

**Dion Ignite the Night****Upper Canada Village**

09/01/2016

9/1/16 - 9/1/16

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 1 MIXED 5/10 Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	Crwys Harris	M 33	5026	OTTAWA			28:24.38
2	Lise Meloche	F 55	5090	CHELSEA			29:45.91
3	Joe Albert	M 51	5001	LAC-DES-LOUPS			31:37.56
4	Amanda Brandimore	F 38	5008	GATINEAU			31:43.00
5	Abigail Jordan	F 15	5031	MORRISBURG			31:43.56
6	Erika Jordan	F 13	5032	MORRISBURG			31:45.50
7	Rafeek Mohamed	M 60	5087	CORNWALL			31:50.34
8	Andrew Bouchier	M 54	5007	OTTAWA			33:18.59
9	Jeanna McCuaig	F 31	5054	TORONTO			33:22.03
10	Stephen McGrath	M 48	5057	MONKLAND			33:32.88
11	Isabella Jordan	F 45	5033	MORRISBURG			33:58.81
12	Serge Brazeau	M 46	5009	CORNWALL			34:21.12
13	Kevin Moore	M 56	5086	NEWINGTON			34:30.06
14	Sylvie Manaigre	F 29	5088	TORONTO			35:17.06
15	Laura Skoblenick	F 31	5072	KINGSTON			35:28.06
16	Norman Shumacher	M 45	5071	ORLEANS			36:07.53
17	Tim Alexander	M 55	5003	ODESSA			36:15.25
18	Jennifer Gareau	F 33	5021	WILLIAMSTOWN			36:27.31
19	Richard Lee Yuen	M 39	5040	THORNHILL			37:09.12
20	Joan McCuaig	F 49	5055	NEWINGTON			37:19.31
21	Andre Dion	M 53	5015	ORLEANS			37:36.06
22	Garrett VanderBurg	M 26	5078	LANCASTER			37:48.47
23	Colby Demerchant	M 28	5013	CORNWALL			37:49.81
24	Larry Granger	M 56	5023	ST. ANDREWS			37:58.18
25	Steven O'Neil	M 38	5064	LONG SAULT			37:58.93
26	Sylvie Jacques	F 42	5030	OTTAWA			38:36.47
27	Melissa McGrath	F 45	5056	MONKLAND			39:03.25
28	Rachel Solyom	F 38	5073	SAINT LAZARE			39:53.53
29	Joe Gagnon	M 46	5020	LERY			39:54.09
30	Abbey Major	F 15	5047	CORNWALL			40:28.62
31	Tanya Deeks	F 50	5084	CORNWALL			40:38.88
32	Kim Major	F 46	5048	CORNWALL			40:41.66
33	Lynn McCuaig	F 43	5051	LANCASTER			40:55.53
34	Renee Gobeil	F 35	5022	OTTAWA			41:59.97
35	PK Leung	M 65	5042	OTTAWA			42:38.15
36	Emily Hopkins	F 29	5028	OTTAWA			44:08.75
37	Millie Cuggy	F 72	5011	KANATA			44:21.12
38	Sheri Doyle	F 44	5017	LERY			44:38.38
39	Sandra Wilson	F 51	5081	STITTSVILLE			44:43.81
40	Jessica Demerchant	F 29	5014	CORNWALL			45:19.00
41	Melissa Mader	F 27	5046	LANCASTER			45:20.06
42	Annie Crombie	F 40	5082	VAL-DES-MONTE			45:33.81
43	Chantal Lalonde-Beaudette	F 33	5035	CORNWALL			45:38.38
44	Anita Taylor	F 47	5074	ORLEANS			46:19.47

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45	Terri Bolster	F 65	5006	OTTAWA			46:20.50
46	Marigold Edwards	F 56	5018	OTTAWA			46:21.50
47	Lucie Villeneuve	F 57	5089	OTTAWA			46:22.59
48	John Warner	M 67	5079	CORNWALL			48:59.15
49	Darcie Hum	F 32	5029	BROSSARD			50:06.38
50	Josee Pelletier	F 51	5066	POINTE-CLAIRE			50:07.40
51	Barbara Dundas	F 44	5085	OTTAWA			50:20.72
52	Lynn Harvey	F 44	5027	LACHINE			50:27.22
53	Gina Alexander	F 54	5002	ODESSA			51:56.31
54	Karen Doiron	F 51	5016	OTTAWA			52:38.62
55	Rajesh Sharma	M 50	5069	BRAMPTON			53:12.15
56	Laura Desrosiers	F 34	5091	GATINEAU			57:22.15
57	Meaghan Burford	F 33	5010	VANCOUVER			57:23.53
58	Krisstina Davis	F 36	5012	AYLMER			57:34.12
59	Anne Mercier	F 33	5059	GATINEAU			57:41.88
60	Luanne Pelletier	F 45	5067	SHANNONVILLE			57:50.78
61	Cliff Trafford	M 42	5076	BRAMPTON			58:22.59
62	Johanna Lopez	F 38	5044	TORONTO			58:44.06
63	Kelli McRobert	F 49	5058	TORONTO			58:51.59
64	Yvette Grygoryev	F 43	5024	KINGSTON			59:30.41
65	Stacey Monk	F 39	5061	LAVAL			1:07:00.22
66	Michelle Keough	F 41	5034	OTTAWA			1:07:12.47
67	Sheldon Osmond	M 41	5065	OTTAWA			1:07:14.06
68	Amy Matthews	F 39	5052	OTTAWA			1:08:34.38
69	Constance lazurko	F 54	5036	CARP			1:09:26.12
70	Astrid Mesterom	F 55	5060	OTTAWA			1:09:26.75
71	Leslie Shaver	F 58	5070	ORLEANS			1:09:28.69
72	Dayle Mulligan	F 52	5062	CARP			1:09:41.72
73	Sharon Vandenbeek	F 49	5077	KANATA			1:10:12.59
74	Ted Biro	M 60	5083	CORNWALL			1:11:16.31
75	Shanti Warner	F 68	5080	CORNWALL			1:11:16.78
76	Carole Lutes	F 37	5045	OTTAWA			1:12:58.56
77	Melissa Longtin	F 31	5043	CORNWALL			1:14:14.47
78	Marie-Josee Fontaine	F 31	5019	CORNWALL			1:14:17.72
79	Caitlin Beaulieu	F 22	5005	POINTE-CLAIRE			1:18:33.00
80	Andre Beaulieu	M 51	5004	POINTE-CLAIRE			1:18:47.00