

32nd Mark Darroch Half Marathon/James K Carlyle 5km

Rockport, Ontario

2019-09-10

9/6/19 - 9/6/19

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 10 - 19							
1	Brin Coulter	F 13	244	KINGSTON	4:39.9	7:30.5	23:19.69
2	Codon Turcotte	F 10	253	MERRICKVILLE	4:47.4	7:42.5	23:57.00
3	Maggie Crawford	F 15	243	BROCKVILLE	4:49.9	7:46.6	24:09.91
4	Brittany Brown	F 19	247	BROCKVILLE	4:52.2	7:50.2	24:21.09
5	Cadia Turcotte	F 12	252	MERRICKVILLE	5:15.2	8:27.3	26:16.31
6	Karly Hawkes	F 18	207	KINGSTON	5:17.9	8:31.6	26:29.62
FEMALE 20 - 29							
1	Heather Conlin	F 29	241	BROCKVILLE	5:10.5	8:19.7	25:52.59
2	Madison Oskamp	F 27	211	BELLEVILLE	5:36.2	9:01.1	28:01.12
FEMALE 30 - 39							
1	Holly Martin	F 34	209	BROCKVILLE	5:03.4	8:08.4	25:17.41
2	Shannon Summers	F 38	214	SMITHS FALLS	5:42.3	9:11.0	28:31.94
3	Josee Deleseleuc	F 33	204	KINGSTON	6:50.3	11:00.3	34:11.75
FEMALE 40 - 49							
1	Sarah Crawford	F 47	242	BROCKVILLE	4:50.1	7:46.8	24:10.59
2	Katie Baker	F 48	202	ATHENS	5:20.1	8:35.2	26:40.72
3	Janet Gartley	F 49	206	BROCKVILLE	6:24.7	10:19.2	32:03.81
FEMALE 50 - 59							
1	Joyce Acton	F 58	201	WESTPORT	4:46.2	7:40.5	23:51.00
2	Audethy Tallack	F 58	246	KINGSTON	5:07.4	8:14.8	25:37.28
3	Karen Gagnon	F 57	205	KINGSTON	5:28.3	8:48.4	27:21.75
4	Denise Anthony	F 59	239	NORTH AUGUSTA	5:34.1	8:57.7	27:50.56
5	Sharon Riddell	F 53	212	BROCKVILLE	5:34.8	8:58.8	27:54.18
6	Sylvia Robb	F 55	213	KINGSTON	5:49.5	9:22.5	29:07.66
7	Marianne Carlyle	F 57	249	BROCKVILLE	6:38.5	10:41.4	33:12.78
8	Karen Boese	F 58	203	KINGSTON	6:58.5	11:13.5	34:52.53
FEMALE 60 - 69							
1	Karen McDonald-Hurley	F 60	210	MAITLAND	6:18.2	10:08.6	31:31.00
MALE 1 - 9							
1	Cehlden Turcotte	M 9	254	MERRICKVILLE	4:45.7	7:39.8	23:48.62
2	Canyon Turcotte	M 7	255	MERRICKVILLE	4:47.2	7:42.2	23:56.25
3	Parker Goguen	M 9	221	BROCKVILLE	4:56.0	7:56.3	24:40.06
MALE 10 - 19							
1	Max Benda	M 14	216	SMITHS FALLS	3:26.5	5:32.3	17:12.59
2	Jacob McLean	M 13	225	SMITHS FALLS	3:32.2	5:41.6	17:41.41
3	Tavo Stringel	M 15	231	SMITHS FALLS	3:36.5	5:48.5	18:02.94
4	Will Campeau	M 16	219	SPENCERVILLE	3:37.1	5:49.5	18:05.88
5	Travis Gaffney	M 12	220	BROCKVILLE	3:37.7	5:50.4	18:08.72
6	Caden Turcotte	M 13	251	MERRICKVILLE	3:41.2	5:56.0	18:26.09
7	Parker Levac	M 12	240	SMITHS FALLS	3:52.8	6:14.7	19:24.31
8	Blake Shane	M 15	230	CORNWALL	4:07.5	6:38.3	20:37.59
9	Tyler Lavoie	M 16	224	KEMPTVILLE	4:22.4	7:02.3	21:52.18
10	Cameron Carlyle-Locke	M 17	248	BROCKVILLE	4:25.0	7:06.4	22:05.00
11	Matthew Vandenkerkhof	M 14	234	LANSDOWNE	5:49.2	9:22.1	29:06.44

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
MALE 20 - 29							
1	Zackery Boyd	M 28	218	BROCKVILLE	4:21.9	7:01.5	21:49.69
2	Garrett Knapp	M 22	222	BROCKVILLE	4:22.1	7:01.9	21:50.94
MALE 30 - 39							
1	Ryan Mussell	M 32	226	MAITLAND	5:04.2	8:09.6	25:21.28
MALE 40 - 49							
1	Gus Stringel	M 49	232	SMITHS FALLS	4:33.3	7:19.9	22:46.75
2	Jason Barlow	M 45	215	BROCKVILLE	4:54.0	7:53.2	24:30.34
3	Kevin Latham	M 46	223	KINGSTON	6:23.6	10:17.4	31:58.18
4	Matthew Richardson	M 45	228	NAPANEE	6:26.1	10:21.4	32:10.72
MALE 50 - 59							
1	Christian Ritchot	M 59	229	BELLEVILLE	4:22.6	7:02.7	21:53.37
2	Murray Tait	M 59	233	BROCKVILLE	4:57.4	7:58.6	24:47.03
MALE 60 - 69							
1	Glenn Caird	M 67	256	LANDSDOWNE	4:27.4	7:10.4	22:17.31
2	Ken Tallack	M 64	245	KINGSTON	5:58.6	9:37.1	29:53.22
MALE 70 - 79							
1	Bryne Francios	M 71	238	BROCKVILLE	5:43.3	9:12.6	28:36.88
2	Bill Poole	M 74	227	MALLORYTOWN	5:53.2	9:28.5	29:26.44
3	Jim Estes	M 70	237	KINGSTON	6:17.0	10:06.8	31:25.31
4	Hugh Wilson	M 79	236	DORVAL QUEBEC	6:38.4	10:41.2	33:12.22
MALE 80 - 98							
1	Jean Bernaquez	M 86	217	MONTREAL QUEBEC	7:37.6	12:16.4	38:08.09