

KRRA Two-Some 5km

Kingston, Ontario

2018-02-13

11/2/17 - 11/2/17

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
FEMALE 1 - 19					
1	Lauren Miller	1081	F 16	PERTH	21:06.69
2	Marley Beckett	1135	F 18	Kingston	21:09.18
3	Lily Chubaty	1055	F 15	SYDENHAM	22:49.31
4	Sophie Saunders-Lamb	1093	F 11	HOWE ISLAND	25:51.03
5	Juno Aiken	1006	F 14	HARROWSMITH	26:19.18
6	Hero Aiken	1007	F 15	HARROWSMITH	28:20.65
7	Abby Lloyd	1053	F 11	MARYSVILLE	31:50.41
8	Kayla Lieff	1047	F 11	AMHERSTVIEW	33:26.28
9	Madeline Kerr	1140	F 8	Kingston	37:14.59
FEMALE 20 - 29					
1	Karoline Hoy	1099	F 28	KINGSTON	19:51.91
2	Paule Bertholet	1074	F 25	KINGSTON	20:30.75
3	Lindsay Furtado	1137	F 28	Kingston	22:01.78
4	Julie Bates	1038	F 22	INVERARY	22:10.12
5	Lyndsay Glazier	1056	F 29	JOYCEVILLE	22:31.09
6	Hannah Ascough	1010	F 22	KINGSTON	23:10.97
7	Diane Davies	1000	F 24	OTTAWA	24:29.25
8	Alanna Kader	1041	F 27	KINGSTON	29:53.03
9	Amanda Meekel	1109	F 26	KINGSTON	36:38.44
FEMALE 30 - 39					
1	Jacquie Dewolfe	1033	F 35	KINGSTON	22:34.69
2	Sara Wellwood	1089	F 37	KINGSTON	24:48.00
3	Kathleen Dorsey	1145	F 31	Kingston	25:07.78
4	Jana Mareckova	1037	F 38	KINGSTON	28:09.59
5	Allison Casteels	1068	F 32	KINGSTON	32:20.75
6	Janna Dolphin	1106	F 30	KINGSTON	36:04.41
7	Kathryn Holt	1107	F 32	KINGSTON	36:04.75
8	Katrina McDonough	1138	F 38	Elginburg	39:43.00
FEMALE 40 - 49					
1	Suzanne Kerr	1087	F 42	KINGSTON	22:28.78
2	Lana Saunders	1085	F 43	STIRLING	23:36.94
3	Annie Riel	1035	F 43	KINGSTON	23:46.47
4	Wendy O'Keefe	1130	F 41	KINGSTON	24:25.22
5	Leslie Reade	1051	F 46	SYDENHAM	24:33.53
6	Lani Fox	1088	F 40	AMHERSTVIEW	25:08.12
7	Ikuko Hall	1110	F 49	KINGSTON	25:48.40
8	Tammy Pigion	1097	F 44	NAPANEE	26:03.25
9	Gayle Miller	1013	F 42	BELLEVILLE	26:13.12
10	Alana Hamelin	1112	F 40	KINGSTON	27:02.28
11	Kate Archibald-Cross	1022	F 44	KINGSTON	27:09.90
12	Shannon Wilson	1090	F 45	BROCKVILLE	28:17.96

KRRA Two-Some 5km

Kingston, Ontario

2018-02-13

11/2/17 - 11/2/17

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
FEMALE 40 - 49					
13	Becky Lloyd-Peter	1005	F 41	KINGSTON	32:53.47
14	Melanie Mercer Melbo	1124	F 41	KINGSTON	33:58.22
15	Peggy Cuthbert	1078	F 48	SYDENHAM	37:54.00
16	Lisa McGowan	1027	F 45	PERTH ROAD	39:44.00
17	Kelly Ferguson	1026	F 42	KINGSTON	39:45.00
18	Crystal Aiken	1131	F 42	HARROWSMITH	40:41.00
19	Katie Amell	1044	F 43	BATTERSEA	46:07.00
FEMALE 50 - 59					
1	Ingrid Golemiec	1067	F 55	KINGSTON	24:27.50
2	Pam Mundell	1071	F 52		25:27.18
3	Janet Shepherd	1103	F 54	MALLORYTOWN	26:08.28
4	Francoise Glibert-Bate:	1025	F 57	INVERARY	26:18.75
5	Cheryl La Force	1076	F 58	KINGSTON	26:28.09
6	Karen Gagnon	1043	F 56	KINGSTON	28:25.03
7	Alison Haggarty	1100	F 58	BELLEVILLE	28:37.75
8	Stacey Berdan	1008	F 50	TWEED	29:01.88
9	Nancy Ball	1072	F 57	KINGSTON	30:02.28
10	Carol Peterson	1014	F 52	KINGSTON	32:26.91
11	Melanie Strickland	1061	F 51	KINGSTON	40:08.00
12	Stephanie Amell	1045	F 50	WILTON	46:07.00
FEMALE 60 - 69					
1	Shirley Myers	1021	F 65	KINGSTON	27:43.41
2	Margie File	1058	F 64	KINGSTON	33:10.28
MALE 1 - 19					
1	Miles Brackenbury	1016	M 16	KINGSTON	16:53.00
2	Andrew Machan	1080	M 15	PERTH	18:37.91
3	Liam Walsh	1133	M 15	Belleville	19:17.22
4	Cameron Bruce	1017	M 16	KINGSTON	19:49.66
5	Shengan Li	1114	M 19	SHENZHEN	20:01.09
6	Che Breadner	1019	M 14	KINGSTON	21:34.66
7	Eli Chubaty	1050	M 13	SYDENHAM	22:23.78
8	Emmett Brundage	1054	M 16	KINGSTON	23:25.75
9	Cooper Barrie	1046	M 11	ODESSA	23:45.18
10	Jackson Simmons	1031	M 19	KINGSTON	25:44.78
11	Leo Silburn	1023	M 12	KINGSTON	27:09.50
12	William Kerr	1141	M 8	Kingston	28:19.31
13	Hayden Lloyd	1052	M 8	MARYSVILLE	30:00.18
MALE 20 - 29					
1	Kyle Ford	1120	M 20	AJAX	18:34.91
2	Brandon Pryce	1011	M 23	KINGSTON	18:52.56
3	Mike Mackett	1030	M 26	ST. CATHARINES	19:31.06
4	Jeff Shepherd	1102	M 26	ELGIN	19:39.69

KRRA Two-Some 5km

Kingston, Ontario

2018-02-13

11/2/17 - 11/2/17

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
MALE 20 - 29					
5	Michael Grotsky	1028	M 21	CALGARY	19:54.25
6	Andy Wong	1003	M 28	KINGSTON	20:26.41
7	Griffin Pauli	1029	M 21	KINGSTON	24:06.94
8	Tyson Montgomery	1001	M 28	KINGSTON	24:08.50
9	Steven Gillespie	1040	M 25	KINGSTON	24:17.47
10	Scott Allen	1117	M 29	KINGSTON	28:30.59
MALE 30 - 39					
1	Derek Snider	1136	M 32	Kingston	16:47.62
2	Carsten Meyer-Jacob	1060	M 33	KINGSTON	19:24.31
3	Scott Wilkes	1143	M 38	Kingston	19:28.91
4	Brice McCarrell	1012	M 38	BELLEVILLE	20:08.06
5	Owain Jones	1069	M 33	KINGSTON	20:59.66
6	Ryan Dorsey	2000	M 31	Kingston	21:26.41
7	Luis Paico-Avilez	1070	M 34	KANATA	21:46.91
8	Mark Kerr	1142	M 37	Kingston	21:58.38
9	Shane Gale	1036	M 35	TRENTON	22:02.52
MALE 40 - 49					
1	Tim Gillespie	1121	M 40	KINGSTON	18:31.41
2	Jason Lloyd	1104	M 42	MARYSVILLE	20:36.72
3	James Brown	1034	M 44	KINGSTON	21:14.75
4	Jean Debettignies	1129	M 45	KINGSTON	21:38.22
5	Todd Biggerman	1032	M 46	KINGSTON	21:39.40
6	Jeff Walsh	1134	M 46	Belleville	21:50.44
7	John Sadler	1057	M 44	KINGSTON	22:39.53
8	George Semple	1039	M 46	KINGSTON	23:28.75
9	Brad Ethier	1042	M 47	KINGSTON	25:59.38
10	Andy Glazin	1122	M 49	KINGSTON	27:48.69
MALE 50 - 59					
1	Robby Breadner	1075	M 51	KINGSTON	20:46.97
2	Wayne Rice	1079	M 55	SYDENHAM	20:48.38
3	Dalton Cote	1086	M 53	KINGSTON	21:41.38
4	Rick Royce	1065	M 58	KINGSTON	22:38.06
5	Richard Prinsen	1125	M 53	KINGSTON	23:23.84
6	Danny Dwyer	1096	M 53	ENTERPRISE	23:35.62
7	Andrew Hall	1111	M 56	KINGSTON	23:43.84
8	Andre Golemic	1066	M 56	KINGSTON	23:54.31
9	Fred Topham	1139	M 56	Kingston	25:14.38
10	David Wilkins	1113	M 55	KINGSTON	26:21.02
11	Kenton Wilson	1091	M 53	BROCKVILLE	28:17.44
12	Philip Bates	1024	M 54	INVERARY	28:57.38
13	Rob Haggarty	1101	M 58	BELLEVILLE	29:32.22
14	Patrick Thompson	1073	M 54	KINGSTON	30:02.72

KRRA Two-Some 5km

Kingston, Ontario

2018-02-13

11/2/17 - 11/2/17

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
MALE 60 - 69					
1	Al Cantlay	1048	M 63	KINGSTON	22:20.12
2	Chris Boer	1020	M 65	KINGSTON	25:47.25
3	John Meekel	1108	M 61	KINGSTON	30:09.50
4	Paul Thompson	1015	M 68	KINGSTON	32:27.31
5	Paul Laforce	1077	M 60	KINGSTON	33:30.38
MALE 70 - 99					
1	Richard Sunderland	1128	M 72	KINGSTON	30:03.93
2	Geoffrey Roulet	1127	M 70	KINGSTON	30:27.81
3	PJ Marshall	1059	M 75	KINGSTON	34:14.28