

Sandbanks Races - 2013

Sandbanks Provincial Park

9/15/13 - 9/15/13

Results by www.runningbydesign.ca

Event # 1 MIXED 5-10k Run

Name	Age	Team	Bib	Avg per K	Avg per MI	Time
FEMALE 15 - 19						
1	CARLY RUTTER	16 F 10KM	5076			1:14:39.3
FEMALE 20 - 29						
1	AINSLIE MCBRIDE	22 F 10KM	5314			47:54.6
2	RAYE MCAVOY	22 F 10KM	5324			48:49.2
3	ALIX MURPHY	24 F 10KM	5340			56:08.7
4	JULIA MORGENSTERN	26 F 10KM	5375			56:09.6
5	KRISTINA WELD	29 F 10KM	5464			56:18.1
6	MEIGHEN HODGEN	21 F 10KM	5075			56:23.3
7	LEANNE REVELL	28 F 10KM	5463			57:34.1
8	LACEY BROUGHTON	23 F 10KM	5337			58:49.8
9	STACEY WILLMAN	25 F 10KM	5344			59:07.1
10	BECKI MARTIN	27 F 10KM	5068			1:07:12.4
11	STACEY WILLIAMS	20 F 10KM	5312			1:16:49.6
FEMALE 30 - 39						
1	KIM JEWELL	38 F 10KM	5074			46:28.9
2	MARIA WEBER	34 F 10KM	5530			47:55.3
3	MELISSA LOWERY	32 F 10KM	5079			51:03.2
4	MANDY ALAVER	34 F 10KM	5526			51:39.0
5	AMY OUILTY	39 F 10KM	5541			52:51.2
6	KAREN WALSH	37 F 10KM	5536			53:42.9
7	LAURA THOMPSON	35 F 10KM	5532			54:00.7
8	DAWN HAYLEY	38 F 10KM	5540			54:11.6
9	LISA CAMP	34 F 10KM	5529			54:43.0
10	SARA HAMILTON	35 F 10KM	5078			56:54.7
11	LORI GERSHON	39 F 10KM	5542			57:08.0
12	MARGIE RICKARD	36 F 10KM	5535			57:36.9
13	SHERRIE MCKEGNEY	38 F 10KM	5539			57:51.5
14	JAIME WHITLEY	30 F 10KM	5483			58:22.6
15	KRISTY ROONEY	34 F 10KM	5527			58:23.6
16	ELIZABETH GRAVELLE	32 F 10KM	5512			58:41.4
17	SARAH OOSTING	35 F 10KM	5531			1:00:12.7
18	MARYSE LALIBERTE	33 F 10KM	5523			1:00:59.9
19	WENDY BROWN	32 F 10KM	5485			1:01:10.5
20	ANNE-LOUISE MARRIOTT	30 F 10KM	5470			1:01:34.5
21	LAURA BELL	34 F 10KM	5528			1:01:34.9
22	KELCI GERSHON	37 F 10KM	5537			1:01:48.3
23	JULIA BLAKE	38 F 10KM	5043			1:05:37.5
24	DANA SULLIVAN	36 F 10KM	5533			1:09:52.8
25	MARIA HRISTOVA	33 F 10KM	5514			1:13:42.1
26	SARAH WATERSTON	34 F 10KM	5525			1:13:55.6
27	CARRIE-LYNN FRENCH	36 F 10KM	5534			1:17:28.2
28	JANELLE HILL	34 F 10KM	5524			1:17:57.0
FEMALE 40 - 49						
1	MICHELLE POTHIER	45 F 10KM	5557			50:10.5
2	LEANNE SODEN	40 F 10KM	5543			50:15.3
3	AMELIE WALSH	40 F 10KM	5545			50:17.0
4	SHANNON HILL	42 F 10KM	5082			53:42.5
5	CLAIRE MCKINNEY	47 F 10KM	5562			56:23.9
6	CONNIE MCDONELL	42 F 10KM	5551			57:00.7

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
7	DEANNA LOTT	42 F	10KM	5550			57:01.4
8	ANDREA GERSHON	43 F	10KM	5555			57:08.6
9	TRACEY LEONARD	41 F	10KM	5549			1:00:31.0
10	LEE ANN FOX	45 F	10KM	5559			1:03:27.4
11	ANNE ANDERSON	45 F	10KM	5560			1:04:09.0
12	TANIA BIRD	40 F	10KM	5544			1:06:27.8
13	TRACEY STRONG	47 F	10KM	5561			1:06:29.6
14	JENNIE UENS	41 F	10KM	5548			1:07:35.5
15	MICHELLE HICKEY CLAR	42 F	10KM	5552			1:07:53.3
16	LEE ANN VANDENBERG	48 F	10KM	5564			1:09:29.2
17	KAREN RUSHLOW	47 F	10KM	5563			1:09:53.7
18	BRENDA PLATT	42 F	10KM	5553			1:10:06.1
19	CLEONA BARTLETT	43 F	10KM	5554			1:10:26.6
20	ERIN MACKINNON	41 F	10KM	5546			1:10:31.8
FEMALE 50 - 59							
1	SUSANNE ALLIN	51 F	10KM	5081			53:38.8
2	MARY JAMES	58 F	10KM	5576			55:14.3
3	ROSE THOMSON	57 F	10KM	5574			55:15.2
4	JANET MCCONKEY	55 F	10KM	5571			57:41.4
5	AUDREY WRIGHT	52 F	10KM	5569			59:48.9
6	EMILY BLACK	57 F	10KM	5500			1:02:08.9
7	DEBBIE EGAN	57 F	10KM	5575			1:02:41.3
8	JUDY ENGELSDORFER	51 F	10KM	5568			1:03:34.5
9	JULIA SWEDAK	50 F	10KM	5565			1:04:40.5
10	BARB SAUVE	50 F	10KM	5567			1:07:32.5
11	JENNIFER SALMON	50 F	10KM	5566			1:09:52.4
12	ANN HILLMAN	50 F	10KM	5077			1:14:40.6
13	PAT DAFOE	53 F	10KM	5570			1:15:11.1
14	DAWN CUTLER	56 F	10KM	5087			1:18:10.5
FEMALE 60 - 69							
1	LESLIE SAUNDERS	62 F	10KM	5577			1:01:32.2
2	NANCY GREGORY	61 F	10KM	5573			1:07:40.3
MALE 1 - 14							
1	EVAN LOTEN	14 M	10KM	5578			50:48.8
MALE 15 - 19							
1	MATTHEW LOZANO	15 M	10KM	5069			40:31.2
2	ALEX HOFTYZER	18 M	10KM	5580			45:26.1
3	MITCHELL KRAMPITZ	15 M	10KM	5579			46:03.4
4	MATTHEW ROBERTSON	18 M	10KM	5581			46:16.3
MALE 20 - 29							
1	ADAM FULTON	29 M	10KM	5587			43:59.9
2	DANIEL ROBERTSON	20 M	10KM	5582			45:15.3
3	ZACHARY WARWICK	23 M	10KM	5585			45:43.4
4	AARON ROBERTSON	22 M	10KM	5583			49:18.1
5	MIKE NOBES	22 M	10KM	5584			51:00.3
MALE 30 - 39							
1	ERIK MOHR	38 M	10KM	5591			39:36.2
2	SCOTT WILKES	39 M	10KM	5085			40:56.2
3	BEN SIVANAJAN	39 M	10KM	5073			48:03.3
4	MARK SCHAD	39 M	10KM	5594			51:20.4
5	RICHARD HINTZE	37 M	10KM	5590			52:19.2
6	JAMES LANTHIER	39 M	10KM	5596			55:16.3

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
7	KEVIN HEATH	39 M	10KM	5593			55:58.9
8	SHAUN LEVY	36 M	10KM	5589			57:58.1
9	TYLER HALL	39 M	10KM	5595			1:00:10.7
10	MATTHEW MACBRIDE	34 M	10KM	5588			1:02:30.3
11	MICHAEL WATERSTON	38 M	10KM	5592			1:04:04.9
MALE 40 - 49							
1	ROB CAMPBELL	43 M	10KM	5071			36:01.0
2	DEREK ANDERSON	40 M	10KM	5598			39:28.1
3	NEIL HOPKINS	42 M	10KM	5556			39:46.3
4	MIKE KAWAM	46 M	10KM	5048			41:44.1
5	CARL NASH	43 M	10KM	5045			43:22.0
6	CHRIS LACROIX	47 M	10KM	5051			45:29.0
7	MIKE KRAMPITZ	45 M	10KM	5047			47:08.3
8	CRAIG MATHERS	40 M	10KM	5599			49:34.5
9	ROBERT WU	44 M	10KM	5046			50:14.4
10	DAVID CANNONS	46 M	10KM	5050			51:55.7
11	COLIN LAKE	41 M	10KM	5036			53:54.6
12	REMI PELLETIER	42 M	10KM	5044			1:00:53.6
13	PETER HYMUS	49 M	10KM	5083			1:01:05.8
14	PAUL BROWN	40 M	10KM	5597			1:01:09.9
15	JIM MORTIMORE	41 M	10KM	5600			1:02:38.9
16	TODD CLARK	45 M	10KM	5067			1:05:38.6
MALE 50 - 59							
1	LAWRENCE WARRINER	50 M	10KM	5080			35:04.7
2	BOYD KALNAY	54 M	10KM	5088			39:12.7
3	HAROLD KUSCHNIK	54 M	10KM	5059			40:40.1
4	DALE BIRD	50 M	10KM	5053			42:36.9
5	ROBERT HAAS	53 M	10KM	5057			42:56.7
6	PAUL MCCOY	52 M	10KM	5056			44:45.9
7	ANDREW FORBES	50 M	10KM	5054			45:02.6
8	DAVID BIRCHARD	53 M	10KM	5058			49:02.4
9	DAVE DOWN	56 M	10KM	5086			49:38.9
10	JIM DUCKER	52 M	10KM	5055			50:30.6
11	GEORGE WHITMAN	59 M	10KM	5061			55:20.4
12	SCOTT THOMPSON	57 M	10KM	5072			58:12.9
13	PAUL ROBERTSON	58 M	10KM	5084			1:04:19.6
14	MAHER BOUTROS	50 M	10KM	5052			1:04:37.8
MALE 60 - 69							
1	PAUL KENNY	60 M	10KM	5062			43:16.1
2	ROD PALMER	60 M	10KM	5070			50:19.0
3	JIM ESTES	64 M	10KM	5063			56:59.0
4	PETER COATES	65 M	10KM	5064			1:05:16.7
MALE 70 - 99							
1	GLENN DROVER	78 M	10KM	5066			1:11:44.8