

2020 Resolution Run

2020-01-05

01/05/2020

Results by www.runningbydesign.com

Top Overall Finishers

| Place | Name | Bib | Age | Team/Hometown | Time |
|-----------------------------|-------------------|-----|-----|---------------|----------|
| TOP MALE FINISHERS | | | | | |
| 1 | Cosman, Nick | 81 | 38 | Kingston | 26:39.88 |
| 2 | Langley, Hugh | 34 | 34 | KINGSTON | 26:41.00 |
| 3 | Patterson, Clay | 1 | 31 | KINGSTON | 27:02.81 |
| TOP FEMALE FINISHERS | | | | | |
| 1 | Langley, Meredith | 33 | 32 | KINGSTON | 31:06.40 |
| 2 | Miller, Heidi | 38 | 23 | PITTSBURG | 32:20.93 |
| 3 | Ostic, Heather | 40 | 51 | KINGSTON | 34:20.24 |

2020 Resolution Run

2020-01-05

1/5/20 - 1/5/20

Results by www.runningbydesign.com

Event # 1 MIXED 8K Run

| Place | Name | Bib | Age/Grade | Team/Hometown | Time/Mark |
|-----------------------|------------------|-----|-----------|---------------|-----------|
| FEMALE 20 - 29 | | | | | |
| 1 | Julie Bates | 28 | F 24 | KINGSTON | 40:57.31 |
| 2 | Mary Reynolds | 44 | F 27 | KINGSTON | 41:39.56 |
| 3 | Lisa Snyder | 55 | F 29 | KINGSTON | 45:26.84 |
| 4 | Kathleen Abeles | 3 | F 28 | HOWE ISLAND | 50:23.62 |
| 5 | Rebecca Sly | 53 | F 28 | KINGSTON | 50:46.00 |
| FEMALE 30 - 39 | | | | | |
| 1 | Kathleen Dorsey | 20 | F 33 | KINGSTON | 35:23.59 |
| 2 | Stephanie Place | 42 | F 32 | KINGSTON | 37:27.28 |
| 3 | Amy Stephens | 57 | F 37 | KINGSTON | 41:23.62 |
| 4 | Casey Kidson | 32 | F 31 | KINGSTON | 43:45.87 |
| 5 | Lindsay Shaddock | 49 | F 34 | KINGSTON | 45:12.68 |
| 6 | Shannon Bowes | 13 | F 33 | SYDENHAM | 45:13.43 |
| FEMALE 40 - 49 | | | | | |
| 1 | Lana Saunders | 48 | F 45 | GANANOQUE | 35:42.31 |
| 2 | Annie Riel | 63 | F 45 | KINGSTON | 36:17.14 |
| 3 | Shannon Bell | 68 | F 41 | Kingston | 36:20.68 |
| 4 | Lorie Medeiros | 37 | F 44 | KINGSTON | 44:12.52 |
| 5 | Jolanta Harding | 27 | F 45 | KINGSTON | 53:52.00 |
| FEMALE 50 - 59 | | | | | |
| 1 | Leanne Moran | 76 | F 54 | Kingston | 38:30.72 |

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|-----------------------|-------------------|-----|-----------|---------------|-----------------|
| FEMALE 50 - 59 | | | | | |
| 2 | Françoise Glibert | 25 | F 59 | INVERARY | 39:11.59 |
| 3 | Janet Shepherd | 51 | F 56 | MALLORYTOWN | 39:58.78 |
| 4 | Audethy Tallack | 82 | F 59 | Kingston | 41:12.96 |
| 5 | Nancy Ball | 6 | F 59 | KINGSTON | 43:14.90 |
| 6 | Stacey Berdan | 11 | F 52 | TWEED | 44:28.43 |
| 7 | Kathy Hinch | 71 | F 58 | Napanee | 44:41.52 |
| 8 | Claire McKinney | 73 | F 53 | Napanee | 45:51.15 |
| 9 | Lynne Cardinal | 72 | F 57 | Camden East | 47:22.81 |
| FEMALE 60 - 69 | | | | | |
| 1 | Deborah Holtom | 30 | F 69 | HOWE ISLAND | 40:47.24 |
| 2 | Cindy Abeles | 2 | F 62 | HOWE ISLAND | 50:23.12 |
| MALE 1 - 19 | | | | | |
| 1 | Owen Danby | 18 | M 14 | KINGSTON | 31:48.21 |
| MALE 20 - 29 | | | | | |
| 1 | Paul Bates | 10 | M 20 | INVERARY | 29:01.05 |
| 2 | Kevin Bates | 9 | M 23 | INVERARY | 30:44.68 |
| 3 | Jeff Shepherd | 50 | M 28 | ELGIN | 31:40.20 |
| 4 | Sebastian Scott | 62 | M 21 | KINGSTON | 32:30.18 |
| 5 | Dan Lynch | 35 | M 28 | KINGSTON | 38:47.55 |
| 6 | David Staples | 56 | M 28 | KINGSTON | 38:48.74 |
| 7 | Andrew Filipcic | 22 | M 28 | KINGSTON | 38:49.84 |
| 8 | Marc Moberly | 67 | M 29 | Kingston | 39:07.72 |
| 9 | Ryan Passey | 41 | M 29 | MALLORYTOWN | 40:16.02 |
| MALE 30 - 39 | | | | | |
| 1 | William Feran | 21 | M 30 | AMHERSTVIEW | 29:52.37 |
| 2 | Ryan Dorsey | 85 | M 33 | Kingston | 31:16.15 |
| 3 | Aaron Siller | 52 | M 35 | KINGSTON | 34:05.37 |
| 4 | Michael Kennedy | 65 | M 39 | Kingston | 35:17.75 |
| 5 | Tyler Moulton | 64 | M 33 | KINGSTON | 35:58.90 |
| 6 | Karim Nashef | 39 | M 33 | KINGSTON | 36:15.87 |
| 7 | Scott Allen | 4 | M 31 | KINGSTON | 37:41.06 |
| 8 | Brendan McAleer | 36 | M 38 | KINGSTON | 38:09.02 |
| MALE 40 - 49 | | | | | |
| 1 | Tim Gillespie | 24 | M 42 | KINGSTON | 29:46.81 |
| 2 | Graham Hawkes | 29 | M 43 | KINGSTON | 33:40.43 |
| 3 | Robert Almas | 70 | M 41 | Kingston | 34:07.58 |
| 4 | Scott Peirson | 74 | M 47 | Kingston | 34:49.81 |
| 5 | John Bougie | 12 | M 42 | KINGSTON | 37:59.02 |
| 6 | Ignacio Arroyo | 5 | M 45 | KINGSTON | 41:55.21 |

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| Place | Name | Bib | Age/Grade | Team/Hometown | Time/Mark |
|---------------------|--------------------|-----|-----------|---------------|-----------------|
| MALE 50 - 59 | | | | | |
| 1 | Kevin Webster | 61 | M 52 | KINGSTON | 30:48.21 |
| 2 | Robby Breadner | 66 | M 53 | Kingston | 31:59.46 |
| 3 | Wayne Rice | 45 | M 57 | SYDENHAM | 34:12.90 |
| 4 | Richard Prinsen | 43 | M 55 | KINGSTON | 35:14.96 |
| 5 | John Curcio | 69 | M 55 | London | 36:06.18 |
| 6 | Daniel Bates | 7 | M 59 | TICHBORNE | 36:37.02 |
| 7 | Victor Clementino | 75 | M 51 | Kingston | 41:31.09 |
| 8 | David Wilkins | 83 | M 57 | Kingston | 45:51.62 |
| 9 | Nigel Gray | 26 | M 51 | HALIFAX | 48:29.18 |
| MALE 60 - 69 | | | | | |
| 1 | Peter James | 80 | M 64 | Belleville | 34:13.90 |
| 2 | Christian Ritchot | 46 | M 60 | BELLEVILLE | 35:01.24 |
| 3 | Al Cantlay | 15 | M 65 | KINGSTON | 35:08.78 |
| 4 | Rick Royce | 79 | M 60 | Kingston | 35:52.65 |
| 5 | Ken Hook | 31 | M 64 | CLOYNE | 36:43.81 |
| 6 | Jim Elyot | 77 | M 62 | Kingston | 37:57.93 |
| 7 | Garry Carl | 16 | M 64 | BELLEVILLE | 44:51.53 |
| 8 | John Day | 19 | M 60 | KINGSTON | 47:13.96 |
| MALE 70 - 99 | | | | | |
| 1 | Ed Brand | 84 | M 71 | KINGSTON | 39:16.56 |
| 2 | Geoffrey Roulet | 47 | M 72 | KINGSTON | 45:42.37 |
| 3 | Richard Sunderland | 58 | M 74 | KINGSTON | 49:09.12 |
| 4 | PJ Marshall | 78 | M 77 | Kingston | 58:39.00 |