

## 2013 Trauma 10km

City Park - KRRR Race Weekend

4/27/13 - 4/27/13

results by www.runningbydesign

## Event # 1 MIXED 10K Run

Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>OVERALL</b>						
1	JOZA, STEPHEN	29 M 10KM	NT	3:42.45	5:58.00	37:04.5
2	WEERSINK, BRETT	22 M 10KM	NT	3:53.82	6:16.30	38:58.2
3	MORASH, KEVIN	22 M 10KM	NT	3:57.68	6:22.51	39:36.8
4	LALONDE, JEFFREY	36 M 10KM	NT	3:57.84	6:22.77	39:38.4
5	CHRISTIAN, RYAN	26 M 10KM	NT	3:59.29	6:25.10	39:52.9
6	VADALA, JORDAN	21 M 10KM	NT	4:02.30	6:29.94	40:23.0
7	NIELSON, MORTEN	36 M 10KM	NT	4:02.83	6:30.80	40:28.3
8	BEAVERS, KEITH	29 M 10KM	NT	4:06.62	6:36.90	41:06.2
9	MOWAT, ALLISON	30 F 10KM	NT	4:13.65	6:48.21	42:16.5
10	ROTH, NATHAN	25 M 10KM	NT	4:16.09	6:52.14	42:40.9
11	FRESCURA, ANNA-MARIA	33 F 10KM	NT	4:18.58	6:56.14	43:05.8
12	CLARK, DEAN	36 M 10KM	NT	4:21.57	7:00.96	43:35.7
13	PRINSEN, RICHARD	48 M 10KM	NT	4:22.75	7:02.86	43:47.5
14	ASTELL, ALEX	21 M 10KM	NT	4:24.78	7:06.12	44:07.8
15	MURPHY, PATRICK	25 M 10KM	NT	4:27.34	7:10.24	44:33.4
16	POGUE, KARA	21 F 10KM	NT	4:34.94	7:22.47	45:49.4
17	SACILOTTO, ROBERTO	35 M 10KM	NT	4:35.22	7:22.92	45:52.2
18	YUE, DAVID	27 M 10KM	NT	4:38.02	7:27.43	46:20.2
19	RAE, BRYAN	29 M 10KM	NT	4:39.40	7:29.65	46:34.0
20	LI, ZEYU	23 M 10KM	NT	4:40.60	7:31.58	46:46.0
21	RING, KATHLEEN	25 F 10KM	NT	4:42.04	7:33.90	47:00.4
22	WHITE, MATTHEW	26 M 10KM	NT	4:44.36	7:37.63	47:23.6
23	BIELBY, NATHALIE	33 F 10KM	NT	4:44.58	7:37.99	47:25.8
24	MCAVOY, RAYE	21 F 10KM	NT	4:45.18	7:38.95	47:31.8
25	SMITH, GREG	36 M 10KM	NT	4:45.49	7:39.45	47:34.9
26	MOCCIO, AMEY	34 F 10KM	NT	4:45.75	7:39.87	47:37.5
27	STEBBINS, ASHLEY	28 F 10KM	NT	4:46.36	7:40.85	47:43.6
28	MARTIN, DAVID	25 M 10KM	NT	4:47.29	7:42.35	47:52.9
29	O'CONNOR, STEACY	35 F 10KM	NT	4:48.08	7:43.62	48:00.8
30	STYS, DANA	27 F 10KM	NT	4:48.94	7:45.00	48:09.4
31	CURRY, BILL	36 M 10KM	NT	4:51.78	7:49.57	48:37.8
32	TERZIAN, RAFY	38 M 10KM	NT	4:51.82	7:49.64	48:38.2
33	SCHEELE, KIMBERLY	22 F 10KM	NT	4:51.99	7:49.91	48:39.9
34	WATSON, MICHAEL	28 M 10KM	NT	4:52.27	7:50.36	48:42.7
35	PLACE, STEPHANIE	25 F 10KM	NT	4:52.68	7:51.02	48:46.8
36	BOND, NORA	34 F 10KM	NT	4:53.02	7:51.57	48:50.2
37	HUSBAND, RHONDDA	47 F 10KM	NT	4:53.18	7:51.83	48:51.8
38	SLOBODIAN, SHAUNA	28 F 10KM	NT	4:53.51	7:52.36	48:55.1
39	BERDAN, STACEY	45 F 10KM	NT	4:53.75	7:52.74	48:57.5
40	CURTIS, MASON	24 M 10KM	NT	4:54.50	7:53.95	49:05.0
41	IRVINE, STEPHANIE	27 F 10KM	NT	4:55.66	7:55.82	49:16.6
42	KNOTT, MELODY	36 F 10KM	NT	4:56.26	7:56.78	49:22.6
43	LAW, CARMEN	23 F 10KM	NT	4:56.54	7:57.23	49:25.4
44	COOK, MEGAN	19 F 10KM	NT	4:56.74	7:57.56	49:27.4
45	BRAGG, MATTHEW	26 M 10KM	NT	4:56.95	7:57.89	49:29.5
46	RICKARD, DARRYL	39 M 10KM	NT	5:00.13	8:03.01	50:01.3
47	AUDLEY, CATHERINE	30 F 10KM	NT	5:00.73	8:03.98	50:07.3
48	ALEXANDER, AINSLEY	28 M 10KM	NT	5:01.70	8:05.54	50:17.0
49	O'LEARY, MEGHAN	26 F 10KM	NT	5:02.98	8:07.60	50:29.8
50	BERGIN, TIMOTHY	30 M 10KM	NT	5:03.86	8:09.02	50:38.6

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51	CHIS. ROXY	25 F	10KM	NT	5:04.06	8:09.34	50:40.6
52	MCCONKEY. COLIN	34 M	10KM	NT	5:04.27	8:09.68	50:42.7
53	YOU. DANIEL	22 M	10KM	NT	5:04.70	8:10.37	50:47.0
54	GINN. BRIAN	41 M	10KM	NT	5:04.85	8:10.61	50:48.5
55	COLLINS. ROBB	37 M	10KM	NT	5:06.83	8:13.80	51:08.3
56	HODGERT. KYLE	24 M	10KM	NT	5:09.53	8:18.14	51:35.3
57	CAMERON. PAUL	23 M	10KM	NT	5:10.42	8:19.57	51:44.2
58	MASSE. DANIEL	30 M	10KM	NT	5:11.18	8:20.80	51:51.8
59	DEMERCHANT. ALYSON	16 F	10KM	NT	5:13.40	8:24.37	52:14.0
60	ANDERSON. SAMANTHA	35 F	10KM	NT	5:13.77	8:24.96	52:17.7
61	WALKER. EMILY	22 F	10KM	NT	5:13.82	8:25.04	52:18.2
62	WALKER. ROSS	55 M	10KM	NT	5:14.01	8:25.35	52:20.1
63	DEHOOP. JAMES	51 M	10KM	NT	5:14.54	8:26.20	52:25.4
64	FARRELL. RENEE	26 F	10KM	NT	5:14.59	8:26.28	52:25.9
65	SPRINGGAY. MICHELLE	25 F	10KM	NT	5:14.63	8:26.35	52:26.3
66	WOOLNER. ELLIOT	30 M	10KM	NT	5:14.71	8:26.48	52:27.1
67	MACMILLAN. CAILIN	22 F	10KM	NT	5:15.92	8:28.42	52:39.2
68	BOAL. CLINTON	29 M	10KM	NT	5:16.04	8:28.62	52:40.4
69	COUILLONNEUR. MIKAYL	18 F	10KM	NT	5:16.10	8:28.71	52:41.0
70	MACDONALD. HEATHER	25 F	10KM	NT	5:16.37	8:29.15	52:43.7
71	PURDY. EVE	22 F	10KM	NT	5:16.74	8:29.74	52:47.4
72	JEZIORSKI. ADAM	35 M	10KM	NT	5:16.82	8:29.87	52:48.2
73	MCFARLAND. WENDY	39 F	10KM	NT	5:18.11	8:31.95	53:01.1
74	STEVENS. JARED	39 M	10KM	NT	5:19.23	8:33.75	53:12.3
75	CHEW. JULIA	99 F	10KM	NT	5:20.66	8:36.05	53:26.6
76	SHEPPARD. TED	35 M	10KM	NT	5:20.93	8:36.49	53:29.3
77	MACVICOR. AL	46 M	10KM	NT	5:22.15	8:38.45	53:41.5
78	GARG. VINAY	23 M	10KM	NT	5:23.26	8:40.24	53:52.6
79	IRELAND. IRENE	48 F	10KM	NT	5:23.46	8:40.56	53:54.6
80	GIBSON. SARAH	21 F	10KM	NT	5:25.56	8:43.94	54:15.6
81	CHAMBERS. DAX	40 M	10KM	NT	5:25.78	8:44.29	54:17.8
82	HERMAN. STEPHANIE	99 F	10KM	NT	5:26.17	8:44.92	54:21.7
83	ZHANG. SHANNON	24 F	10KM	NT	5:29.46	8:50.21	54:54.6
84	LOEBACH. JAY	30 M	10KM	NT	5:30.74	8:52.27	55:07.4
85	XU. SHELLY	23 F	10KM	NT	5:31.25	8:53.10	55:12.5
86	ANNIE. LANGLEY	26 F	10KM	NT	5:31.95	8:54.22	55:19.5
87	MILLS. KIM	32 F	10KM	NT	5:33.05	8:55.99	55:30.5
88	MONTEIRO. JESSICA	24 F	10KM	NT	5:34.09	8:57.67	55:40.9
89	GRIFFITHS. KATHERINE	28 F	10KM	NT	5:35.78	9:00.39	55:57.8
90	CHARBONNEAU. ANNA	34 F	10KM	NT	5:36.00	9:00.74	56:00.0
91	MINSHALL. CALEIGH	24 F	10KM	NT	5:36.18	9:01.03	56:01.8
92	SMITH. KIM	35 F	10KM	NT	5:38.46	9:04.70	56:24.6
93	WEBSTER. DAVID	49 M	10KM	NT	5:38.74	9:05.15	56:27.4
94	SPRIGGS. RYAN	29 M	10KM	NT	5:38.93	9:05.45	56:29.3
95	AUSTEN. ANDREA	39 F	10KM	NT	5:40.41	9:07.84	56:44.1
96	ROBERTSON. JAMIE	50 M	10KM	NT	5:43.74	9:13.20	57:17.4
97	LUCKETT-GATUPOULOS. S	29 F	10KM	NT	5:44.27	9:14.05	57:22.7
98	KENNEDY. EMILY	21 F	10KM	NT	5:44.51	9:14.44	57:25.1
99	RICKARD. MARGIE	35 F	10KM	NT	5:45.68	9:16.32	57:36.8
100	BOAL. MARTIN	59 M	10KM	NT	5:46.05	9:16.91	57:40.5
101	RICHMOND. JUSTINA	28 F	10KM	NT	5:49.76	9:22.88	58:17.6
102	CRAIG-PETTEM. LINDSAY	25 F	10KM	NT	5:50.04	9:23.33	58:20.4

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103	CERVANTES, CATHERINE	24 F	10KM	NT	5:50.25	9:23.67	58:22.5
104	MILES, ELLEN	25 F	10KM	NT	5:50.39	9:23.90	58:23.9
105	VOTH, SAMANTHA	24 F	10KM	NT	5:51.63	9:25.89	58:36.3
106	CURRY, AMY	35 F	10KM	NT	5:51.96	9:26.42	58:39.6
107	OSUMEK, JESSICA	26 F	10KM	NT	5:53.57	9:29.02	58:55.7
108	COUTERIER, SHONA	22 F	10KM	NT	5:55.42	9:31.99	59:14.2
109	HOULE, TEENA	32 F	10KM	NT	5:57.02	9:34.57	59:30.2
110	TAGGART, JASON	37 M	10KM	NT	5:59.24	9:38.14	59:52.4
111	BENN-TAGGART, LAURA	32 F	10KM	NT	5:59.28	9:38.21	59:52.8
112	VANDENTILLAART, BRITT	27 F	10KM	NT	5:59.40	9:38.40	59:54.0
113	CLEMENT, ELIZABETH	30 F	10KM	NT	5:59.64	9:38.78	59:56.4
114	MCLAY, HEATHER	20 F	10KM	NT	6:01.07	9:41.09	1:00:10.7
115	MURRAY, ERIN	20 F	10KM	NT	6:01.10	9:41.13	1:00:11.0
116	MCEWAN, CASSANDRA	25 F	10KM	NT	6:03.70	9:45.32	1:00:37.0
117	JOHNSTON, EMILY	24 F	10KM	NT	6:04.64	9:46.83	1:00:46.4
118	DAVIES, MELISSA	39 F	10KM	NT	6:06.95	9:50.55	1:01:09.5
119	MACKINNON, KATHIE	33 F	10KM	NT	6:08.92	9:53.72	1:01:29.2
120	MARK, BARRY	34 M	10KM	NT	6:08.97	9:53.80	1:01:29.7
121	SIMARD, FANIE	21 F	10KM	NT	6:10.25	9:55.86	1:01:42.5
122	OSWALD, GEORGE	61 M	10KM	NT	6:13.56	10:01.19	1:02:15.6
123	RUTHERFORD, KRYSTEN	22 F	10KM	NT	6:22.24	10:15.16	1:03:42.4
124	BENCHARIF, SARAH-TAIS	23 F	10KM	NT	6:23.35	10:16.94	1:03:53.5
125	HUNTER MULDOON, PAT	50 F	10KM	NT	6:24.88	10:19.40	1:04:08.8
126	WEST, ERIN	28 F	10KM	NT	6:25.93	10:21.09	1:04:19.3
127	CRONK, AMANDA	21 F	10KM	NT	6:26.80	10:22.49	1:04:28.0
128	CRONK, MARIA	52 F	10KM	NT	6:26.84	10:22.56	1:04:28.4
129	VAN MELLE, ELAINE	56 F	10KM	NT	6:26.90	10:22.66	1:04:29.0
130	CURRIE, JESS	24 F	10KM	NT	6:27.94	10:24.33	1:04:39.4
131	OUENNEVILLE, CHRISTIN	41 M	10KM	NT	6:28.01	10:24.44	1:04:40.1
132	CURRIE, CAROL	58 F	10KM	NT	6:29.82	10:27.35	1:04:58.2
133	BARUA, REETA	22 F	10KM	NT	6:32.56	10:31.76	1:05:25.6
134	HOLLIDAY, ROBIN	36 F	10KM	NT	6:34.81	10:35.39	1:05:48.1
135	FAHEY, MICHAEL	51 M	10KM	NT	6:36.77	10:38.54	1:06:07.7
136	LATTANZIO, TANIS	40 F	10KM	NT	6:45.45	10:52.51	1:07:34.5
137	PHILLIPS, SAMANTHA	24 F	10KM	NT	6:48.68	10:57.71	1:08:06.8
138	BARNET, ROBYN	48 F	10KM	NT	6:50.96	11:01.38	1:08:29.6
139	CARON, JOSEE	49 F	10KM	NT	6:56.19	11:09.79	1:09:21.9
140	OSWALD, MARION	55 F	10KM	NT	7:00.26	11:16.34	1:10:02.6
141	KEALEY, SHANNON	30 F	10KM	NT	7:04.01	11:22.38	1:10:40.1
142	CORREIA, TONY	36 M	10KM	NT	7:04.10	11:22.52	1:10:41.0
143	LEE, KATHY	53 F	10KM	NT	7:04.26	11:22.78	1:10:42.6
144	HA, GUNTHER	31 M	10KM	NT	7:08.87	11:30.20	1:11:28.7
145	RIORDON, MEGAN	26 F	10KM	NT	7:09.80	11:31.70	1:11:38.0
146	MITCHELL, THERESA	43 F	10KM	NT	7:17.97	11:44.84	1:12:59.7
147	LEYNES, KATE	99 F	10KM	NT	7:18.02	11:44.92	1:13:00.2
148	JENNIFER, ANDERSON	35 F	10KM	NT	7:23.01	11:52.96	1:13:50.1
149	TREMBLAY, CHANTAL	46 F	10KM	NT	7:27.47	12:00.13	1:14:34.7
150	CRICHTON, CASSANDRA	29 F	10KM	NT	7:27.52	12:00.21	1:14:35.2
151	RAIKES, JOSHUA	27 M	10KM	NT	7:42.61	12:24.50	1:17:06.1
152	KLINE, ADAM	29 M	10KM	NT	7:43.92	12:26.61	1:17:19.2
153	COOK, MARYL	36 F	10KM	NT	7:50.63	12:37.41	1:18:26.3