

2014 Reddendale Ramble - Hosted by Physikult**& St. Andrews by the Lake United Church**

6/21/14 - 6/21/14

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
FEMALE 1 - 19							
1	ASCOUGH, HANNAH	19 F	5KM	3549	4:03.60	6:32.04	20:18.00
2	PELLOW, MALLORY	14 F	5KM	3528	4:44.20	7:37.38	23:41.00
3	DENDY, MEREDITH	19 F	5KM	3808	5:21.20	8:36.92	26:46.00
4	CELLINI, ATHENA	8 F	5KM	3803	8:21.40	13:26.93	41:47.00
5	JOHNSON, AMELIA	6 F	5KM	3504	8:23.80	13:30.79	41:59.00
FEMALE 20 - 29							
1	DALEY, STEPHANIE	20 F	5KM	3589	3:55.80	6:19.48	19:39.00
2	KILEY, MEGAN	21 F	5KM	3571	4:04.20	6:33.00	20:21.00
3	CHAN, MAXINE	29 F	5KM	3517	4:27.00	7:09.69	22:15.00
4	FARRELL, SONJA	23 F	5KM	3807	7:28.00	12:00.99	37:20.00
FEMALE 30 - 39							
1	PELLOW, JENNIFER	39 F	5KM	3527	4:44.40	7:37.70	23:42.00
2	RYAN, JULIE	39 F	5KM	3535	5:09.80	8:18.57	25:49.00
3	APPLEYARD, TRISH	32 F	5KM	3548	5:16.80	8:29.84	26:24.00
4	CHARD, MELISSA	37 F	5KM	3802	5:41.80	9:10.07	28:29.00
5	WILKIN, MEG	35 F	5KM	3563	6:10.00	9:55.46	30:50.00
6	HONDERICH, NICOLE	34 F	5KM	3551	6:24.40	10:18.63	32:02.00
7	HANNAFORD, REBECCA	36 F	5KM	3512	6:32.20	10:31.18	32:41.00
8	BOWMAN, KATHY	32 F	5KM	3513	6:32.60	10:31.83	32:43.00
9	PIKE, CANDACE	30 F	5KM	3577	6:59.60	11:15.28	34:58.00
10	MERCIER, MICHELLE	33 F	5KM	3542	7:11.00	11:33.63	35:55.00
11	CELLINI, KATIE	39 F	5KM	3804	8:21.60	13:27.25	41:48.00
12	JOHNSON, LISA	34 F	5KM	3503	8:24.00	13:31.11	42:00.00
FEMALE 40 - 49							
1	BABKOVA, MARGARITA	44 F	5KM	3515	4:13.20	6:47.49	21:06.00
2	GILLIS, ANNE	48 F	5KM	3587	4:57.40	7:58.62	24:47.00
3	MORAN, JODI	43 F	5KM	3529	5:23.20	8:40.14	26:56.00
4	VANDALE, JUDY	47 F	5KM	3506	5:53.80	9:29.39	29:29.00
5	DELOUCHE, SUE	40 F	5KM	3590	5:55.80	9:32.60	29:39.00
6	TAGGART, LISA	44 F	5KM	3501	6:35.80	10:36.98	32:59.00
7	STRICKLAND, MELANIE	48 F	5KM	3516	6:53.80	11:05.95	34:29.00
8	SAMPSON, SHELLEY	41 F	5KM	3526	7:41.40	12:22.55	38:27.00
9	FLEGG, JANICE	45 F	5KM	3530	7:48.20	12:33.49	39:01.00
10	HEMLOW, NICOLE	40 F	5KM	3584	8:06.60	13:03.11	40:33.00
FEMALE 50 - 59							
1	TALLACK, AUDETHY	53 F	5KM	3547	4:50.60	7:47.68	24:13.00
2	IVANIC, PATTY	53 F	5KM	3545	5:25.20	8:43.36	27:06.00
3	TOZER, DELORES	52 F	5KM	3531	6:08.20	9:52.56	30:41.00
4	MILLER, DEBBIE	56 F	5KM	3523	8:00.20	12:52.81	40:01.00
FEMALE 60 - 99							
1	HOLTOM, DEBORAH	63 F	5KM	3520	4:45.60	7:39.63	23:48.00
2	ROUND, SHEILA	67 F	5KM	3507	8:16.40	13:18.88	41:22.00
3	LESLIE, JOYCE	70 F	5KM	3510	8:16.60	13:19.20	41:23.00
MALE 1 - 19							
1	CHOI, JASON	19 M	5KM	3537	3:08.60	5:03.52	15:43.00
2	CHILDS, EVERETT	19 M	5KM	3564	3:12.00	5:08.99	16:00.00
3	ELIOT, MATT	19 M	5KM	3557	3:29.60	5:37.32	17:28.00
4	MORAN, CHET	13 M	5KM	3534	4:44.00	7:37.05	23:40.00
MALE 20 - 29							

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
1	CAMERON, JACOB	20 M	5KM	3532	3:14.00	5:12.21	16:10.00
2	STACHEL, BRANT	23 M	5KM	3566	3:16.20	5:15.75	16:21.00
3	MOUNTJOY, JEFF	24 M	5KM	3522	3:18.60	5:19.62	16:33.00
4	COURCHENE, ANDREW	24 M	5KM	3553	3:23.00	5:26.70	16:55.00
5	COURCHENE, MATTHE'	23 M	5KM	3519	3:42.60	5:58.24	18:33.00
6	RADOJEWSKI, CHRISTC	22 M	5KM	3552	3:47.40	6:05.96	18:57.00
7	FRASER, KYLE	21 M	5KM	3511	4:05.20	6:34.61	20:26.00
8	ADAMS, GREG	29 M	5KM	3539	4:21.20	7:00.36	21:46.00
9	VOGT, LOGAN	27 M	5KM	3565	4:50.80	7:48.00	24:14.00
10	BOYNE, DEVON	22 M	5KM	3538	5:18.80	8:33.06	26:34.00
11	LEVAC, CAMERON	20 M	5KM	3806	5:21.40	8:37.24	26:47.00
MALE 30 - 39							
1	MOSEY, NICK	36 M	5KM	3521	3:14.60	5:13.18	16:13.00
2	LEMOINE, GREGORY	37 M	5KM	3505	3:42.80	5:58.56	18:34.00
3	GILLESPIE, TIM	36 M	5KM	3544	3:44.00	6:00.49	18:40.00
4	WILKES, SCOTT	35 M	5KM	3586	3:45.40	6:02.75	18:47.00
5	ROSILLO, TIM	31 M	5KM	3585	3:56.60	6:20.77	19:43.00
6	RUNIONS, CURTIS	35 M	5KM	3550	4:04.60	6:33.65	20:23.00
7	STEPHEN, GEOFF	32 M	5KM	3809	4:07.40	6:38.15	20:37.00
8	EARLE, MIKE	39 M	5KM	3599	4:35.40	7:23.21	22:57.00
MALE 40 - 49							
1	FILION, YVES	40 M	5KM	3514	3:28.40	5:35.39	17:22.00
2	RIGGS, GEOFF	44 M	5KM	3509	3:31.20	5:39.89	17:36.00
3	LAPIERRE, JEFF	42 M	5KM	3555	3:31.80	5:40.86	17:39.00
4	HOPKINS, NEIL	43 M	5KM	3573	3:55.00	6:18.20	19:35.00
5	BIGGERMAN, TODD	43 M	5KM	3805	3:58.20	6:23.35	19:51.00
6	WEBER, MIKE	40 M	5KM	3540	4:25.80	7:07.76	22:09.00
7	OSTER, GLEN	44 M	5KM	3541	4:26.60	7:09.05	22:13.00
8	RYAN, DEREK	41 M	5KM	3536	4:36.80	7:25.47	23:04.00
9	BAIRD, WILL	42 M	5KM	3572	4:44.42	7:37.73	23:42.10
10	DICKISON, CHUCK	49 M	5KM	3588	5:20.20	8:35.31	26:41.00
MALE 50 - 59							
1	BLOSTEIN, STEVEN	53 M	5KM	3543	3:43.60	5:59.85	18:38.00
2	ASCOUGH, RICHARD	51 M	5KM	3524	4:03.00	6:31.07	20:15.00
3	STASIUK, PETER	52 M	5KM	3600	4:19.40	6:57.46	21:37.00
4	KOOISTRA, EDWARD	53 M	5KM	3508	4:31.20	7:16.45	22:36.00
5	VARDARO, PAUL	59 M	5KM	3810	4:57.60	7:58.94	24:48.00
6	IVANIC, MARTY	51 M	5KM	3546	5:20.40	8:35.63	26:42.00
MALE 60 - 99							
1	ADAMS, EDGAR	61 M	5KM	3518	4:59.20	8:01.52	24:56.00
2	LODGE, GRAHAM	67 M	5KM	3598	5:06.20	8:12.78	25:31.00
3	HART, NORM	69 M	5KM	3502	5:56.60	9:33.89	29:43.00