

Sandbanks Races - 2013

Sandbanks Provincial Park

9/15/13 - 9/15/13

Results by www.runningbydesign.ca

Event # 1 MIXED 5-10k Run

Name	Age	Team	Bib	Avg per K	Avg per MI	Time
FEMALE 1 - 14						
1	KAYLEIGH MAKARUCHA	12 F 5KM	4906			24:09.3
2	LOLA YOUNG	11 F 5KM	2950			26:17.5
3	MARLEY GOLLE	13 F 5KM	4908			26:35.1
4	KAITLIN KAWAM	13 F 5KM	4909			27:37.9
5	CAITLYN BAKER	13 F 5KM	4910			29:50.1
6	AMANDA JOHNSON	12 F 5KM	4905			30:19.7
7	HOLLY GARDNER	8 F 5KM	2968			32:05.2
8	ALICE LOTEN	9 F 5KM	4904			34:01.8
9	EMILY BISSON	13 F 5KM	4911			36:00.8
10	GRACE LOTEN	10 F 5KM	4966			40:42.5
11	EVELYN YOUNG	10 F 5KM	2956			43:18.0
12	MEGHAN CAIN	12 F 5KM	4907			48:04.6
13	MAEA ANDREWS	3 F 5KM	2969			48:37.8
14	GABRIELLE DEIR	13 F 5KM	2960			50:03.8
15	MAREN ANDREWS	5 F 5KM	2970			1:00:10.1
FEMALE 15 - 19						
1	MARLISA BEVAART	16 F 5KM	4914			20:42.9
2	MADISON SLOAN	16 F 5KM	2952			21:09.1
3	CHELSIE WOOD	19 F 5KM	4915			26:36.7
4	CEDAR GOLLE	16 F 5KM	4912			32:47.6
FEMALE 20 - 29						
1	KAITLIN HILLIER	24 F 5KM	4918			28:16.2
2	AMY DEWAL	26 F 5KM	4923			28:20.2
3	VIVIENNE VANDONKERS	24 F 5KM	4919			29:18.0
4	KIRSTEN WIGHT	20 F 5KM	2949			31:26.9
5	LINDSAY BLYTH	26 F 5KM	4922			33:02.3
6	SARAH BERANGER	24 F 5KM	4917			34:20.5
7	BRITTANY RABJOHN	23 F 5KM	4916			36:06.6
8	KATY BERANGER	23 F 5KM	2974			36:33.5
9	KRISTA JACKY	25 F 5KM	4920			37:36.6
10	HANNA KITCHINGMAN	29 F 5KM	4924			38:20.6
FEMALE 30 - 39						
1	PARIMEETA SHAH	34 F 5KM	4938			25:08.6
2	BECKY FYVIE	36 F 5KM	4998			25:55.3
3	MELISSA HILLIER	30 F 5KM	4928			28:00.2
4	CARINA GARDNER	38 F 5KM	2966			28:36.0
5	STACEY JOHNSON	32 F 5KM	4934			28:47.2
6	LAURA HEATH	38 F 5KM	2948			29:01.6
7	SARAH CROWE	31 F 5KM	4931			29:57.7
8	RICHELLE SHAH	33 F 5KM	4936			29:59.7
9	CHRISTA BROUGH	33 F 5KM	4935			30:26.9
10	DEANNA HINDMAN	38 F 5KM	4948			31:33.3
11	ELIZABETH GOLDBERG	38 F 5KM	4947			31:36.5
12	JULIE BALLANCE	35 F 5KM	4940			32:40.3
13	SUSAN SHEPPARD	35 F 5KM	4941			33:51.8
14	CHRYSTINE RICKARD-SCI	39 F 5KM	4950			34:48.8
15	TIERNEY WINNET	36 F 5KM	2978			35:08.2
16	TRISHA JOHNSTON	38 F 5KM	4946			35:48.9
17	ASHLEY MCCANN	30 F 5KM	4926			35:56.1

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18	ERIN BALDWIN	39 F	5KM	4953			35:58.9
19	KERRI NYMAN	32 F	5KM	4933			36:16.2
20	KIRSTEN SORENSEN	36 F	5KM	4944			36:28.8
21	JENNIFER SMITH	35 F	5KM	4939			36:29.4
22	LEIGH MARSALEKOVA	30 F	5KM	4929			37:43.3
23	JOLEEN SURMAN	36 F	5KM	4942			37:56.7
24	HEATHER MCCUAIG	36 F	5KM	4943			38:26.3
25	ROSLYNN BLODGETT	30 F	5KM	4927			38:56.9
26	KATHIE CROUSE	38 F	5KM	4949			39:45.1
27	ANGIE DRISCOLL	37 F	5KM	4945			48:37.5
28	TARYN BARDY	35 F	5KM	2954			49:56.7
29	TAMARA YOUNG	36 F	5KM	2957			49:57.7
FEMALE 40 - 49							
1	TERESA MCDONALD	45 F	5KM	4969			23:49.4
2	ANGELA MURPHY	42 F	5KM	2962			26:07.9
3	AIMEE YOUNG	40 F	5KM	2951			26:18.4
4	JO-ANNE MAGNE	47 F	5KM	4974			27:50.2
5	KIMBERLEY EVANS	46 F	5KM	4970			28:33.4
6	SHAWNA GREYLING	40 F	5KM	4958			28:45.4
7	RACHEL HINTZE	44 F	5KM	4968			29:58.5
8	PAM HODGEN	49 F	5KM	2947			30:00.6
9	NANCY WICKS	46 F	5KM	4997			30:33.1
10	JENNIFER KWONG	42 F	5KM	2955			30:39.3
11	SHELLY NELSON	49 F	5KM	4979			31:56.3
12	LEAUNA MAUNDER	47 F	5KM	4973			31:56.5
13	NANCY KRAMPITZ	46 F	5KM	4971			32:38.6
14	CAROLE ANDREWS	43 F	5KM	4965			34:06.7
15	JULIE THROOP	49 F	5KM	4978			34:32.5
16	NANCY GOURDIER-GOLLJ	49 F	5KM	4913			34:43.1
17	SARAH LOTEN	47 F	5KM	4975			34:47.2
18	GILLIAN KINGSTON	49 F	5KM	4980			34:49.5
19	JEANETTE WATLING	40 F	5KM	4957			35:29.8
20	RHONDA WARWICK	49 F	5KM	2977			38:38.9
21	DEBBY SMITH	48 F	5KM	4977			38:49.9
22	ANGELA TOFFLEMIRE	40 F	5KM	4956			39:33.0
23	LORI TIMBRELL	41 F	5KM	4960			45:19.8
24	LESLEY BARRETT	48 F	5KM	4976			45:39.0
25	TRACY KENT-HILLIS	44 F	5KM	4967			45:40.3
26	JACKIE ROBERTSON	46 F	5KM	4972			51:41.6
27	ILONA BOUTROS	49 F	5KM	4981			51:44.0
FEMALE 50 - 59							
1	JANET FORAN-GONEAU	58 F	5KM	4993			24:00.2
2	ANN KURISH	54 F	5KM	4987			24:36.4
3	KATHERINE WILLIS	54 F	5KM	4989			27:32.4
4	SHARI SHAW	50 F	5KM	4982			29:06.8
5	AMY THOMPSON	57 F	5KM	2972			34:03.6
6	TONI TOWLE	55 F	5KM	4990			34:38.8
7	NANCY MANION	52 F	5KM	4985			35:10.0
8	SUSAN PATTERSON	53 F	5KM	4986			35:54.8
9	DONNA RYAN	56 F	5KM	4991			36:10.7
10	HEATHER LANDRY	50 F	5KM	4983			38:31.3
11	SHERI ALLEN	52 F	5KM	4984			39:34.7

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12	NANCY KENNEDY	54 F	5KM	4988			42:25.3
FEMALE 60 - 69							
1	MIRIAN O'NEIL	61 F	5KM	4996			45:59.7
2	LORI DRISCOLL	60 F	5KM	4995			48:38.2
MALE 1 - 14							
1	JOSHUA MILLER	13 M	5KM	2909			19:21.0
2	BOBBY BUCK	12 M	5KM	2907			19:33.4
3	EDWARD ROY	14 M	5KM	2911			20:28.1
4	TIMOTHY ROY	13 M	5KM	2908			22:36.0
5	WESLEY DEIR	10 M	5KM	2958			26:01.4
6	BRANDON BEVAART	12 M	5KM	2906			26:07.0
7	RYAN BAKER	11 M	5KM	2905			29:45.1
8	JOEY GARDNER	7 M	5KM	2967			35:17.5
MALE 15 - 19							
1	RYAN FOX	18 M	5KM	2917			20:12.1
2	JUSTIN FOX	15 M	5KM	2912			23:50.1
3	STEPHEN MAKARUCHA	16 M	5KM	2916			24:16.0
4	ANDRE BOUTROS	16 M	5KM	2915			29:35.0
MALE 20 - 29							
1	JEFF HOSKINS	26 M	5KM	2953			19:43.3
MALE 30 - 39							
1	KEVIN BEATTY	37 M	5KM	2920			17:09.5
2	JOHNNY COFFIN	32 M	5KM	2964			18:27.1
3	JEFFREY LALONDE	36 M	5KM	2918			18:30.2
4	NATHAN NUGENT	38 M	5KM	4999			21:57.3
5	MATTHEW MCCUAIG	38 M	5KM	2922			24:43.0
6	COREY KENNEDY	36 M	5KM	2919			25:58.7
7	PAUL ROONEY	38 M	5KM	2923			26:13.1
8	WARREN MILLER	38 M	5KM	2921			28:11.2
9	JASON YOUNG	39 M	5KM	2959			43:36.2
MALE 40 - 49							
1	JAMES SWINNERTON	48 M	5KM	2929			20:32.5
2	JIM TSANG	47 M	5KM	2928			23:07.1
3	MARK TRELEAVEN	45 M	5KM	2925			26:15.6
4	PETE GOLLE	49 M	5KM	2913			26:49.2
5	ARTUR LIWSKI	41 M	5KM	2946			26:52.6
6	OLIVER LOTEN	49 M	5KM	2933			27:12.6
7	DAN FOX	48 M	5KM	2930			31:43.9
8	CHRIS EVANS	47 M	5KM	2927			33:32.3
9	JOHN WATLING	46 M	5KM	2926			35:21.5
10	NIK GARDNER	43 M	5KM	2965			35:35.0
MALE 50 - 59							
1	PETER JAMES	59 M	5KM	2976			20:04.3
2	CHRIS MOUSSEAU	53 M	5KM	2934			22:04.3
3	GARRY CARL	58 M	5KM	2945			24:07.3
4	JEFFERY KENNEDY	54 M	5KM	2935			24:33.8
5	LORNE THOMPSON	58 M	5KM	2973			28:08.2
6	ROBERT RYAN	56 M	5KM	2937			36:11.7
7	MICHEL LANDRY	55 M	5KM	2936			38:30.9
8	BLAIR HUTCHINGS	50 M	5KM	2971			49:57.0
MALE 60 - 69							
1	MURRAY ADAMS	63 M	5KM	2941			27:04.2

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
2	ROGER JOHNSON	66 M	5KM	2942			28:57.3
3	MICHAEL LA ROSE	67 M	5KM	2975			33:41.5
4	PETER BLOOD	67 M	5KM	2943			34:41.3
5	KEVIN YOUNG	60 M	5KM	2963			43:36.5
6	PHILIP IBBOTSON	69 M	5KM	2961			50:03.2
7	RICK DURST	60 M	5KM	2939			50:26.7
8	DOUG DRISCOLL	62 M	5KM	2940			1:00:14.0
MALE 70 - 99							
1	JERRY VICKERS	72 M	5KM	2944			34:52.7
2	UNKNOWN RUNNER # 1	99 M	5KM	9999			38:19.8
3	UNKNOWN RUNNER # 2	99 M	5KM	9998			40:14.8