

## Sandbanks 5 / 10 km Races

Friends of Sandbanks Provincial Park

09/14/2014 - 09/14/2014

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 1 MIXED 5/10km 5km Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>FEMALE 20 - 29</b>							
1	Leah Garfield-Wright	28 F	10km	5384			48:24.8
2	Melissa McNichols	25 F	10km	5378			49:48.2
3	Vivienne VanDonkersgoed	25 F	10km	5380			55:11.4
4	Erin Falconer	29 F	10km	5385			57:19.6
5	Lisa McPherson	28 F	10km	5453			1:01:07.9
6	Brooklin Murphv	22 F	10km	5473			1:03:39.0
7	Jennifer Boldrick	28 F	10km	5383			1:04:41.0
<b>FEMALE 30 - 39</b>							
1	Maria Weber	35 F	10km	5393			44:59.2
2	Jennifer Pellow	39 F	10km	5400			49:00.5
3	Lisa Camp	35 F	10km	5467			57:57.8
4	Carrie Genereaux	39 F	10km	5399			58:16.5
5	Kristv Rooney	35 F	10km	5465			59:37.5
6	Sara Hamilton	35 F	10km	5210			59:48.2
7	Rebecca Leheup	39 F	10km	5401			59:51.0
8	Bridget Allin	30 F	10km	5386			1:00:12.0
9	Wendv Brown	33 F	10km	5388			1:03:29.0
10	Laura Bell	35 F	10km	5394			1:04:54.0
11	Beth Goldberg	39 F	10km	5398			1:05:45.0
12	Kimberlv Cross	34 F	10km	5390			1:09:22.0
13	Janelle Hill	35 F	10km	5391			1:16:42.0
14	Angela Rogers	37 F	10km	5395			1:16:42.3
<b>FEMALE 40 - 49</b>							
1	Denise McGuire	47 F	10km	5418			47:07.3
2	Noelle Burt	41 F	10km	5469			47:46.9
3	Kristina Cruess	44 F	10km	5470			49:46.6
4	Tessa Desouza	46 F	10km	5416			50:54.0
5	Kellv Perneel	43 F	10km	5408			55:06.6
6	Julie Gautier	43 F	10km	5410			56:16.8
7	Michelle Pothier	46 F	10km	5417			58:54.3
8	Gwendolyn Delarge	45 F	10km	5412			59:40.1
9	Jennifer Valcamp	41 F	10km	5403			1:07:01.0
10	Wendv Goodman	41 F	10km	5232			1:07:52.0
11	Kim Guthrie	49 F	10km	5460			1:07:53.0
12	Angela Lisk	43 F	10km	5406			1:11:38.0
13	Colleen Murphv	40 F	10km	5402			1:20:05.0
14	Jane Mastin	43 F	10km	5407			1:21:43.0
15	Sheril Gauthier	49 F	10km	5419			1:21:44.0
<b>FEMALE 50 - 59</b>							
1	Jovce Stewart	56 F	10km	5424			51:23.4
2	Diane Coates	51 F	10km	5421			51:59.9
3	Patti Grills	55 F	10km	5423			53:07.1
4	Marv James	59 F	10km	5429			53:14.6
5	Rose Thomson	58 F	10km	5428			53:15.5
6	Gail Jones	55 F	10km	5471			55:31.4
7	Audrev Wright	53 F	10km	5422			57:13.8
8	Lvnne Spratt	50 F	10km	5420			1:05:48.0
9	Sharon Donahoe	57 F	10km	5425			1:09:56.0
10	Susan Mariutti	57 F	10km	5426			1:10:22.0

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
11	Karen Stoker	58 F	10km	5427			1:10:23.0
<b>MALE 1 - 14</b>							
1	Tannen Vreuvenhil	13 M	10km	5466			55:18.2
2	Joseph Wannamaker	12 M	10km	5430			1:11:31.0
<b>MALE 15 - 19</b>							
1	Matthew Lozano	16 M	10km	5431			36:18.1
2	Marshall Heron	18 M	10km	5433			38:42.2
3	Jordam Robertson	17 M	10km	5432			48:22.1
4	Matthew Robertson	19 M	10km	570			48:36.2
<b>MALE 20 - 29</b>							
1	Daniel Robertson	21 M	10km	571			43:34.9
2	Dillon Robinson	26 M	10km	5435			46:08.6
3	Colin Laycock	20 M	10km	5462			48:34.9
4	Will Read	27 M	10km	5436			51:14.5
5	Aaron Robertson	23 M	10km	5458			51:27.8
<b>MALE 30 - 39</b>							
1	Brendan Mc Aleer	33 M	10km	5459			46:03.0
2	Matt Hallford	34 M	10km	5437			49:42.7
3	Paul Rooney	39 M	10km	5464			1:00:50.0
4	William Turczvn	35 M	10km	575			1:03:16.0
5	Richard Hintze	38 M	10km	5438			1:03:17.0
<b>MALE 40 - 49</b>							
1	Mike Kawam	47 M	10km	5445			40:49.1
2	Lorne Singer	48 M	10km	5447			40:53.2
3	Garry Cameron	47 M	10km	5444			43:35.7
4	Chris Lacroix	40 M	10km	5463			46:16.4
5	Neil Ibev	49 M	10km	630			48:50.7
6	Jim Murphv	47 M	10km	5446			53:27.5
7	Jamie Valcamp	40 M	10km	5439			59:11.1
8	Paul Brown	41 M	10km	5440			59:41.0
<b>MALE 50 - 59</b>							
1	Bovd Kalnav	55 M	10km	5474			39:21.6
2	Ed Kooistra	53 M	10km	5461			42:44.6
3	Andrew Forbes	51 M	10km	5248			42:54.3
4	Chris Mousseau	54 M	10km	5449			50:21.6
5	Duncan Cooper	56 M	10km	5457			50:37.8
6	David Birchard	54 M	10km	5448			51:31.0
7	Brent Stoker	58 M	10km	5450			54:10.5
<b>MALE 60 - 69</b>							
1	George Whitman	60 M	10km	5451			52:12.0
2	George Bridle	61 M	10km	5373			53:30.4
3	Jim Estes	65 M	10km	5472			53:34.0
4	John Franklin	60 M	10km	5452			56:28.3
5	J.Roger Johnson	67 M	10km	5455			56:58.1
6	Dennis Robinson	66 M	10km	5454			58:08.0
7	Tom Dolan	68 M	10km	5468			1:01:31.0
8	Michael La Rose	68 M	10km	5456			1:11:01.0