

KRRA Two-Some Run

2020-02-09

4/9/20 - 4/9/20

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
1	Matt Flood	138	M 22	Em-mat	16:12.12
2	Hugh Langley	169	M 34	Langley n Langley	16:20.62
3	Kyle Wyonch	377	M 19	UN24	16:55.62
4	Nick Cosman	127	M 38	Trihardz	17:14.84
5	Clay Patterson	194	M 31	Patt-Reynson	17:33.22
6	Kevin Beatty	98	M 43	Running Wild	17:47.28
7	Tim Gillespie	146	M 42	UN21	18:16.18
8	Steven Blostein	101	M 58	Stevedores	18:25.78
9	Angus Skinner	356	M 14	Physi-Kult 1	18:29.75
10	Ryan Dorsey	134	M 33	Team Dorsey	18:32.81
11	Owain Jones	163	M 35	Team Jones	18:35.50
12	Owen Danby	129	M 14	Physi-Kult 1	18:36.46
13	Veronica Allan	89	F 29	Veronica - May	18:42.34
14	Kevin Webster	373	M 52	Miles-Webster	18:48.34
15	Steve Weiler	374	M 38	UN17	19:19.47
16	Andrew Duquesnay	135	M 27	Bill and Andrew	19:29.88
17	Graham Hawkes	156	M 43	Hawkes/Smith	19:33.81
18	Stephen Callahan	113	M 57	Newfoundland Transpl	19:34.90
19	Meredith Langley	170	F 32	Langley n Langley	19:38.00
20	Ché Breadner	107	M 16	Saunders - Breadner	19:59.72
21	Lorne Singer	355	M 53	Tippy toes and me	20:10.53
22	Cooper Barrie	94	M 13	Cooper Lieff	20:13.15
23	Robby Breadner	108	M 53	Limestone City Ent.	20:30.12
24	Dalton Cote	128	M 55	Cote-Moran	20:36.59
25	Robert Almas	92	M 41	UN32	20:37.65
26	Reese McShane	308	F 15	Team Campbell	20:42.38
27	Gavin Cosgrove	125	M 38	Team Cosgrove	20:45.81
28	Alex Campbell	8	F 14	Team Campbell	20:59.34
29	Mackenzie Bowman	103	F 41	Paul and Mackenzie	21:08.22
30	Heather Ostic	192	F 51	UN22	21:11.47
31	Jacob Frank	144	M 11	The Frank runners	21:23.78
32	Billy Ford	140	M 28	The BookEnds	21:27.18
33	Tyler Eames	310	M 40	Team Eames	21:27.72
34	Michael Kennedy	164	M 39	The Kennedy's	21:29.18
35	Kathleen Dorsey	133	F 33	Team Dorsey	21:31.22
36	Brian Frank	143	M 45	The Frank runners	21:33.25
37	Catherine Irwin	160	F 17	UN31	21:41.09
38	Peter James	59	M 64	UN18	21:41.78
39	Adam Gibson	23	M 36	On The Move	21:42.62
40	Kira Allen	90	F 15	Team KCVI	21:44.41
41	Al Cantlay	114	M 65	Ride or Die	21:46.47
42	Brendan McAleer	180	M 38	UN34	21:54.66
43	Karim Nashef	190	M 33	Katie & Karim	21:59.28
44	Lana Saunders	348	F 45	Ride or Die	22:00.28
45	Allison Alexander	88	F 37	Newfoundland Transpl	22:09.91
46	Aaron Siller	353	M 35	Siller Williams	22:15.38
47	Scott Allen	91	M 31	Annie and Scott	22:18.59

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
48	Rick Royce	347	M 60	Millson-Royce	22:23.75
49	Lyndsay Glazier	148	F 31	Glazier-Brastianos	22:25.94
50	Amy Smith	358	F 39	Hawkes/Smith	22:32.84
51	May Lu	174	F 26	Veronica - May	22:38.88
52	Bill Dobson	131	M 54	Bill and Andrew	22:39.68
53	Richard Prinsen	339	M 55	Glazier - Prinsen	22:43.88
54	Lianne Morissette	187	F 49	Trihardz	22:45.88
55	Anthony Colangeli	122	M 32	Cantlay - Colangeli	22:56.44
56	Annie Riel	54	F 45	Annie and Scott	23:09.66
57	Paul Batty	97	M 39	Paul and Mackenzie	23:11.28
58	Sara Wellwood	375	F 38	Foxwood Duo	23:12.75
59	Robi Witzke	60	F 45	Team Witzke	23:23.75
60	Dominic Mayhew	179	M 25	Equilibrium	23:36.28
61	Eddy Ford	141	M 36	The BookEnds	23:43.66
62	Luis Paico Avilez	193	M 36	Luis & Pam	23:48.47
63	Dan Lynch	175	M 28	Be A Running Friend	23:49.69
64	Andrew Filipcic	137	M 28	Be A Running Friend	23:50.52
65	David Staples	361	M 28	David & Sara	23:51.40
66	Daniel Williams	376	M 38	Siller Williams	23:54.66
67	Mark Waldren	307	F 57	Team Witzke	23:56.72
68	Claire Brackenbury	104	F 15	Team KCVI	23:58.69
69	Angela Eames	309	F 39	Team Eames	24:04.34
70	David Lee	172	M 56	The 56'ers	24:06.47
71	Tammy Pigion	197	F 46	Matthew & Tammy	24:08.34
72	Sophie Saunders-Lamb	349	F 13	Saunders - Breadner	24:14.78
73	Leanne Moran	186	F 54	Cote-Moran	24:16.59
74	Karen Millson	185	F 57	Millson-Royce	24:17.50
75	Katie Ratcliffe	340	F 34	Katie & Karim	24:19.25
76	Brad Johnson	378	M 31	Team Kidson	24:24.22
77	Julie Schneider	381	F 39	UN20	24:25.72
78	Ed Brand	105	M 71	Middle of the Pack	24:27.75
79	Parker Goguen	150	M 10	Catch me if you can.	24:32.75
80	Kathleen Abeles	87	F 28	Mom & Me	24:37.22
81	Eric Stephens	363	M 41	Stephens	24:40.66
82	Tricia Smith	359	F 38	Kickin Asphalt	24:42.38
83	Gerald Lapratte	171	M 47	Team Loulou	24:46.34
84	Francoise Glibert	149	F 59	BELCAN	24:51.25
85	Janet Shepherd	352	F 56	The 56'ers	24:52.59
86	Amy Stephens	362	F 37	Stephens	24:53.75
87	Harry Brastianos	106	M 41	Glazier-Brastianos	24:58.47
88	Diane Kent	166	F 57	Running Wild	24:59.75
89	Tucker Carrington	118	M 61	Nilpferde	25:01.91
90	Madison Oskamp	191	F 28	Maddy O	25:02.68
91	Andrew Forbes	139	M 57	Maddy O	25:03.43
92	Lani Fox	142	F 42	Foxwood Duo	25:04.06
93	Mary Reynolds	343	F 27	Patt-Reynson	25:16.22
94	Rob Hamilton	155	M 43	GC ATHLETIC CLUB	25:17.88
95	Matthew Silver	354	M 23	Team Turtle	25:21.91
96	Chris Kreick	168	M 43	Nineteen and a Half	25:27.18
97	Julie Bates	95	F 24	Running Pages	25:31.78

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
98	Karen Walsh	372	F 43	We Go!	25:42.09
99	Holly Martin	178	F 35	Catch me if you can.	26:06.72
100	Audethy Tallack	368	F 59	Tallack + Tallack	26:19.97
101	Casey Kidson	167	F 31	Team Taylor	26:24.88
102	Karly Hawkes	157	F 19	Kickin Asphalt	26:26.38
103	Shannon Bowes	102	F 32	Team Turtle	26:32.50
104	Alison Haggarty	152	F 60	Vertically challenge	26:37.88
105	Whitney Cosgrove	126	F 31	Team Cosgrove	26:38.65
106	Lindsay Shaddock	351	F 34	Run Like A Mother	26:43.84
107	Rachael Macdermid	177	F 34	Run Like A Mother	26:44.59
108	Cara Chesney	120	F 39	Limestone City Ent.	26:46.94
109	Stacey Berdan	99	F 52	Middle of the Pack	26:51.91
110	Stephanie Place	199	F 32	GC ATHLETIC CLUB	27:04.66
111	Jenna Glazier	147	F 29	Glazier - Prinsen	27:08.72
112	Michelle Pothier	200	F 51	Tippy toes and me	27:09.81
113	Tara Kennedy	165	F 12	The Kennedy's	27:16.84
114	Garry Carl	116	M 64	Vertically challenge	27:23.72
115	Kate Primeau	17	F 39	On The Move	27:41.44
116	Kathy Hinch	158	F 58	Girl Power	27:42.94
117	Nancy Ball	93	F 59	Ball-Rice	27:48.69
118	Rebecca Sly	357	F 28	Slyder	27:50.41
119	Lisa Snyder	360	F 29	Slyder	27:51.24
120	Philip Bates	96	M 56	BELCAN	28:02.59
121	Emma Hamilton	154	F 21	Em-mat	28:04.97
122	Pam Mundell	188	F 54	Luis & Pam	28:14.81
123	Christina Cantlay	115	F 30	Cantlay - Colangeli	28:16.06
124	Dorothea Blostein	100	F 60	Stevedores	28:20.12
125	Heather Townsend	371	F 24	Running Pages	28:34.50
126	Claire McKinney	183	F 53	Girl Power	28:49.22
127	Julielee Stitt	364	F 30	We're Snot Cold	28:53.31
128	Rob Haggarty	153	M 60	We Go!	29:13.81
129	Jennifer Corelli	123	F 36	Frozen	29:16.59
130	Jennifer Pinarski	198	F 42	We're Snot Cold	29:25.31
131	Louise Guerin	151	F 46	Team Loulou	29:36.88
132	Richard Sunderland	367	M 74	Team Sunderland	29:55.69
133	Saif Elmaghraby	136	M 23	Equilibrium	29:57.22
134	Allison Casteels	119	F 34	Team Jones	30:01.88
135	Cindy Abeles	86	F 62	Mom & Me	30:07.03
136	Dave Sullivan	365	M 37	Paula & Dave	30:20.59
137	John Day	130	M 60	Team Taylor	30:35.18
138	Lisa Taylor	380	F 50	Team Taylor	30:50.44
139	Sarah Paulson	195	F 29	Huffnpuff	30:59.88
140	Brian Petersen	196	M 33	Huffnpuff	31:00.46
141	Martine Thivierge-Bou	369	F 40	Nineteen and a Half	31:22.78
142	Tracy Bridgen	110	F 40	Bridgen	31:59.75
143	Jen Bridgen	109	F 37	Bridgen	32:40.06
144	Whitney Donnelly	132	F 29	Frost Friends	32:49.18
145	Breanne Johnson	162	F 34	Frost Friends	32:50.21
146	Matthew Richardson	345	M 46	Matthew & Tammy	33:00.84
147	Sherry Corneil	124	F 69	UN25	33:11.47

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
148	Paula Sullivan	366	F 40	Paula & Dave	34:04.88
149	Kayla Lieff	173	F 13	Cooper Lieff	34:31.38
150	Diane Miles	184	F 54	Miles-Webster	34:31.87
151	Paul Thompson	370	M 70	Team Sunderland	35:19.31
152	Autumn Gardner	145	F 39	Cagney & Lacey	35:34.09
153	Caroline Claude	121	F 45	Cagney & Lacey	35:36.94
154	Anke Carrington	117	F 59	Nilpferde	37:05.25
155	Megan Ross	346	F 25	Quick Brown Foxes	37:25.01
156	Debbie Hutchinson	159	F 48	Just One More Hill B	37:25.12
157	Billy Macadoo	176	M 48	Just One More Hill B	37:25.65
158	Daniel Isakovich	161	M 25	Quick Brown Foxes	39:22.00
159	Richard Renaud	342	M 41	Rebellious Renaud	42:18.00
160	Abagael Renaud	341	F 15	Rebellious Renaud	42:19.00
	Wendy McCoy	182	F 53	McCoy	DNS