6:35.3	10:36.2	10:36.22
46	Christine Powell	F 44	1222	WOMEN	6:37.2	10:39.2	10:39.25
47	Rebecca Burtney	F 31	360	WOMEN	6:45.1	10:51.9	10:51.97