

**Sandbanks 5 / 10 km Races**  
**Friends of Sandbanks Provincial Park**  
**Results by [www.runningbydesign.com](http://www.runningbydesign.com)**

09/14/2014 - 09/14/2014

**Event # 1 MIXED 5/10km 5km Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	Bobby Buck	13 M	5km	603			19:02.5
2	Shane Gale	31 M	5km	573			19:28.2
3	Jeff Green	38 M	5km	578			19:32.7
4	Heather Giffin	35 F	5km	522			19:53.9
5	Peter James	59 M	5km	637			20:02.4
6	Brent Armstrong	47 M	5km	583			20:08.0
7	James Swinnerton	49 M	5km	584			20:33.2
8	Nathan Lacroix	18 M	5km	624			21:42.0
9	Cora Yin	39 F	5km	533			21:43.8
10	Tim Coates	53 M	5km	619			21:48.5
11	Michael Bunn	59 M	5km	589			22:15.8
12	Timothy Rov	14 M	5km	568			23:04.9
13	Ben Giroux	12 M	5km	600			23:15.3
14	Bill Petch	55 M	5km	618			23:21.9
15	Jeff Kennedy	55 M	5km	587			24:26.0
16	Teresa McDonald	46 F	5km	508			24:39.8
17	Parimeeta Shah	35 F	5km	599			24:46.6
18	Corinna Dally-Starna	50 F	5km	605			25:03.7
19	Kerry O'Flaherty	32 F	5km	518			25:30.0
20	Tom Connerty	57 M	5km	588			25:36.2
21	Marci Stonness	33 F	5km	5387			25:48.3
22	James Rov	45 M	5km	582			25:57.8
23	Shawn Wright	35 M	5km	635			26:02.3
24	Chelsie Wood	20 F	5km	607			26:08.0
25	Jamie Pounder	40 M	5km	614			26:08.5
26	Atul Jaidka	24 M	5km	572			26:23.0
27	Connie McDonell	43 F	5km	628			26:24.5
28	Claire McKinney	48 F	5km	547			26:39.0
29	Sophie Felleiter	22 F	5km	633			26:50.6
30	Tracy Thomson	21 F	5km	622			26:56.1
31	Sara Minaker	35 F	5km	643			27:02.0
32	Barb Ellis	51 F	5km	550			27:15.2
33	Lynne Closson	42 F	5km	537			27:46.7
34	Kavleigh Makarucha	13 F	5km	506			27:47.1
35	Amanda Johnson	13 F	5km	507			27:59.4
36	Lorne Thompson	59 M	5km	632			28:00.4
37	Norm Hart	69 M	5km	617			28:01.8
38	Penny Theriault	50 F	5km	548			28:18.3
39	Danette Countryman	32 F	5km	517			28:24.4
40	Christa Brough	34 F	5km	521			28:45.4
41	Seana Nelson	26 F	5km	513			28:46.0
42	France Maltais	46 F	5km	544			28:59.9
43	John Jones	56 M	5km	629			29:10.9
44	Pierre Rov	10 M	5km	566			29:23.2
45	Melanie Russcher	39 F	5km	529			29:26.0
46	Deanna Hindman	39 F	5km	528			29:28.1
47	Melissa O'Neill	39 F	5km	532			29:43.4
48	Gracie Burns	11 F	5km	611			29:50.3
49	Keely Kleinstuber	11 F	5km	612			29:50.8
50	Bailey Stocker	20 F	5km	621			29:51.3

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51	Nolan McReelis	7 M	5km	597			29:58.2
52	Kvlen McReelis	40 M	5km	598			30:02.3
53	Peter Hymus	41 M	5km	640			30:05.4
54	Shari Shaw	51 F	5km	649			30:06.1
55	Louise Richards	43 F	5km	541			30:19.0
56	Joanne Biggs	28 F	5km	515			30:23.8
57	Albena Stovkova	42 F	5km	615			30:34.8
58	Nancy Michaud	50 F	5km	616			30:35.3
59	Heidi Dee	33 F	5km	519			30:37.1
60	Richelle Shah	34 F	5km	520			30:43.9
61	Tara Stocker	51 F	5km	551			30:50.8
62	Jennifer Abrams	44 F	5km	623			31:07.5
63	Susan Goebel	41 F	5km	625			31:09.0
64	Abby Terstra	15 F	5km	608			31:59.5
65	Jackson Harvey	8 M	5km	565			32:18.8
66	Chad Harvey	40 M	5km	581			32:19.3
67	Ossie McNichols	60 M	5km	610			32:26.0
68	Becki Martin	28 F	5km	641			32:48.5
69	Tanis Lattanzio	41 F	5km	535			33:01.5
70	Krista Potter	27 F	5km	514			33:02.0
71	Melanie Mvers	63 F	5km	561			33:15.4
72	Julie Burchat	31 F	5km	516			33:17.3
73	Ann Thompson	58 F	5km	631			34:26.4
74	Peter Blood	68 M	5km	595			34:30.9
75	Sarah Johnson	11 F	5km	504			35:01.1
76	Megan Fennell	29 F	5km	636			35:02.5
77	Karen Giugovaz	47 F	5km	613			35:05.5
78	Julianne Swedak	51 F	5km	552			35:16.9
79	Colesen Lebrun	8 F	5km	638			36:39.8
80	Shelley Lebrun	39 F	5km	639			36:41.1
81	Nicole Butler	44 F	5km	542			37:01.0
82	Julianne Schwartz	41 F	5km	534			37:08.5
83	Carrie-Lynn French	37 F	5km	526			37:34.1
84	Jerry Vickers	73 M	5km	596			37:44.5
85	Elizabeth Casemore	8 F	5km	503			37:59.4
86	Stephanie Casemore	43 F	5km	540			37:59.8
87	Joleen Surman	37 F	5km	525			38:08.2
88	Toni Towle	56 F	5km	556			38:24.8
89	Meghan Cain	13 F	5km	505			38:25.5
90	Nancy Kennedy	55 F	5km	555			38:39.9
91	Ruth Graham	48 F	5km	602			38:44.0
92	Rosemary Halev	57 F	5km	557			40:15.2
93	Darren Currie	40 M	5km	580			40:19.2
94	Jennifer Currie	36 F	5km	524			40:36.0
95	Ashley Murray	27 F	5km	609			41:33.2
96	Caroline Ball	39 F	5km	531			41:34.3
97	Cristal Heintzman	26 F	5km	626			41:46.5
98	Michael Thompson	29 M	5km	642			41:51.3
99	Maren Andrews	6 F	5km	502			42:20.8
100	Angie Driscoll	38 F	5km	527			42:21.4
101	Lori Timbrell	42 F	5km	538			42:39.6
102	Jacqueline Theriault	47 F	5km	545			46:28.3

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103	Mike Cooke	58 M	5km	627			46:28.9
104	Sandra Deleon	39 F	5km	530			47:44.0
105	Cindy Murrav	44 F	5km	604			47:45.7
106	Jocelvyn Wright	9 F	5km	634			49:15.5
107	Ruth-Ann Powell	62 F	5km	559			49:58.8
108	Bill Powell	66 M	5km	592			49:59.3
109	Mike Andrews	35 M	5km	574			50:51.7
110	Lori Driscoll	61 F	5km	558			50:52.4
111	Maea Andrews	4 F	5km	501			50:55.0
112	Patricia Mvhill	53 F	5km	553			51:53.3
113	Marleen Surman	65 F	5km	562			54:18.9
114	Allison Shatford	36 F	5km	523			55:43.4
115	Bill Powell	37 M	5km	577			55:43.9
116	Marianne Schwartz	47 F	5km	546			57:17.1
117	Carry Prenseler	70 F	5km	564			58:43.8
118	Lucienne Shatford	68 F	5km	563			1:01:32.3
119	Alex Shatford	68 M	5km	594			1:01:54.0
120	Jennifer Coleman	44 F	5km	620			1:03:59.0
121	Doug Driscoll	63 M	5km	591			1:12:12.0