

Friends of Sandbanks 5km/10km Races

Sandbanks Provincial Park

17/09/2017

9/17/17 - 9/17/17

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 1 - 14							
1	Hanna S.J.	F 11	5599	WHITBY	5:46.6	9:17.8	28:53.03
2	Bree Kleinstauber	F 12	5387	WELLINGTON	5:55.1	9:31.4	29:35.56
3	Sarah Johnson	F 14	5593	PICTON	6:14.0	10:01.9	31:10.22
4	Maddy Oster	F 13	5596	NAPANEE	6:24.9	10:19.5	32:04.97
5	Gwen Randall	F 14	5594	BELLEVILLE	6:35.9	10:37.1	32:59.50
6	Ashley Allaire	F 14	5595	BELLEVILLE	6:35.9	10:37.2	32:59.96
7	Chloe Zarzoso	F 9	5386	TORONTO	6:39.5	10:43.0	33:17.81
8	Tatum DeVille	F 11	5598	TRENTON	6:46.3	10:53.9	33:51.72
9	Zoe Deleon	F 12	5597	PICKERING	6:52.3	11:03.5	34:21.59
10	Aurora Sweet	F 8	5600	PICTON	9:02.7	14:33.5	45:13.88
11	Emma Goebel	F 6	5306	BELLEVILLE	10:29.5	16:53.1	52:27.78
FEMALE 15 - 19							
1	Amanda Johnson	F 17	5591	PICTON	5:51.5	9:25.7	29:17.84
FEMALE 20 - 29							
1	Bailey Stocker	F 23	5590	CONSECON	5:18.0	8:31.8	26:30.31
2	Melissa Wright	F 26	5589	BELLEVILLE	5:24.0	8:41.4	27:00.12
3	Jennifer Belch	F 27	5588	AMELIASBURGH	5:51.8	9:26.2	29:19.15
4	Sophie Felleiter	F 25	5313		5:57.5	9:35.3	29:47.62
FEMALE 30 - 39							
1	Parimeeta Shah	F 38	5379	PICTON	5:06.6	8:13.4	25:33.06
2	Kate Primeau	F 37	5394	FOXBORO	5:15.1	8:27.2	26:15.84
3	Beth Primeau	F 33	5583	BELLEVILLE	6:13.2	10:00.7	31:06.47
4	Virginie Tanguay	F 30	5584	LAVAL	6:45.9	10:53.2	33:49.66
5	Sarah Dingle	F 30	5585	BELLEVILLE	7:15.8	11:41.3	36:19.03
6	Hollye Ervine	F 30	5587	BELLEVILLE	7:15.9	11:41.6	36:19.87
7	Janelle Hill	F 38	5392	BRIGHTON	7:28.4	12:01.7	37:22.28
8	Tanya Gray	F 36	5395	PETERBOROUGH	8:34.3	13:47.7	42:51.75
FEMALE 40 - 49							
1	Cora Yin	F 42	5578	WHITBY	4:23.2	7:03.6	21:56.09
2	Tricia Sagriff	F 41	5383	CORBYVILLE	4:52.4	7:50.6	24:22.28
3	Connie McDonell	F 46	5521	STIRLING	5:19.2	8:33.7	26:36.25
4	Samantha Callow	F 45	5456	TORONTO	5:28.3	8:48.4	27:21.69
5	Jennifer Saulnier	F 44	5572	KINGSTON	5:38.3	9:04.4	28:11.53
6	Michelle Durkin	F 42	5576	BELLEVILLE	5:52.2	9:26.8	29:21.09
7	Debi Grant	F 41	5579	BELLEVILLE	5:52.4	9:27.2	29:22.21
8	Sanda Deleon	F 42	5575	PICKERING	6:00.4	9:40.0	30:02.00
9	Louise Richard	F 46	5301	ATHENS	6:01.8	9:42.3	30:09.25
10	Sherri Hubble	F 42	5574	SEELEYS BAY	6:09.6	9:54.8	30:48.06
11	Leigh-Ann Fingland	F 46	5514	KINGSTON	6:19.5	10:10.7	31:37.62
12	Michelle Strassburger	F 42	5463	KINGSTON	6:23.6	10:17.3	31:58.09
13	Emebet Belete	F 49	5497	BELLEVILLE	6:36.6	10:38.2	33:03.00
14	Janet Allaire	F 42	5577	BELLEVILLE	6:38.5	10:41.3	33:12.50
15	Michelle Fortier	F 44	5528	TORONTO	6:39.4	10:42.8	33:17.28
16	Angela Rogers	F 40	5581	PLAINFIELD	7:35.7	12:13.3	37:58.53

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
17	Karen Burris	F 47	5500	CONSECON	7:49.5	12:35.7	39:07.91
18	Angie Driscoll	F 41	5580	WEST LAKE	7:49.9	12:36.2	39:09.59
19	Stephanie Lodge	F 43	5573	SCARBOROUGH	8:02.8	12:57.0	40:14.18
20	Tina Casselman	F 46	5511	STIRLING	8:34.1	13:47.4	42:50.69
21	Joelle Ladouceur	F 44	5545	TORONTO	8:40.9	13:58.3	43:24.66
22	Ana Moreira	F 48	5498	MARKHAM	9:23.8	15:07.3	46:59.09
23	Julia Bement	F 45	5523	TRENTON	9:27.9	15:13.9	47:19.66
24	Julianne Schwartz	F 44	5529	CONSECON	9:33.5	15:22.9	47:47.56
25	Susan Goebel	F 44	5305	BELLEVILLE	10:29.7	16:53.4	52:28.68
FEMALE 50 - 59							
1	Theresa Plane	F 53	5492	BELLEVILLE	5:32.7	8:55.4	27:43.56
2	Shari Shaw	F 54	5487	KINGSTON	5:43.1	9:12.2	28:35.91
3	Sherrie McKinney	F 59	5482	BELLEVILLE	5:57.8	9:35.8	29:49.00
4	Julia Swedak	F 54	5490	PICTON	6:14.8	10:03.2	31:14.12
5	Karen Willsteed	F 55	5485	NAPANEE	6:26.4	10:21.8	32:12.09
6	Tara Stocker	F 54	5486	CONSECON	6:59.5	11:15.1	34:57.56
7	Alison Gilbert	F 52	5493	BLOOMFIELD	7:16.4	11:42.4	36:22.34
8	Debi Nelson	F 54	5491	BELLEVILLE	8:52.6	14:17.2	44:23.34
9	Connie Reid	F 50	5495	BELLEVILLE	8:52.8	14:17.4	44:24.06
10	Nicola Lupton	F 54	5488	CONSECON	10:52.4	17:29.9	54:22.15
11	Marianne Schwartz	F 50	5494	SCARBOROUGH	11:31.6	18:33.0	57:38.03
FEMALE 60 - 98							
1	Janet Foran-Goneau	F 62	5477	BELLEVILLE	5:12.2	8:22.5	26:01.25
2	Lynn Moreau	F 61	5480	CONSECON	6:59.7	11:15.4	34:58.56
3	Debbie Egan	F 61	5303	PICTON	7:51.8	12:39.3	39:19.28
4	Carol McNeil	F 62	5478	ANCASTER	7:57.2	12:47.9	39:46.00
5	Arlene Moraz	F 60	5481	TRENTON	8:52.9	14:17.6	44:24.68
6	Lori Driscoll	F 64	5476	TORONTO	9:32.1	15:20.8	47:40.81
MALE 1 - 14							
1	Nathan DeVille	M 13	5471	TRENTON	4:11.2	6:44.3	20:56.34
2	Jasper Gilbert	M 14	5470	BLOOMFIELD	4:48.8	7:44.7	24:04.00
3	Reese Kleinsteuber	M 12	5388	WELLINGTON	4:53.3	7:52.1	24:26.97
4	Owen Whyte	M 10	5474	STIRLING	5:15.5	8:27.7	26:17.66
5	Dominick Brough	M 9	5475	PICTON	6:06.3	9:49.6	30:31.97
6	Sawyer Sweet	M 10	5473	PICTON	7:14.2	11:38.8	36:11.12
7	Kidan Singer	M 12	5472	BELLEVILLE	10:18.0	16:34.7	51:30.41
MALE 15 - 19							
1	Jayden Daniels	M 16	5314	TORONTO	5:56.0	9:32.9	29:40.00
MALE 20 - 29							
1	Nathan LaCroix	M 21	5469	STIRLING	4:21.6	7:01.0	21:48.22
2	Matt Preston	M 28	5308	KINGSTON	5:51.2	9:25.3	29:16.34
3	Kyle Read	M 20	5385	NEWCASTLE	8:59.3	14:27.9	44:56.69
MALE 30 - 39							
1	Aaron Brough	M 38	5466	AMELIASBURG	6:06.5	9:49.8	30:32.50
2	Matthieu Dubreucq	M 35	5468	LAVAL	6:45.6	10:52.8	33:48.31
MALE 40 - 49							
1	Brad Shepherd	M 47	5382	AJAX	3:59.7	6:25.8	19:58.78

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2	Russell Zavitz	M 40	5378	AJAX	4:38.6	7:28.4	23:13.22
3	Edward Fingland	M 40	5465	KINGSTON	5:08.2	8:16.0	25:41.06
4	James Roy	M 48	5302	ATHENS	5:09.4	8:17.9	25:47.00
5	Alexandre Oliveira	M 48	5390	WOODBIDGE	5:19.3	8:33.9	26:36.84
6	Sean Hemus	M 43	5460	TRENTON	5:41.6	9:09.8	28:28.31
7	Robert Juricevic	M 42	5462	WHITBY	5:46.7	9:18.0	28:53.87
8	Steve Pysklywec	M 45	5459	TRENTON	6:09.5	9:54.6	30:47.50
9	Marc Saulnier	M 46	5458	KINGSTON	6:18.7	10:09.4	31:33.59
10	Jeff DeVille	M 49	5457	TRENTON	6:46.5	10:54.1	33:52.50
11	Matt DeLeon	M 43	5391	PICKERING	6:52.5	11:03.9	34:22.69
12	Mathieu La Rose	M 40	5384	MISSISSAUGA	8:03.9	12:58.8	40:19.90
13	Jason Sweet	M 40	5464	PICTON	9:03.0	14:33.8	45:15.01
MALE 50 - 59							
1	Mike Kawam	M 50	5454	BELLEVILLE	3:57.3	6:21.9	19:46.78
2	Andrew Forbes	M 54	5304	BELLEVILLE	4:11.8	6:45.3	20:59.31
3	Chris Mousseau	M 57	5453	CONSECON	4:58.6	8:00.6	24:53.22
4	Ian Munro	M 50	5455	HAMILTON	6:17.6	10:07.7	31:28.31
MALE 60 - 98							
1	Peter James	M 62	5309	PICTON	4:02.2	6:29.8	20:11.22
2	Boyd Whyte	M 61	5452	STIRLING	4:19.6	6:57.8	21:38.25
3	Paul Kenny	M 64	5461	CHERRY VALLEY	4:24.8	7:06.1	22:04.00
4	Steven Willstead	M 63	5400	NAPANEE	5:52.0	9:26.5	29:20.12
5	Dave Rice	M 74	5398	ROSLIN	6:14.4	10:02.6	31:12.34
6	Norm Hart	M 72	5307	SYDENHAM	6:34.5	10:34.9	32:52.75
7	John Franklin	M 63	5451	BELLEVILLE	6:41.4	10:46.1	33:27.41
8	Clarence Jenkins	M 78	5389	WELLINGTON	6:59.9	11:15.8	34:59.62
9	Michael La Rose	M 71	5399	PICTON	8:03.7	12:58.5	40:18.97
10	Jerry Vickers	M 76	5397	BELLEVILLE	8:36.0	13:50.5	43:00.41
11	Doug Driscoll	M 66	5310	TORONTO	10:52.5	17:30.2	54:22.87