

DION Ignite the Night 5/10km

Upper Canada Village

2020-01-11

1/11/20 - 1/11/20

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
1	Crwys Harris	5130	M 37	ORLEANS	21:28.88
2	Anthony Chee Chue	5111	M 39	BANCROFT	24:50.00
3	Marie-Eve LaRocque	5141	F 38	CRYSLER	26:30.75
4	Jessica Aldaba	5101	F 39	OTTAWA	27:51.15
5	Dave Ward	5175	M 45	OTTAWA	27:58.12
6	James Miner	5184	M 71	DRYDEN	28:03.31
7	Sonia Waharte	5174	F 42	KANATA	28:08.50
8	Sarah-Jane Ward	5176	F 41	OTTAWA	28:33.46
9	Normand Lanthier	5140	M 36	CANTLEY	29:24.12
10	Jen Milligan	5151	F 40	OTTAWA	29:34.62
11	Daniela Wuthrich	5180	F 40	GATINEAU	29:35.97
12	Emily van koppen	5181	F 26	NEWINGTON	30:27.87
13	Tina Fleig	5123	F 39	ORLEANS	31:04.66
14	Chantal Lalonde-Beau	5139	F 37	CORNWALL	31:53.81
15	Sonia Poirier	5157	F 47	CORNWALL	31:57.62
16	Tomasz Szczeszynski	5168	M 46	OTTAWA	32:37.34
17	Crystal Wasney	5179	F 36	OTTAWA	32:39.50
18	Rachel Poirier	5158	F 39	CORNWALL	33:48.05
19	Bill Chafe	5109	M 38	MORRISBURG	34:58.12
20	Sherry-Lynn Harbers	5129	F 26	WILLIAMSBURG	36:12.66
21	Kendra Ward	5177	F 26	KANATA	36:13.44
22	Patrice Chen	5112	F 42	GATINEAU	37:54.56
23	Timothy Hopkins	5134	M 36	NORTH GOWER	39:28.47
24	Cliff Trafford	5185	M 46	NEPEAN	40:48.66
25	KRISTINA DAVIS	5119	F 40	OTTAWA	40:49.41
26	Roxann Cook	5183	F 51	GREELY	40:54.22
27	Scott Campbell	5182	M 48	GREELY	40:56.28
28	Karen DOIRON	5120	F 55	OTTAWA	41:05.18
29	Emily Hopkins	5133	F 33	NORTH GOWER	41:12.09
30	ANNE-MARIE JOHN	5137	F 61	OTTAWA	43:50.12
31	Tamera Durks	5121	F 50	OTTAWA	43:58.56
	Connie Byrne	5108	F 50	GUELPH	DNS
	Stephanie Brundl	5107	F 50	GUELPH	DNS